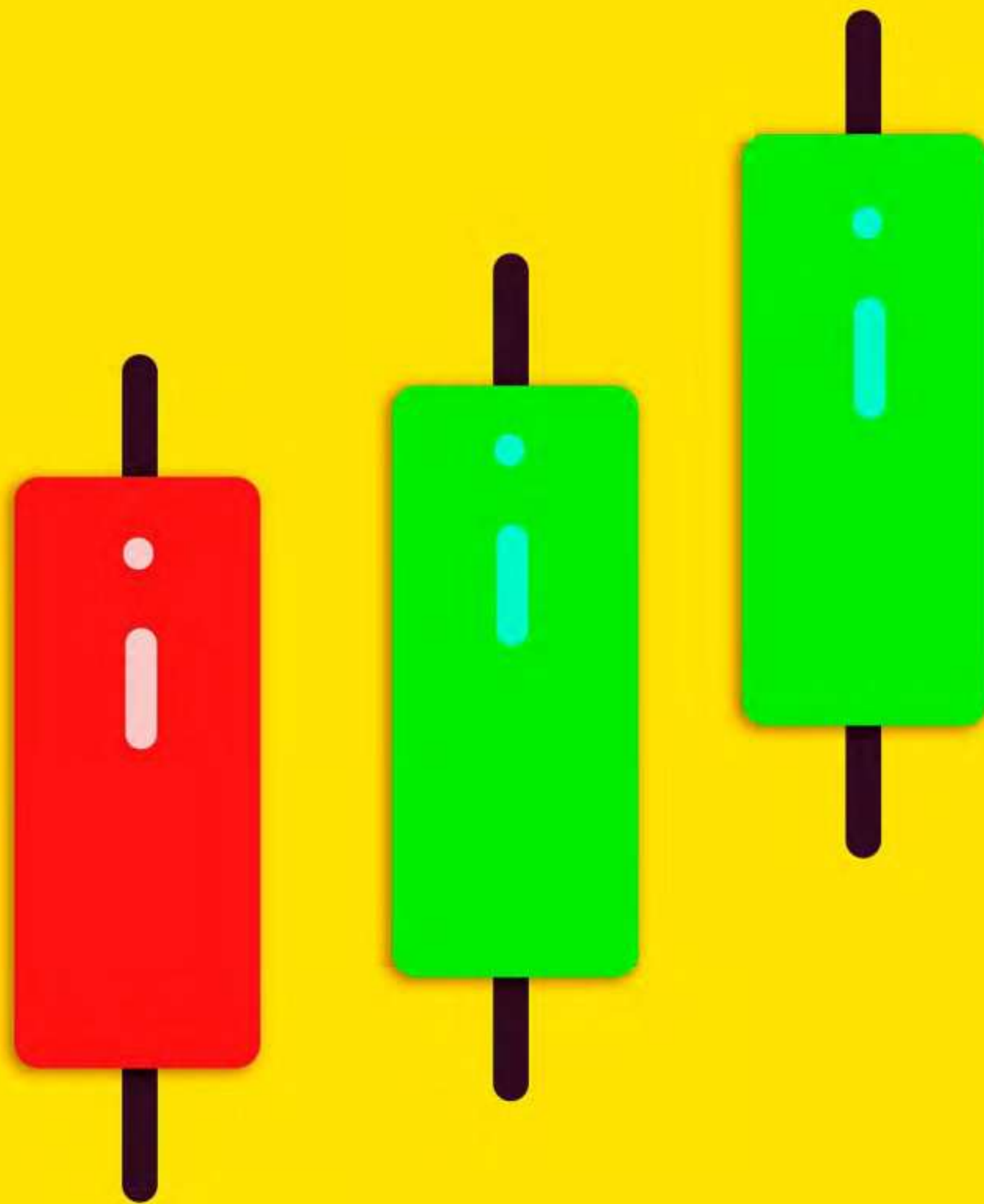


# **SIMPLE**

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# **TRADING BOOK**



«It`s soooo simple»



# Introduction

## - What is cryptocurrency trading?

Cryptocurrency trading means taking a financial position on the price direction of individual cryptocurrencies against the dollar (in crypto/dollar pairs) or against another crypto, via crypto to crypto pairs.

## - How to Trade Cryptocurrency?

**Step 1: Make a cryptoexchange account.**

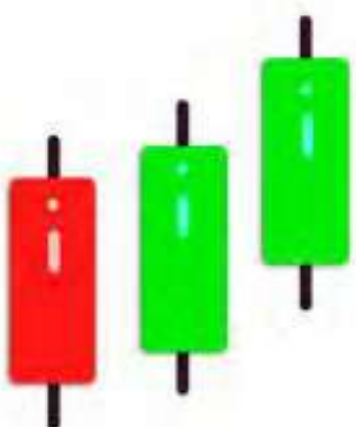
(Binance, Coibase, Crypto.com, FTX etc.)

**Step 2: Fund your account.**

**Step 3: Pick a crypto to invest in.**

**Step 4: Choose a strategy. (From our Book)**

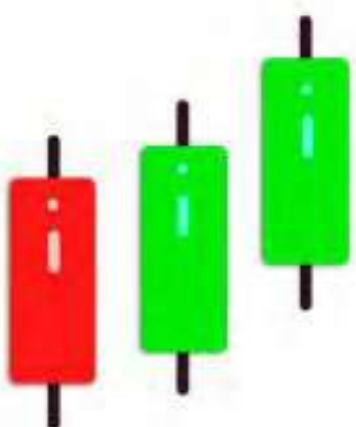
**Step 5: Store your cryptocurrency.**





# Book chapters

- 1. Psychology**
- 2. Candle Stick Patterns**
- 3. Trading Strategies**
- 4. Chart Patterns**



# Simple Trading Book

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**Fear of Missing Out**

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**Health Hazards Associated with Fomo**

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**How to Avoid FOMO**

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**Candle Stick Patterns**

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**Page. 35-56**

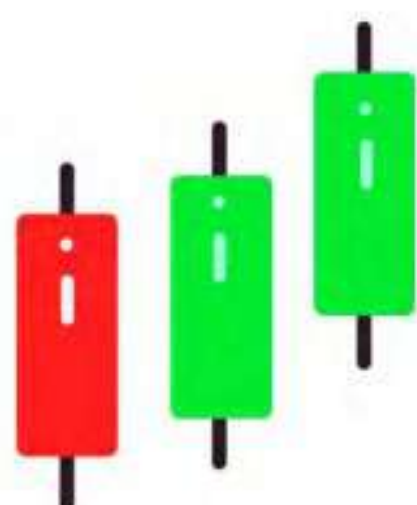
**Chart Patterns**

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**Page. 57-64**

**Printable Sheets**

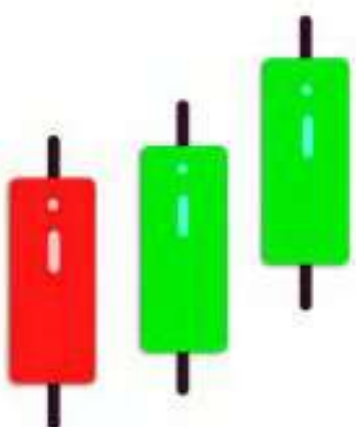
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# Psychology

## Chapter. 1





# Fear of missing out (FOMO)

## How to Deal with Crypto FOMO?

**“Hey, Max, did you know you missed out on Dogecoin?”**

**“Everyone made a fortune off it.”**

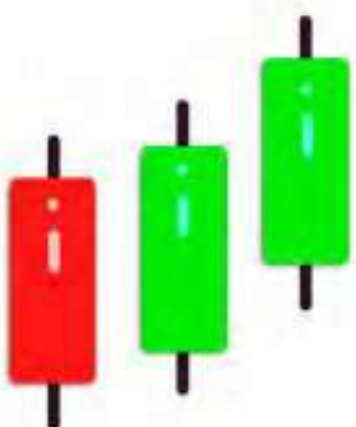
Many investors are terrified by questions like these. So much so that there is even a term for it: **FOMO** (fear of missing out). Research has found **FOMO** is more predominant in people ages 18 to 35.

**FOMO** is a term that's popular in the cryptocurrency community, a market that has become associated with irrational and sometimes unsubstantiated trading decisions.

### ● **What Is FOMO in Cryptocurrency Investing?**

**FOMO** in the crypto world occurs when a person makes an irrational decision to trade or invest in a crypto asset based on some piece of information received without properly verifying the source and or accuracy of it.

**FOMO** in cryptocurrency leads people to buy assets at their highest prices or even sell them at their lowest, rather than vice versa, which would be better advised. Sometimes, the consequences of crypto **FOMO** can be worse and more profound than a loss of invested capital—it can lead to damaging situations such as disconnection from family, anxiety, and depression.





# Health Hazards Associated with FOMO

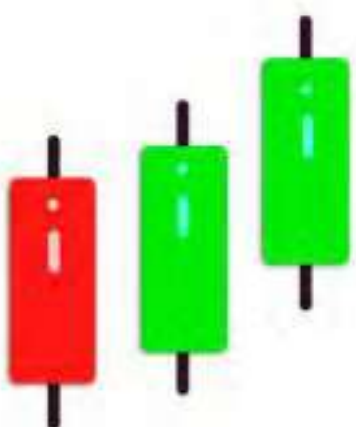


**When a person loses trading capital in a bad investment, especially a large amount, it might affect them mentally.**

**In turn, this failure can be reflected in other aspects of their life, such as relationships, connections with family and friends, and more. The person starts experiencing social decline and gradually becomes dysfunctional if extra care isn't taken.**

**In an 80-year study of male Harvard students on what makes a good life, the fourth director of the study, Robert Waldinger, mentioned, "The surprising finding is that our relationships and how happy we are in our relationships has a powerful influence on our health."**

**Waldinger's explanation also can be applied to crypto investing. FOMO in crypto not only can affect people's portfolios but also can translate to how healthy they are and the quality of their lives.**





# How to Avoid FOMO as a Trader

## ● Take the Time to Research

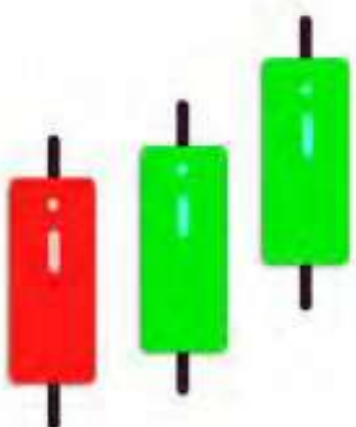
FOMO is compulsive and driven by information received from a variety of channels. Usually, news like that isn't verified and is interpreted to suit a personal bias.

## ● Rely on Trusted Media Outlets

Conducting research gives you with an edge in overcoming FOMO. Still, an additional helpful practice is having a list of expert individuals and media to turn to for more information. Relying on these selected media outlets and influencers as secondary sources contributes to better decision making on whether to buy or sell a crypto asset. The extra details and clarity can help inform trading or investment decisions.

## ● You Can't Win All the Time

Life is a combination of ups and downs; coming to this realization gives an investor a logical perspective and better grounding. Understanding that one can't always be in a profitable position in investing sets the tone for more wins and being able to handle occasional losses. Not even Bitcoin advocates like MicroStrategy co-founder Michael Saylor are always on the winning side of the crypto market. An crypto investor's or trader's best bet is to develop strategies that make it easy to spot FOMO.





# How to Avoid FOMO as a Trader

## ● Developing a Guiding Strategy

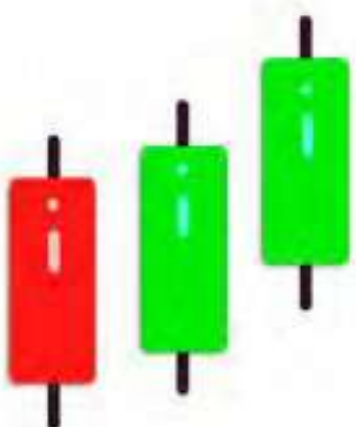
Having a guiding principle is a constructive way to get over the effects of FOMO. It means maintaining a checklist to prevent making drastic decisions or jumping too quickly on the market bandwagon. Your strategy will incorporate nuances like the use case of the crypto assets that you're considering, its tokenomics, and more. Combine fundamental and technical analysis whenever possible to shield yourself from poorly thought-out trading decisions.

## ● Know the Market Is Cyclical

The cryptocurrency market, like others in the financial world, moves in an up-and-down cycle, with bullish and bearish periods. The bull market comprises a series of price highs, and the bear market comes with lows—and with people losing money. Understanding this cycle will help reduce the risk of being driven by FOMO, when you can recognize the right time to enter and exit a trade.

## ● The Bottom Line

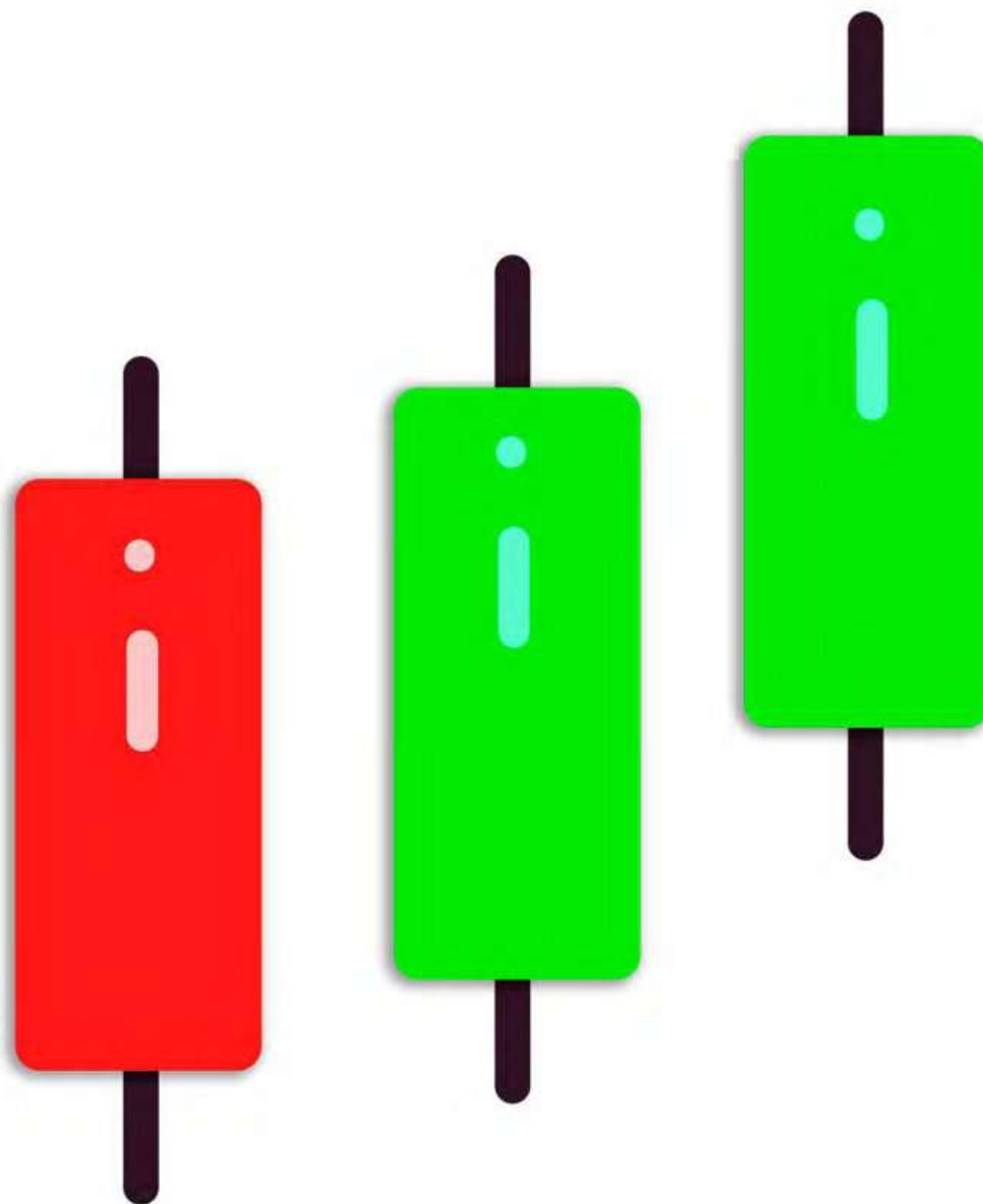
Forms of FOMO have been a part of human existence long before cryptocurrency was invented. With cryptocurrency, it can be detrimental because of the potential for losing an entire investment. Following guidance with discipline can help investors avert the danger and influence of cryptocurrency FOMO.





# Candle Stick Patterns

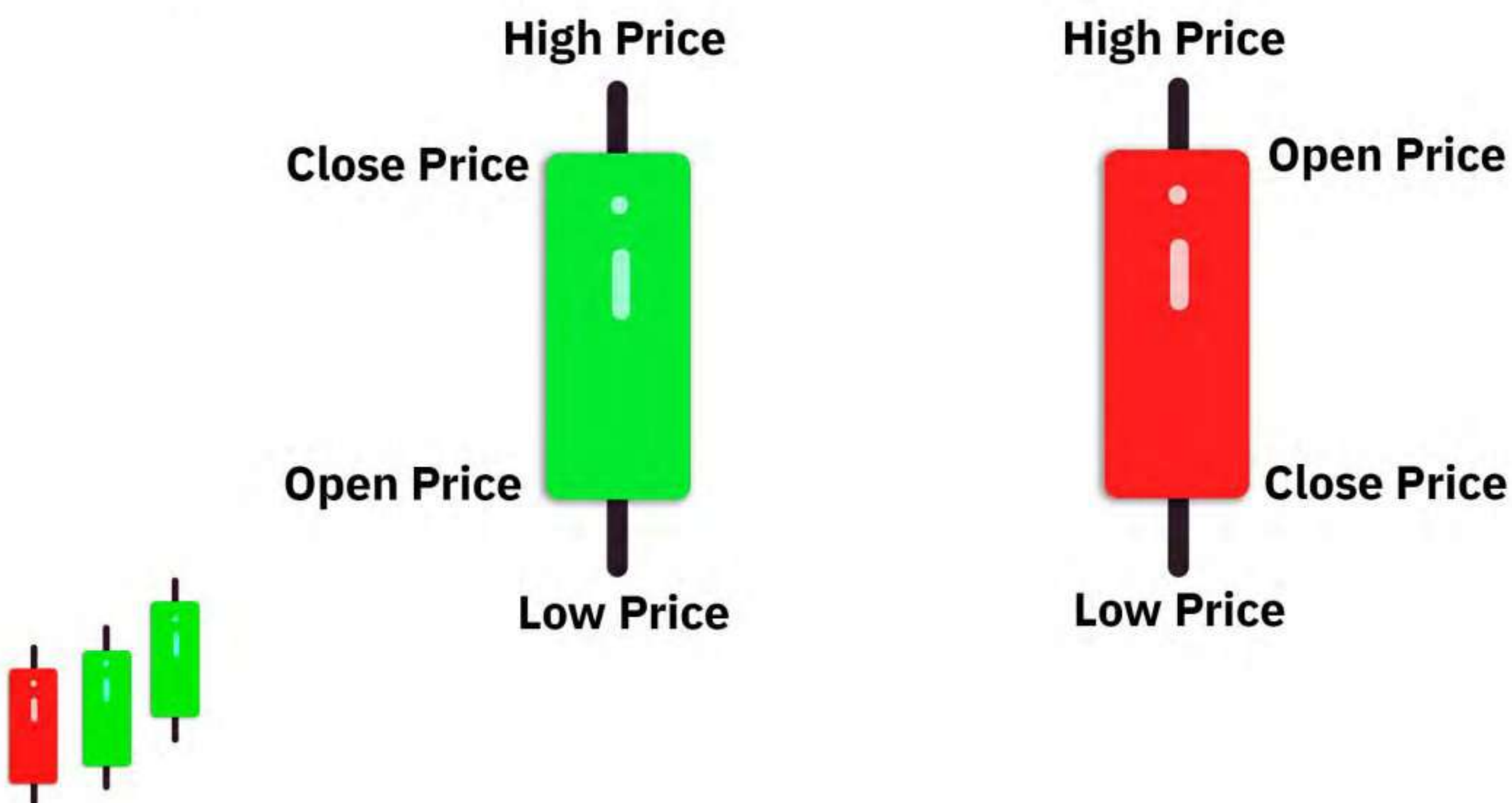
## Chapter. 2





# What is a Candle Stick?

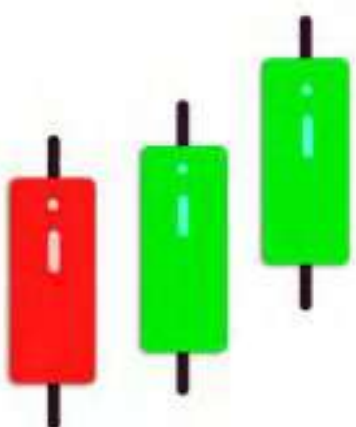
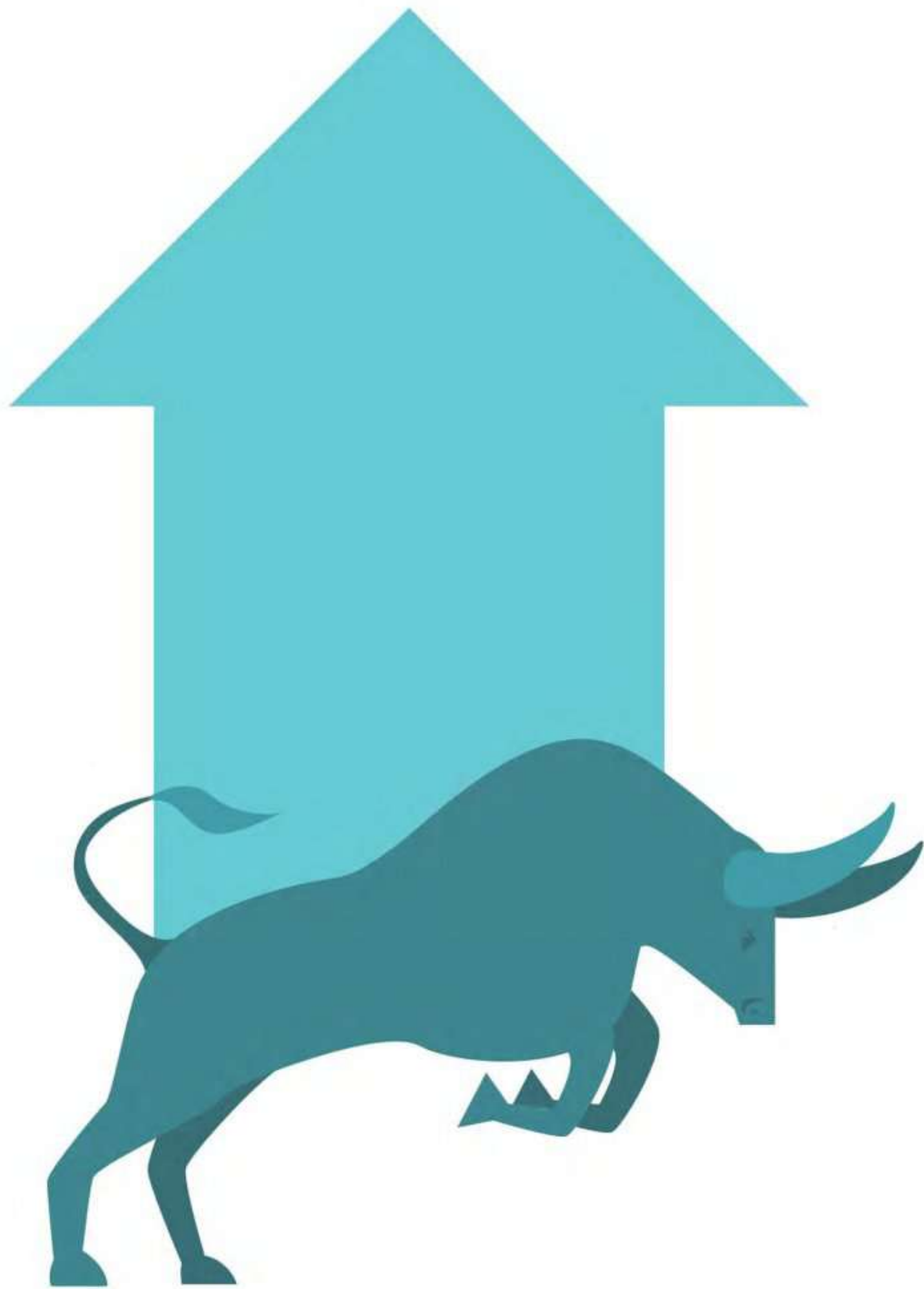
- A candlestick is a single bar on a candlestick price chart, showing traders market movements at a glance.  
Each candlestick shows the open price, low price, high price, and close price of a market for a particular period of time.
- **The body**, which represents the open-to-close range.
- **The wick**, or shadow, that indicates the intra-day high and low.
- **The color**, which reveals the direction of market movement – a green body indicates a price increase, while a red body shows a price decrease.





# BULLISH

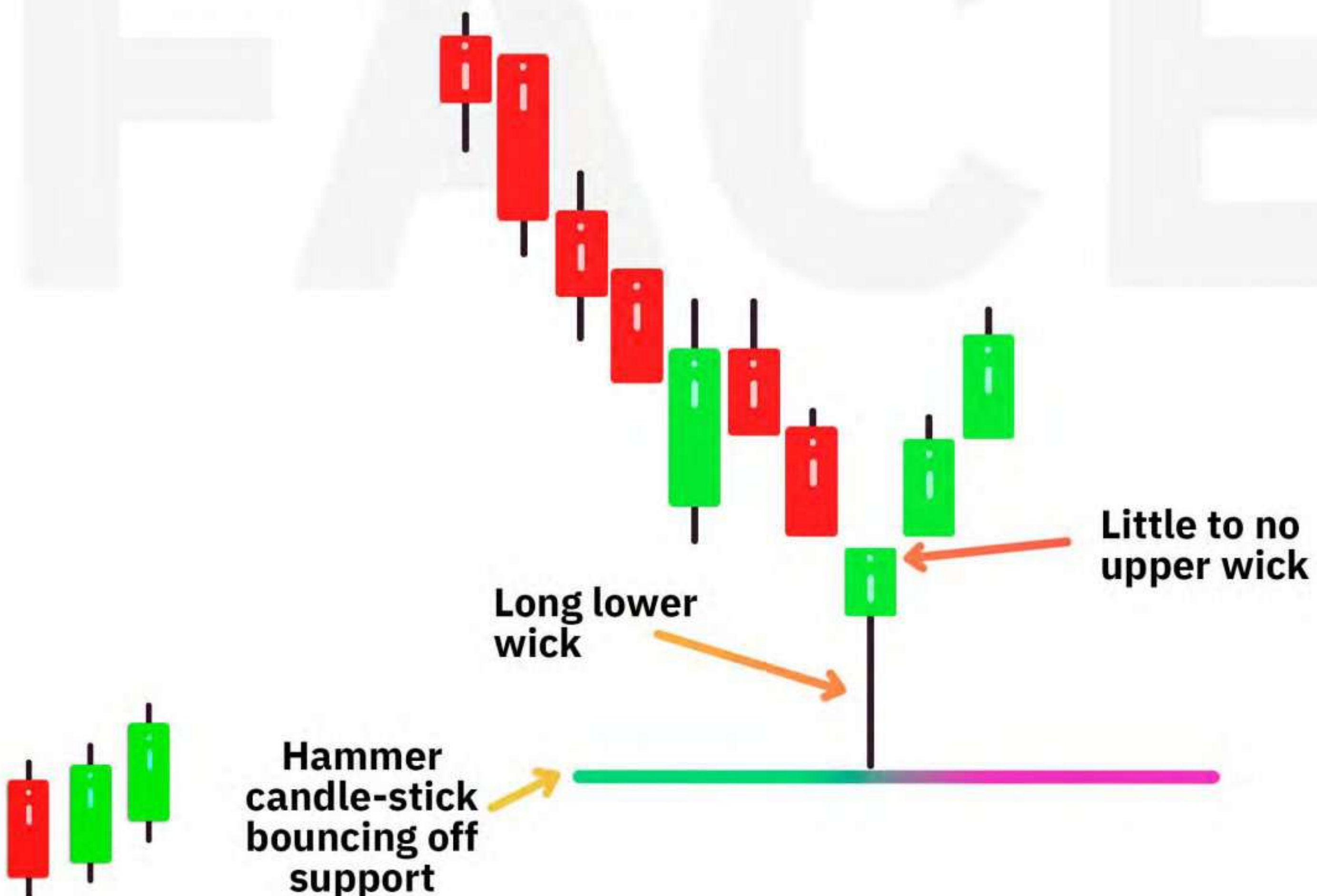
## Candle-Stick Patterns





# HAMMER

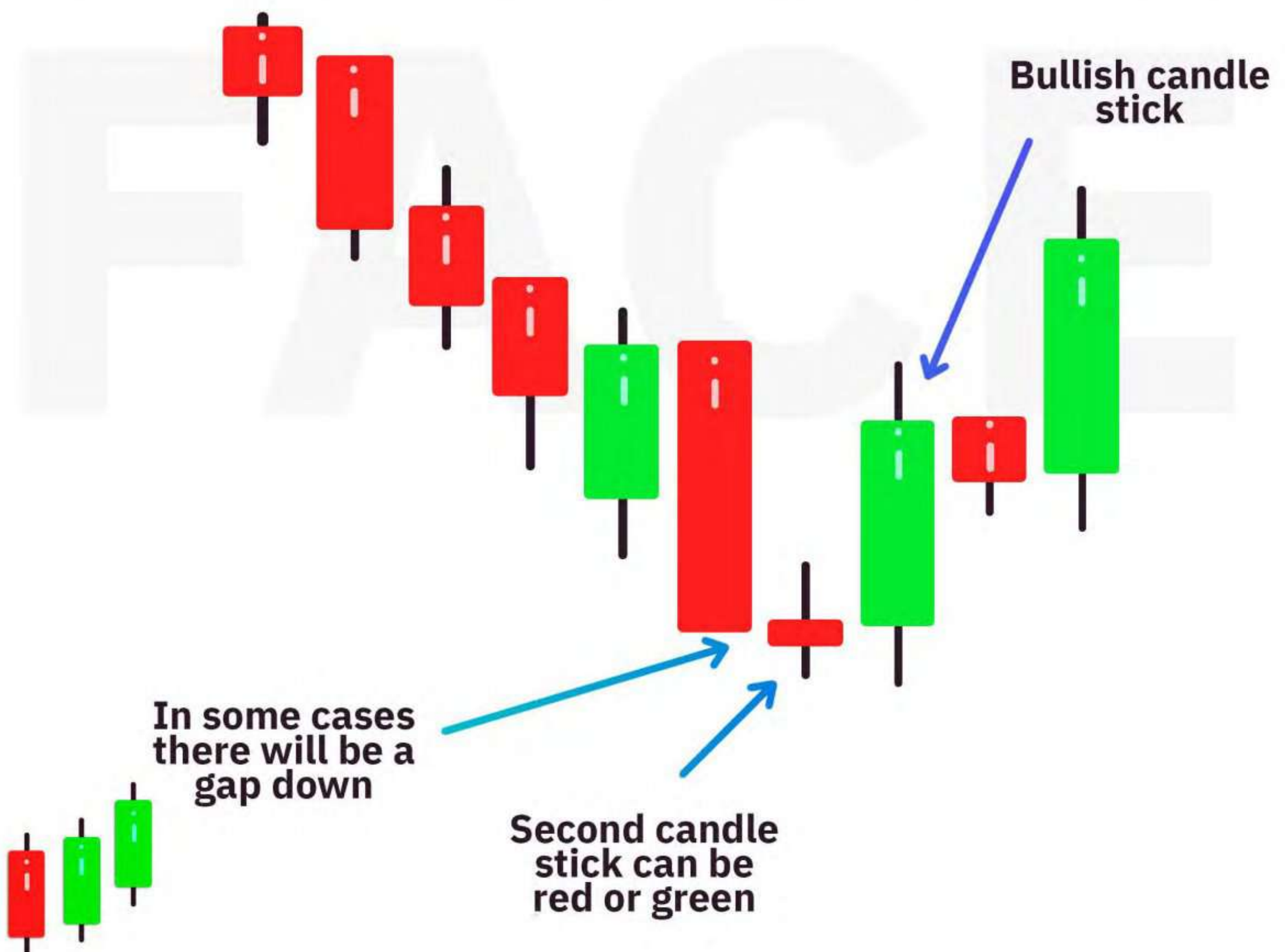
- Hammer candlestick pattern consists of a small body and a long wick extending from the bottom.
- This pattern can be seen at the support line of a downward trend (see example below). Hammer candlesticks typically occur after a price decline.
- Hammer candlesticks indicate a potential price reversal to the upside. The price must start moving up following the hammer; this is called confirmation.





# Morning Star

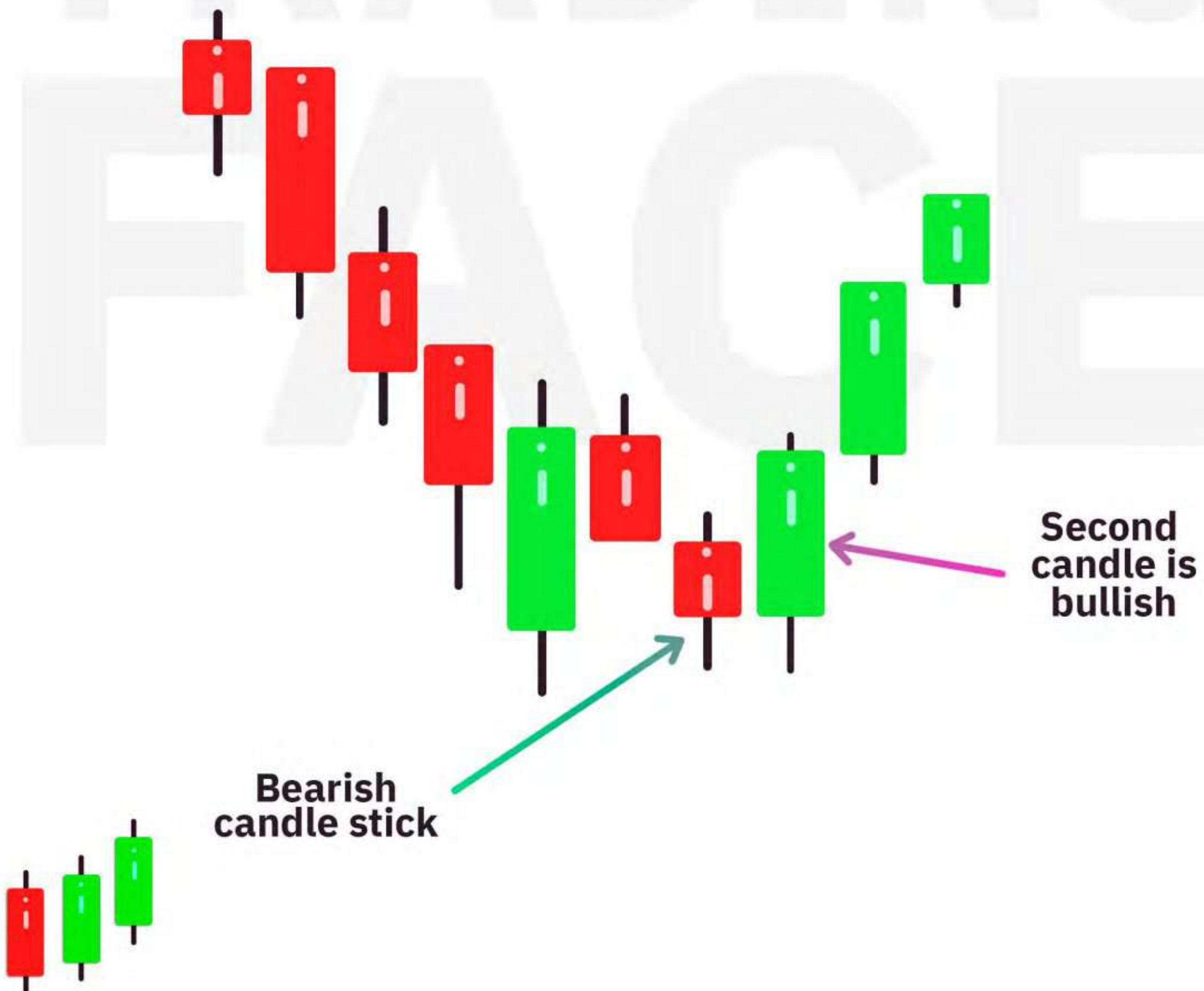
- This is a three-stick pattern: one short-bodied candle between a long red and a long green candle.
- The middle candle of the morning star captures a moment of market indecision where the bears begin to give way to bulls.
- The third candle confirms the reversal and can mark a uptrend.





# Bullish Engulfing

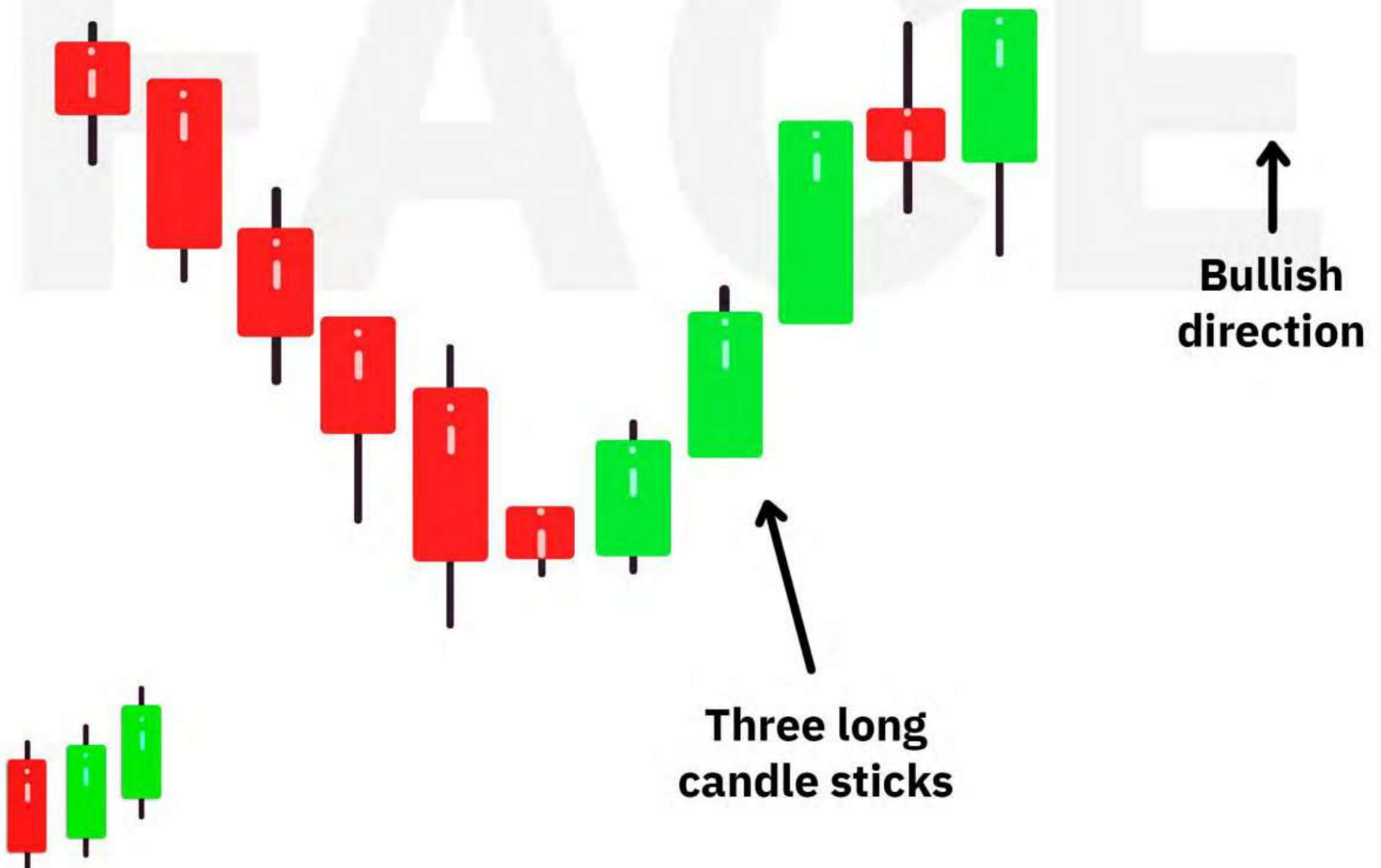
- The bullish engulfing pattern is formed of two candlesticks. The first candle is a short red body that is completely engulfed by a larger green candle.
- The buying pressure increases, leading to a reversal of the downtrend.
- The second Bullish candlestick is engulfing the body of the first bearish candle stick.





# Three White Soldiers

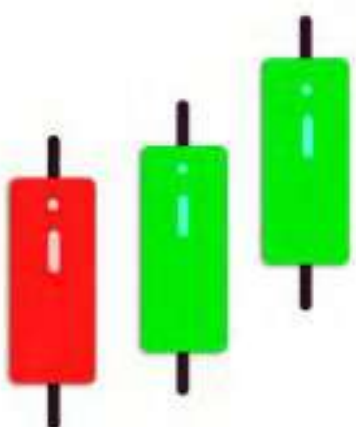
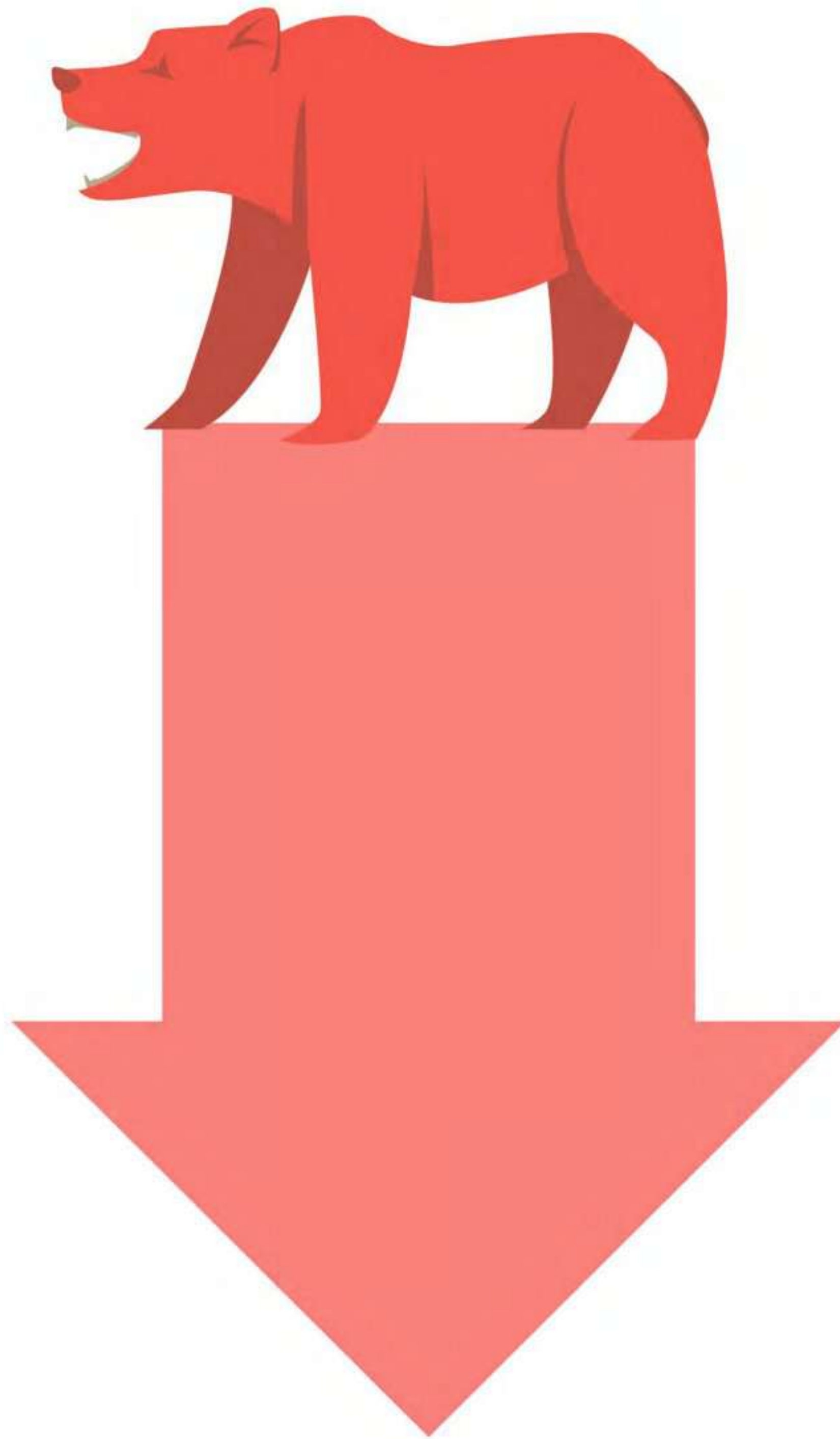
- This pattern is made up of three long green candles in a row, this pattern also has to open and close higher than the previous period.
- Three White Soldiers is a strong bullish signal that shows up after a downtrend.
- This pattern is considered a reliable reversal pattern when confirmed by other technical indicators like the relative strength index (RSI).





# BEARISH

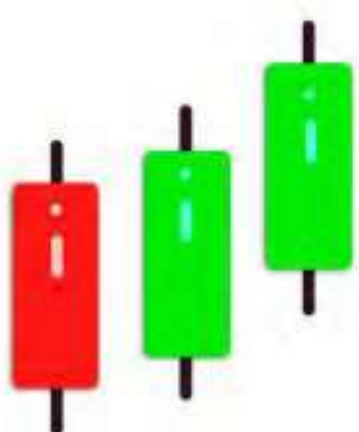
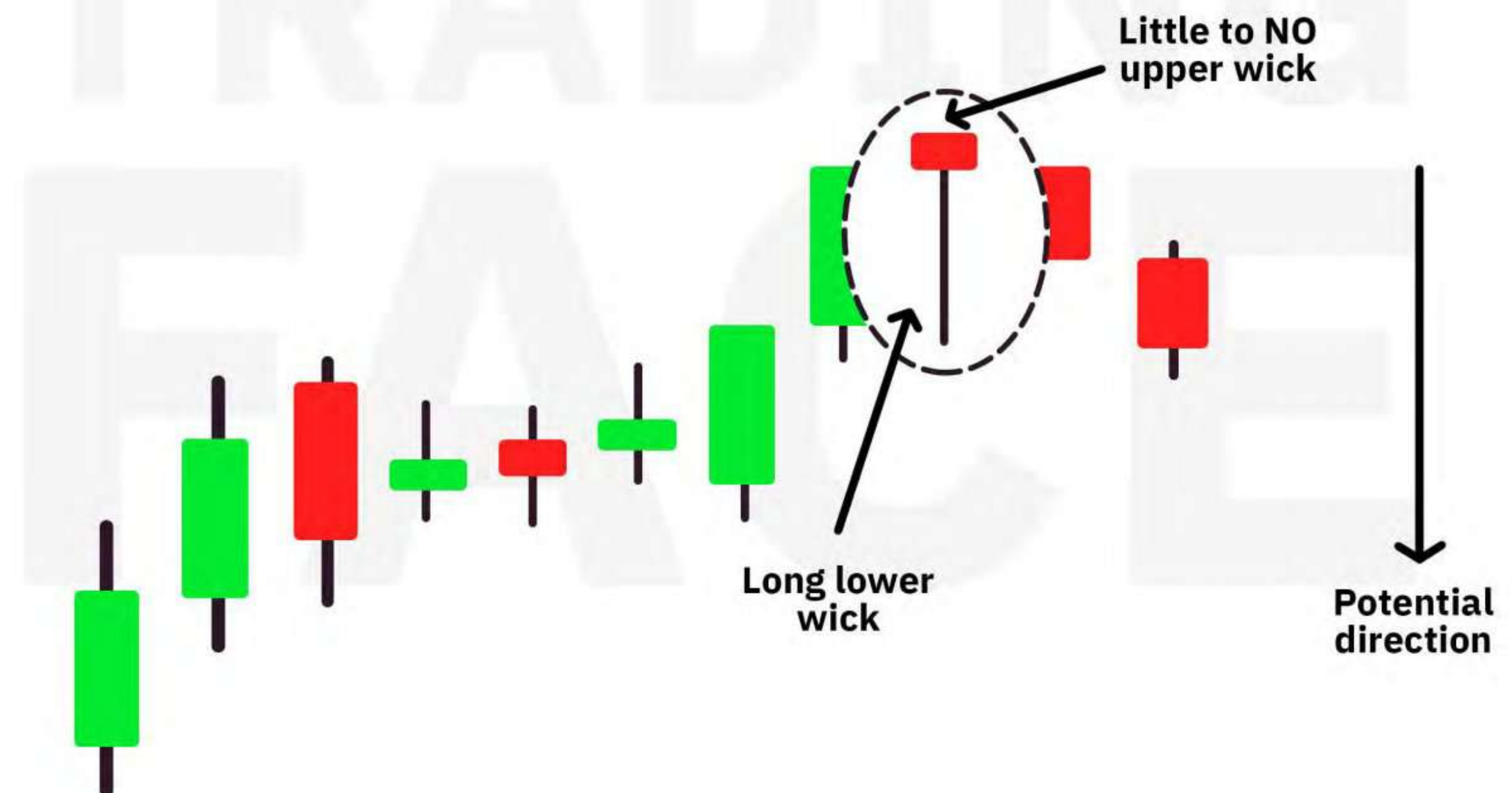
## Candle-Stick Patterns





# Hanging Man

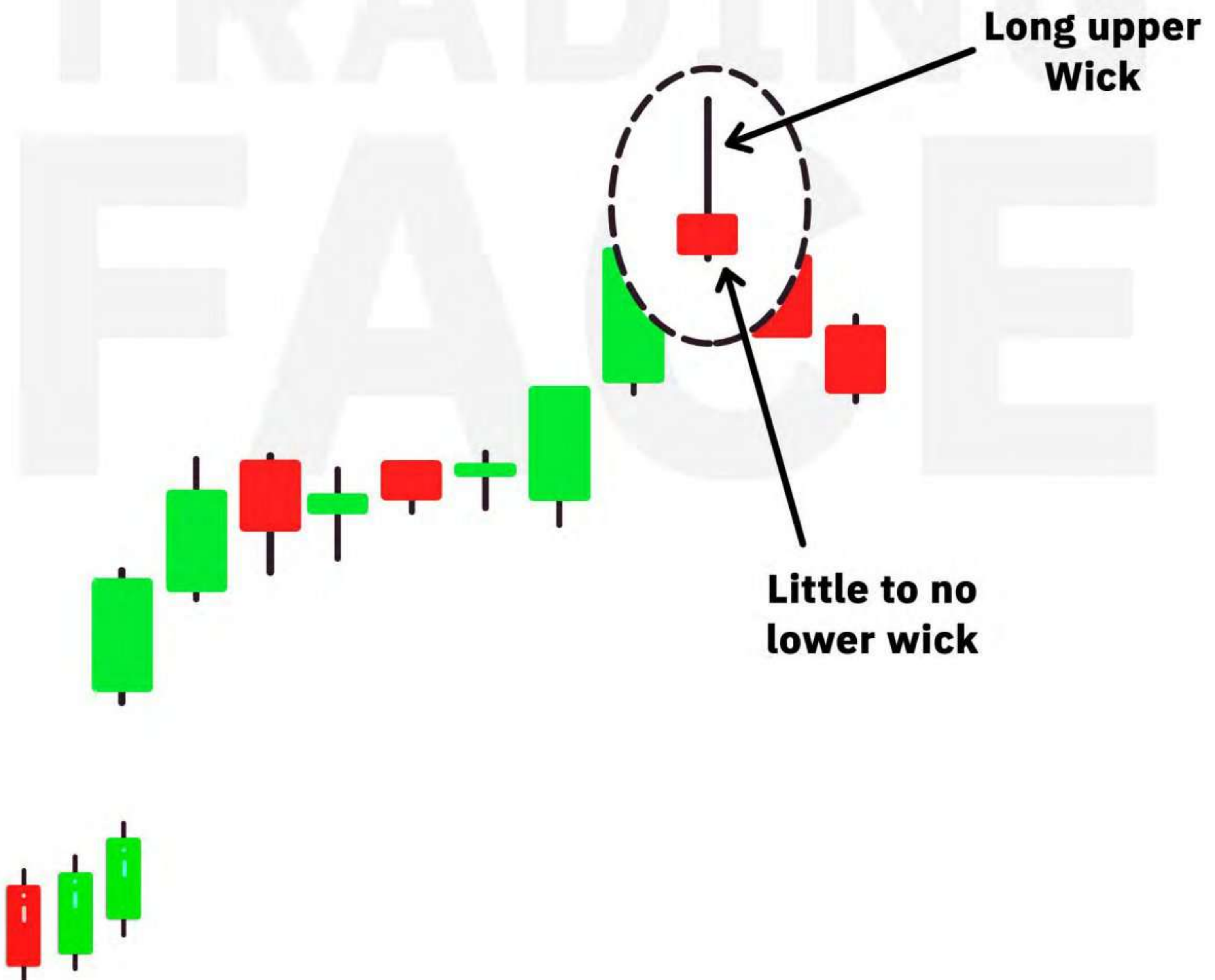
- The hanging man is the same pattern as the hammer, only inversed. Thus, it is formed by a green or red candlestick with a short body and a long lower shadow. It shows up at the end of an uptrend. It suggests a considerable sell-off during a given period, but bulls could temporarily push prices higher, after which they lose control.





# Shooting Star

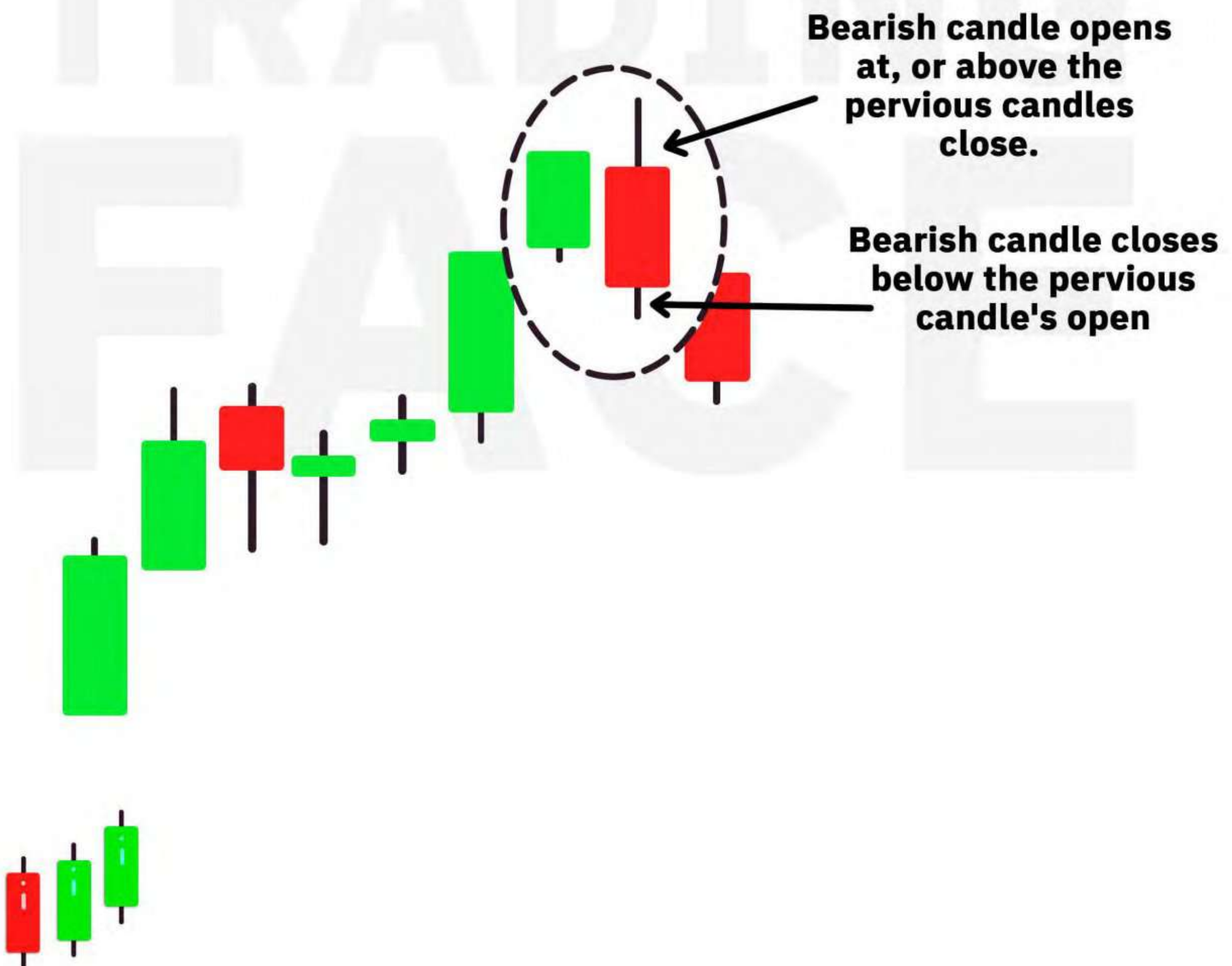
- The shooting star is the opposite of an inverted hammer. It consists of a red candle with a short body and a long upper shadow. Generally, the market will gap a bit higher on the candlestick opening and will surge to a local peak before closing just below the open. The body can sometimes be almost non-existent.





# Bearish Engulfing

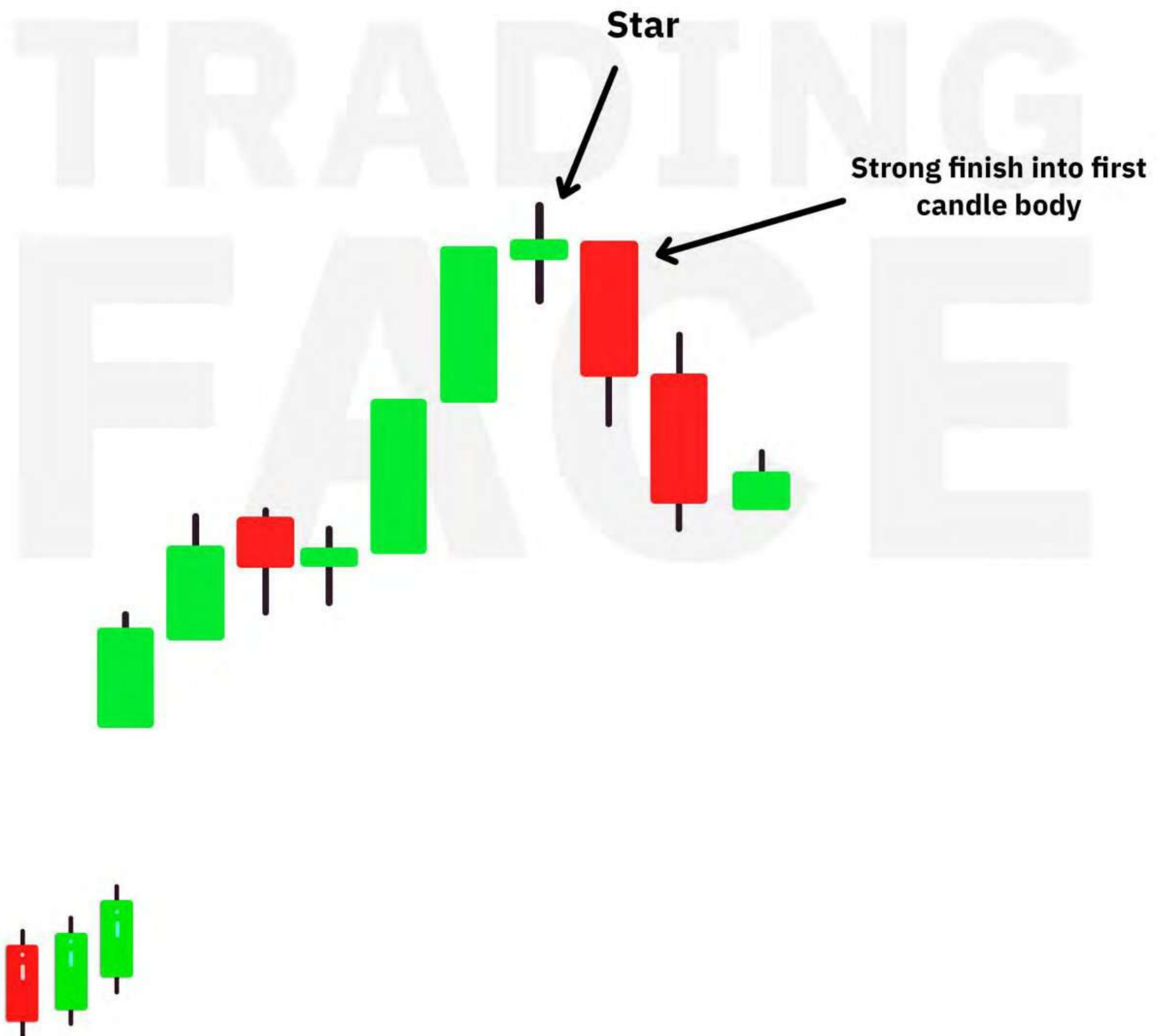
- The bearish engulfing is the inverse version of a bullish engulfing. The first candle has a small green body and is completely covered by the next long red candle. This pattern comes at the peak of an uptrend and suggests a reversal. The lower the second candle continues, the more momentum the bearish move will have.





# Evening Star

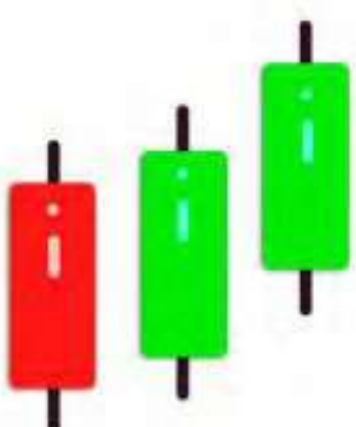
- Again, the evening star is the inverse version of the bullish morning star, and it represents a three-stick pattern. It consists of a short-bodied candle that comes between a long green candle and a large red candle.





# Three Black Crows

- The three black crows are like the bullish three white soldiers but only inversed. It comprises three long straight reds with short or almost non-existent shadows. Every new candle opens relatively at the same price as the previous candle, but it goes much lower with every close. This is regarded as a strong bearish signal.

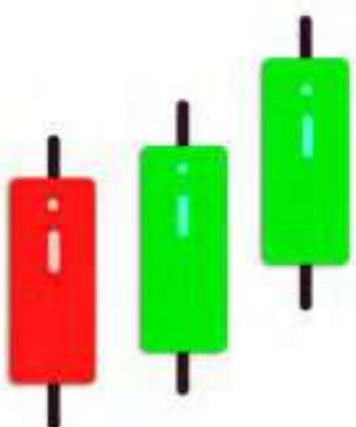
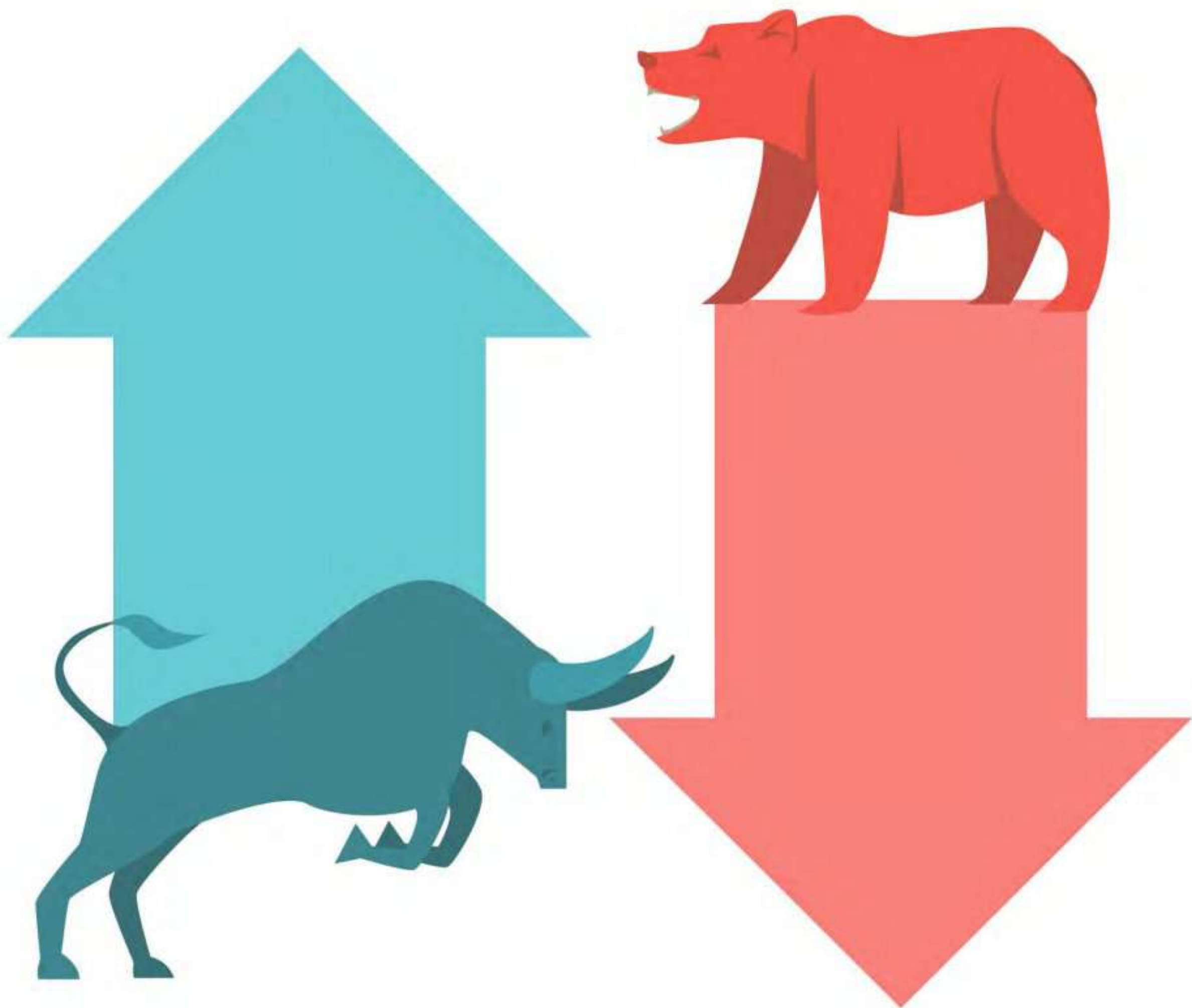




# BILATERAL

## Candle-Stick Patterns

**These candle-stick patterns  
can move in either direction**

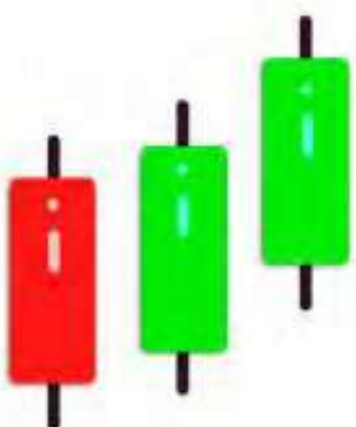
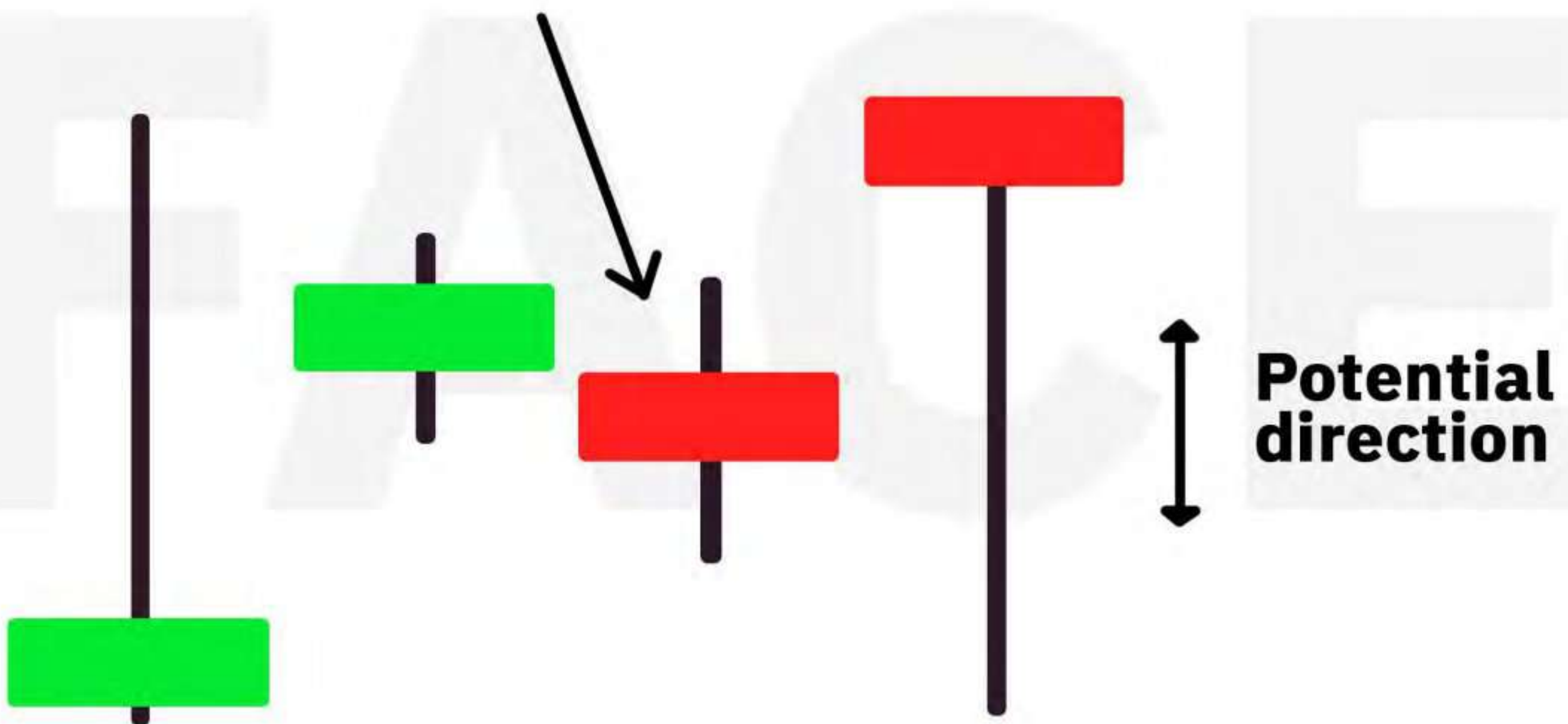




# Doji

- The Doji candlestick has an exceptionally small body and long shadows. While it is generally perceived as a trend continuation pattern, traders should be careful because it might also end up with a reversal. To avoid confusion, you should open a position a few candles after Doji when the situation becomes clear.

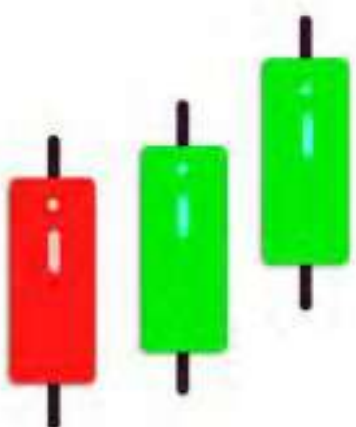
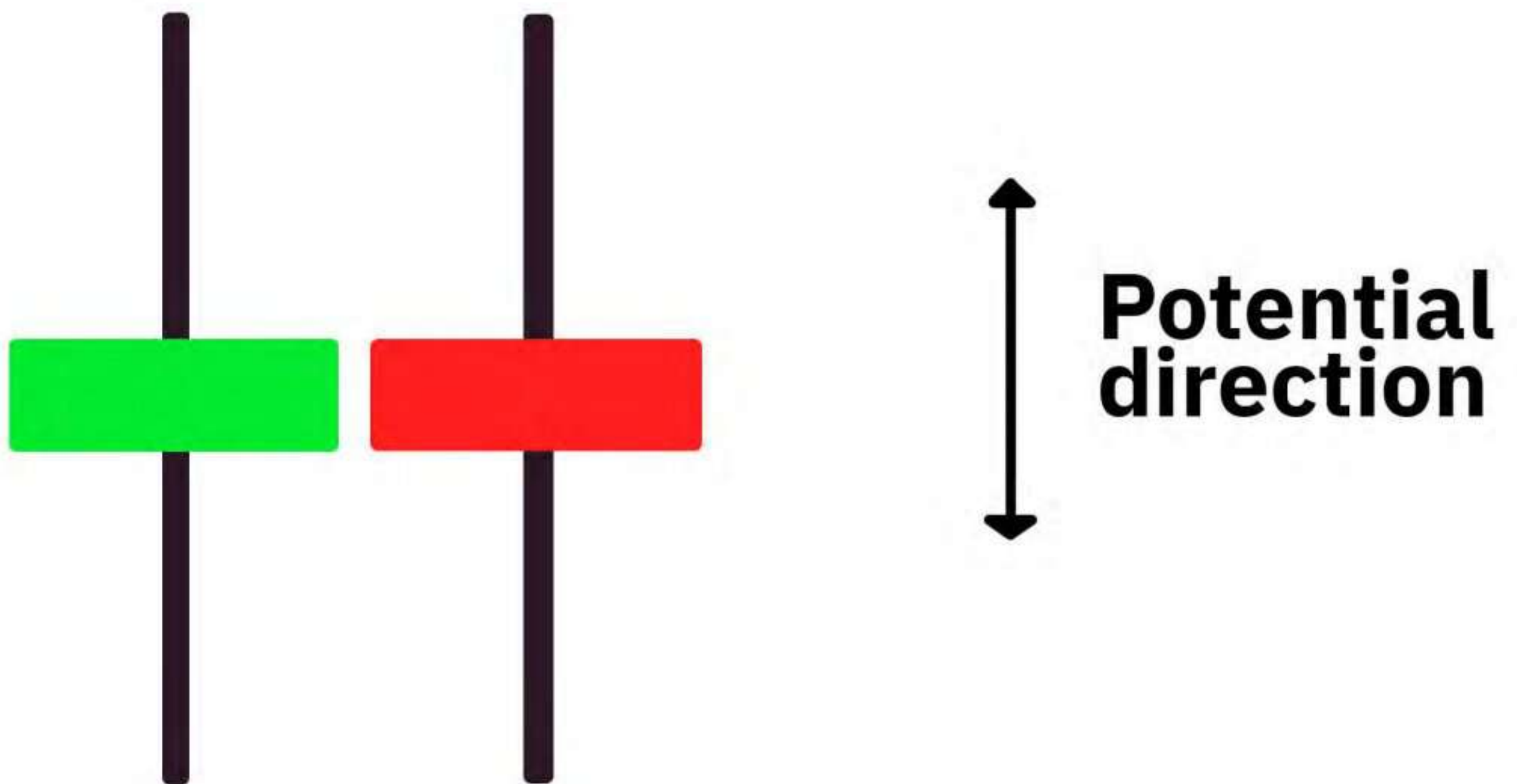
**Indecision  
reversal of trend**





# Spinning Top

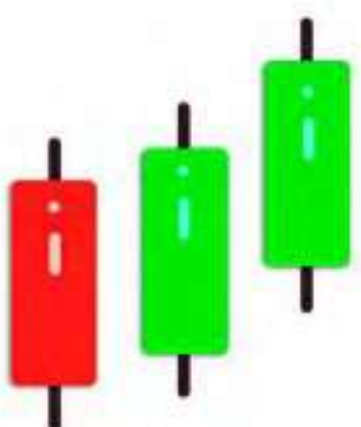
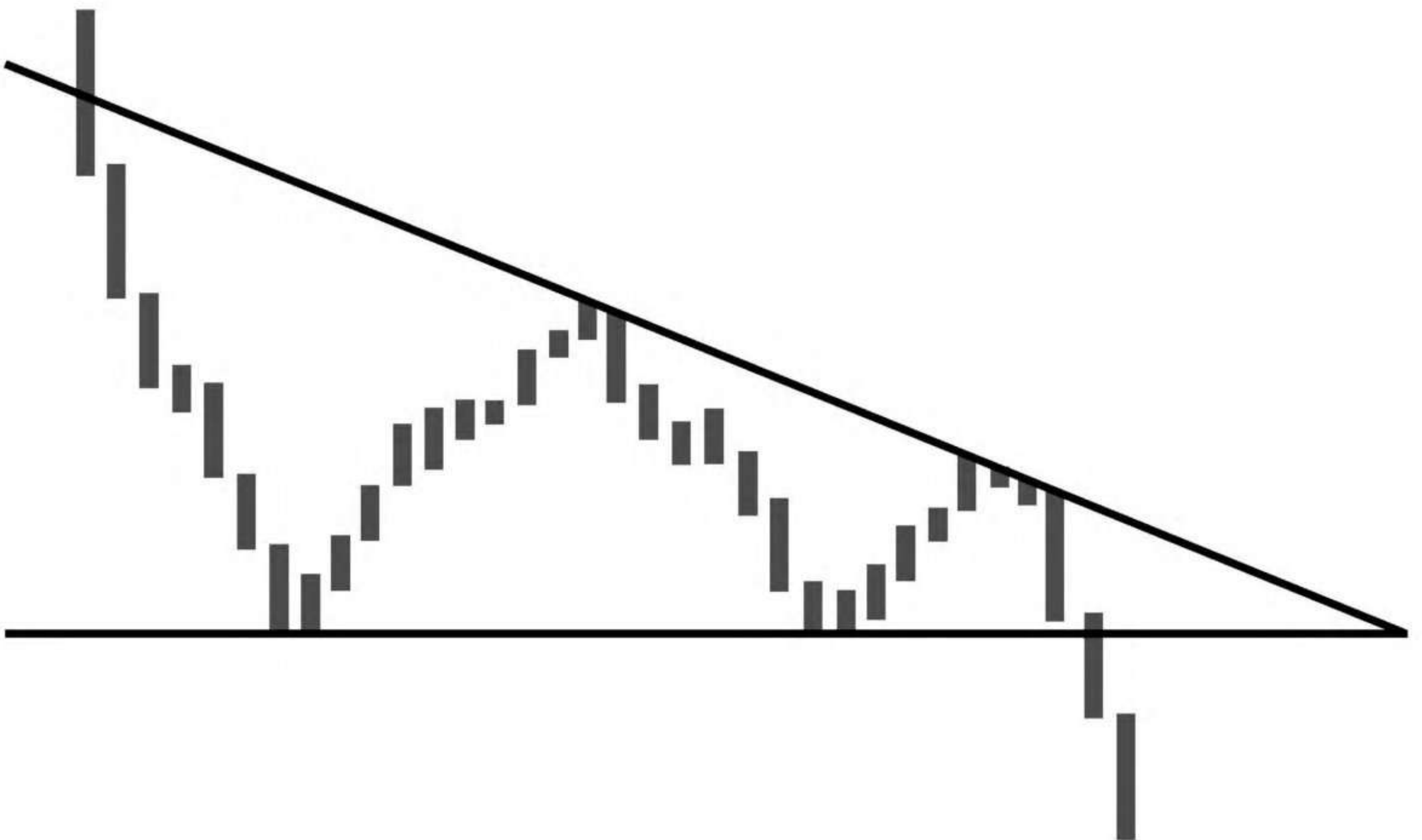
- Like Doji, the spinning top is a candlestick with a short body. However, the two shadows are of equal length, leaving the body right in the middle. This pattern also indicates indecision and may suggest a period of rest or consolidation after a significant rally or price decline.





# Trading Strategies

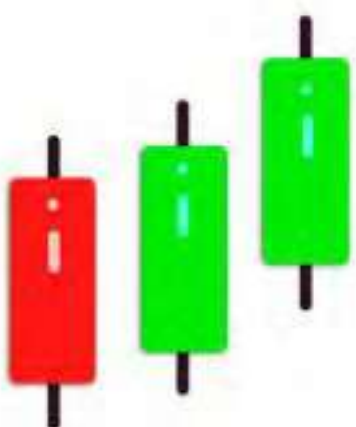
## Chapter. 3





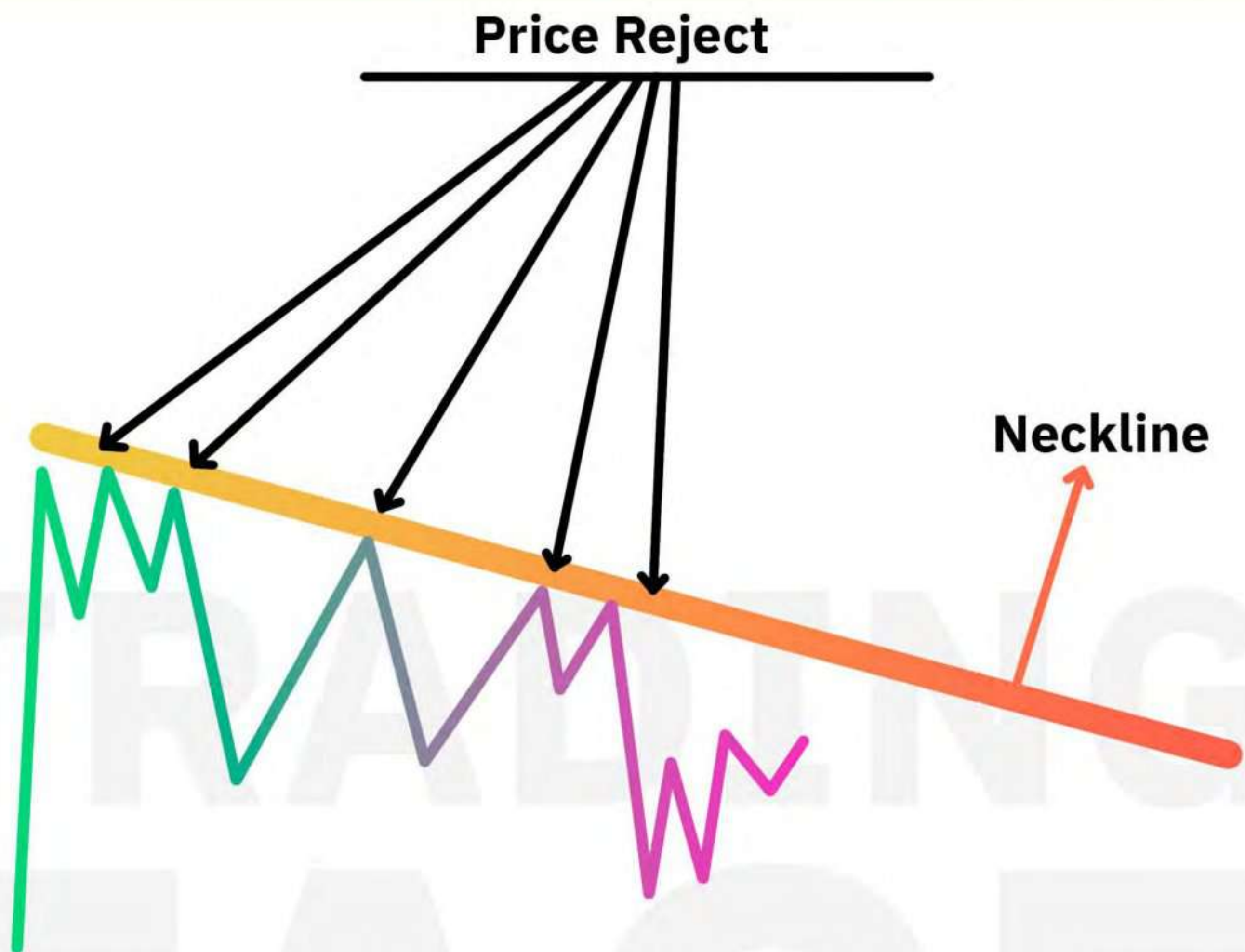
# Trading terms you will need to know

- **Target** = Take your profits/Target price has hit
- **Entry** = We buy here/Enter into the Trade
- **Stoploss** = Sell for a loss in case Trade doesn't go as planned/Maximum Trade loss
- **Retest** = Price is at a key level again/ Bouncing off price
- **Ratio (1:3)** = Three units of expected gain to one unit of potential loss would be represented as a 1:3 ratio





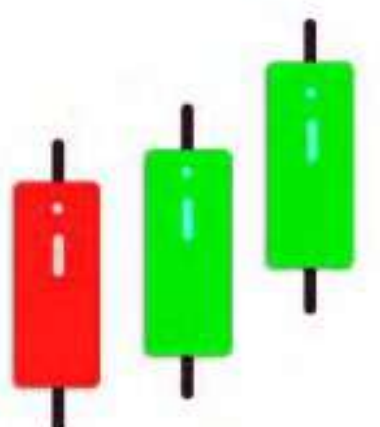
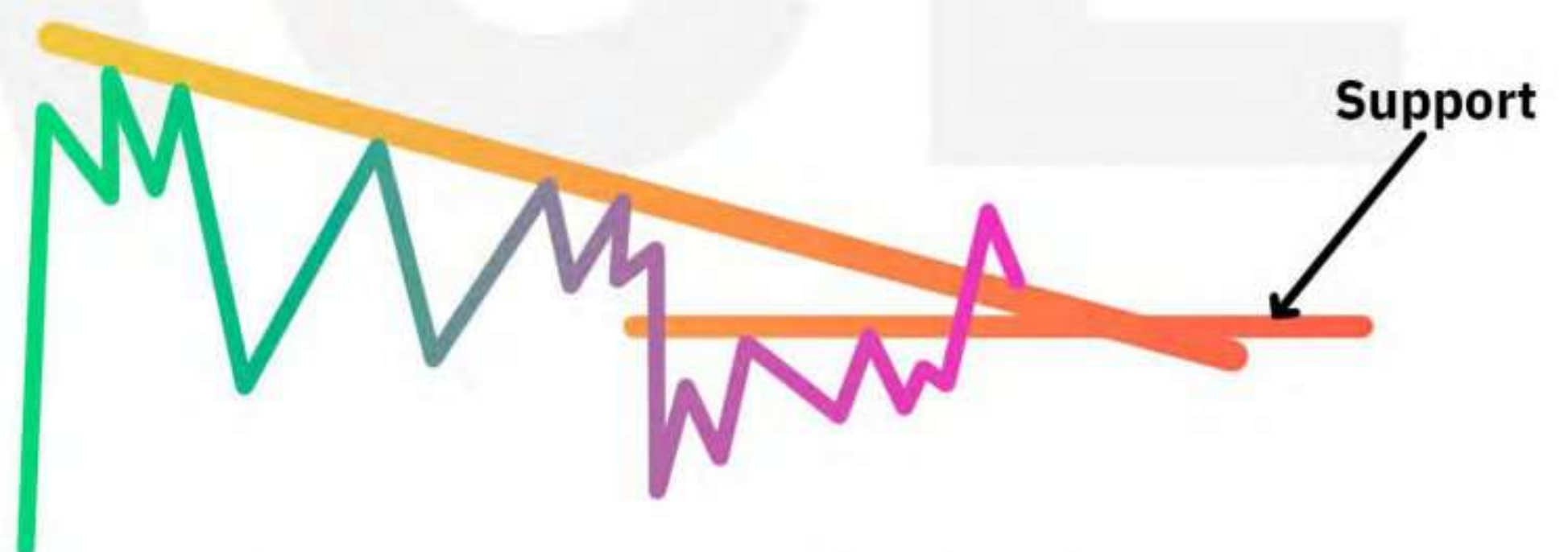
# STRATEGY 1



In the above chart, the price is getting rejected again and again by touching the neckline; in this type of pattern, we should take bullish trade only, and we will take the trade only when the price breaks the neckline and take a retest.

Sometimes we make this mistake. Whenever the price breaks the neckline, we immediately buy there, and our trade fails.

We don't want to make such a mistake; we must wait again whenever the price breaks the neckline. When the price takes a retest and tries to move up with a bullish candle, we have to buy.





# STRATEGY 2

We call this pattern the **Symmetrical Continuation Triangle**; in this type of pattern, we should look for buying opportunities sometimes, these patterns also fail, but whenever we see such a pattern, we have to go to the buying side.

Now we have to wait for the break of the neckline by forming a neckline in such a pattern. When the price breaks its previous high, then we can buy.

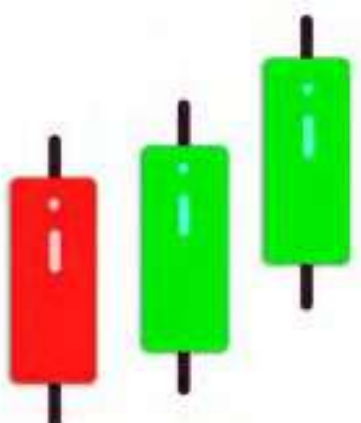
Don't buy here

Whenever the price breaks the neckline, then there is no immediate buy. Here we have to wait for a retest. When price retests and price forms a bullish candle, then we can buy.

Buy on next candle

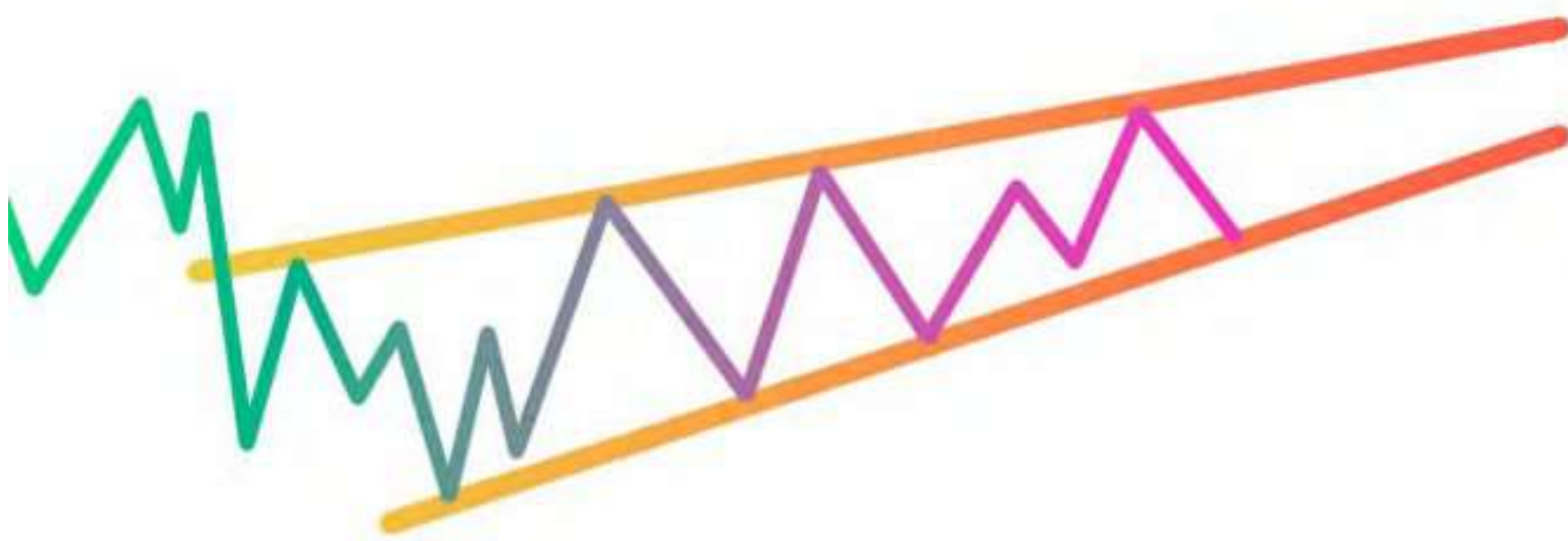
Retest

As we know that after retest, we need a bullish candle, after that, we can buy on the next candle.





# STRATEGY 3



In the chart, we can see a pattern, which we also call a continuation wedge pattern. In this pattern, we can find a downside movement. Now we have to understand here where we have to enter here and where to keep the target.

Sometimes we make this mistake; as soon as the neckline breaks, we sell it there. We don't have to do this because sometimes the price breaks the neckline and moves up, so we have to wait for the previous low to break in such a situation. We have to enter the trade when the previous low is broken.

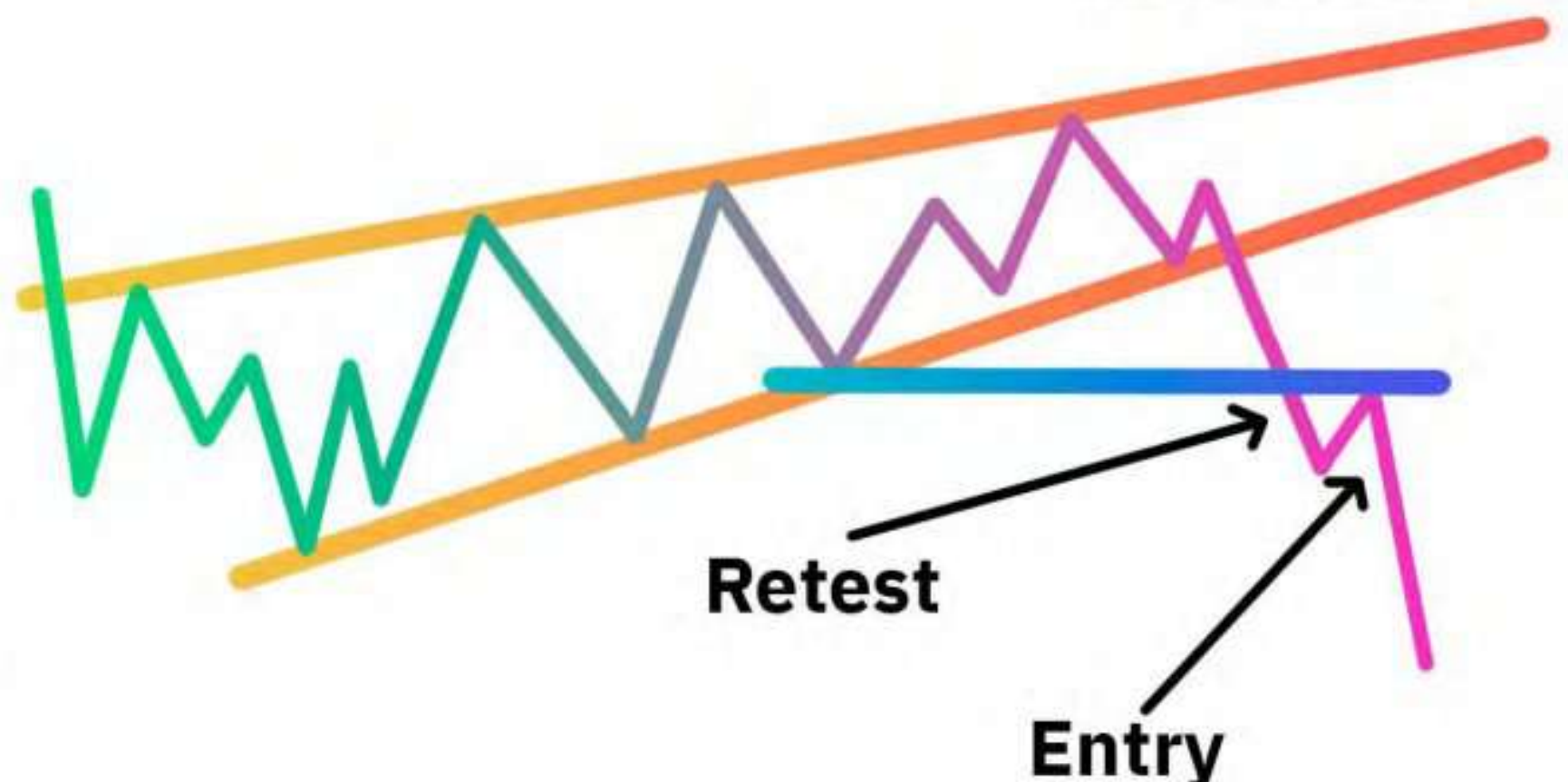


Here we can see that the price has broken its previous low. This means we have got the confirmation and we have to go to the sell side.



Now we will wait for the retest here. We do not have to enter the trade until the price is retested. When the price is retested, then we have to enter here.

Here the price retested after breaking the previous low, and the price is trying to move down with a bearish candle; now, we have to enter here and place the stop loss above the previous high.

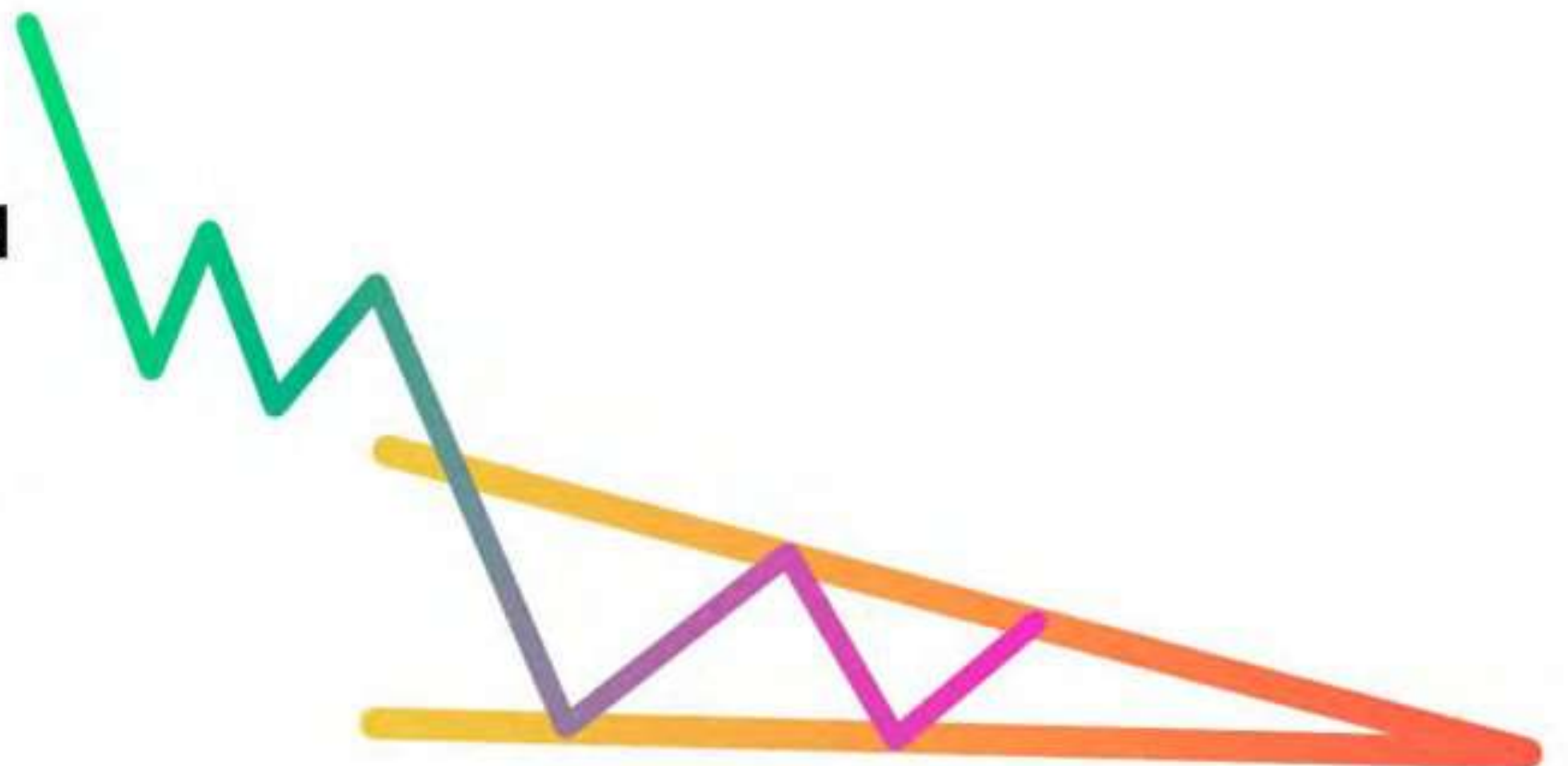




# STRATEGY 4

In the above chart we can see a pattern, which has not been completed. This pattern is created when the price is in a downtrend.

We can also call it a Symmetrical Continuation Triangle. Whenever such a pattern is formed, we can see a downside momentum.

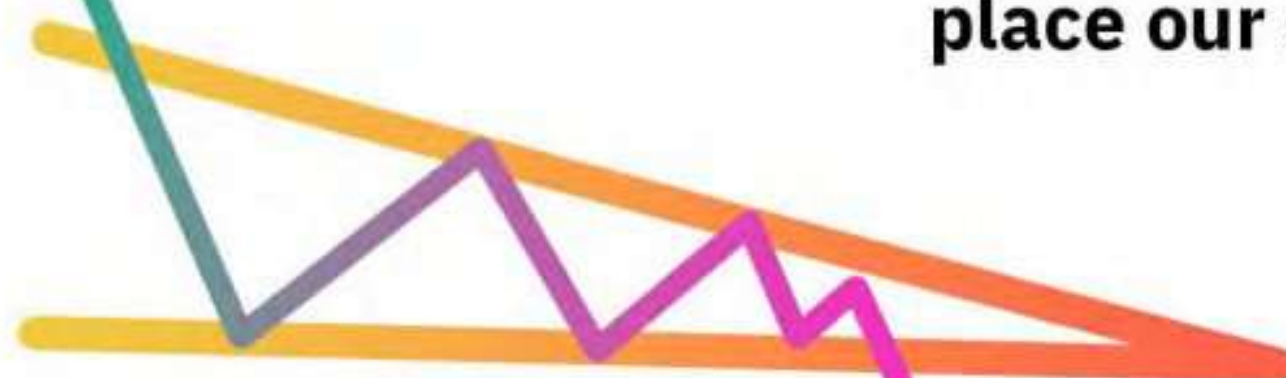


Now that this pattern is not completed here, we have to wait for the pattern to be completed. When the pattern is complete, then we will take a position here.

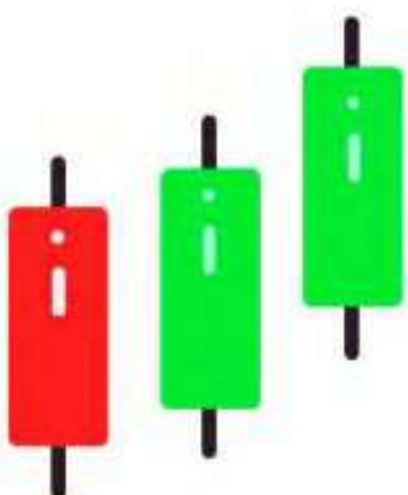
Here the price has broken the neckline; here we can also say that the previous low break now as soon as the price has broken the neckline, we will enter there.



Here we can also place our stop loss at level 1 and also at level 2. But we will place our stop loss here at level 2.

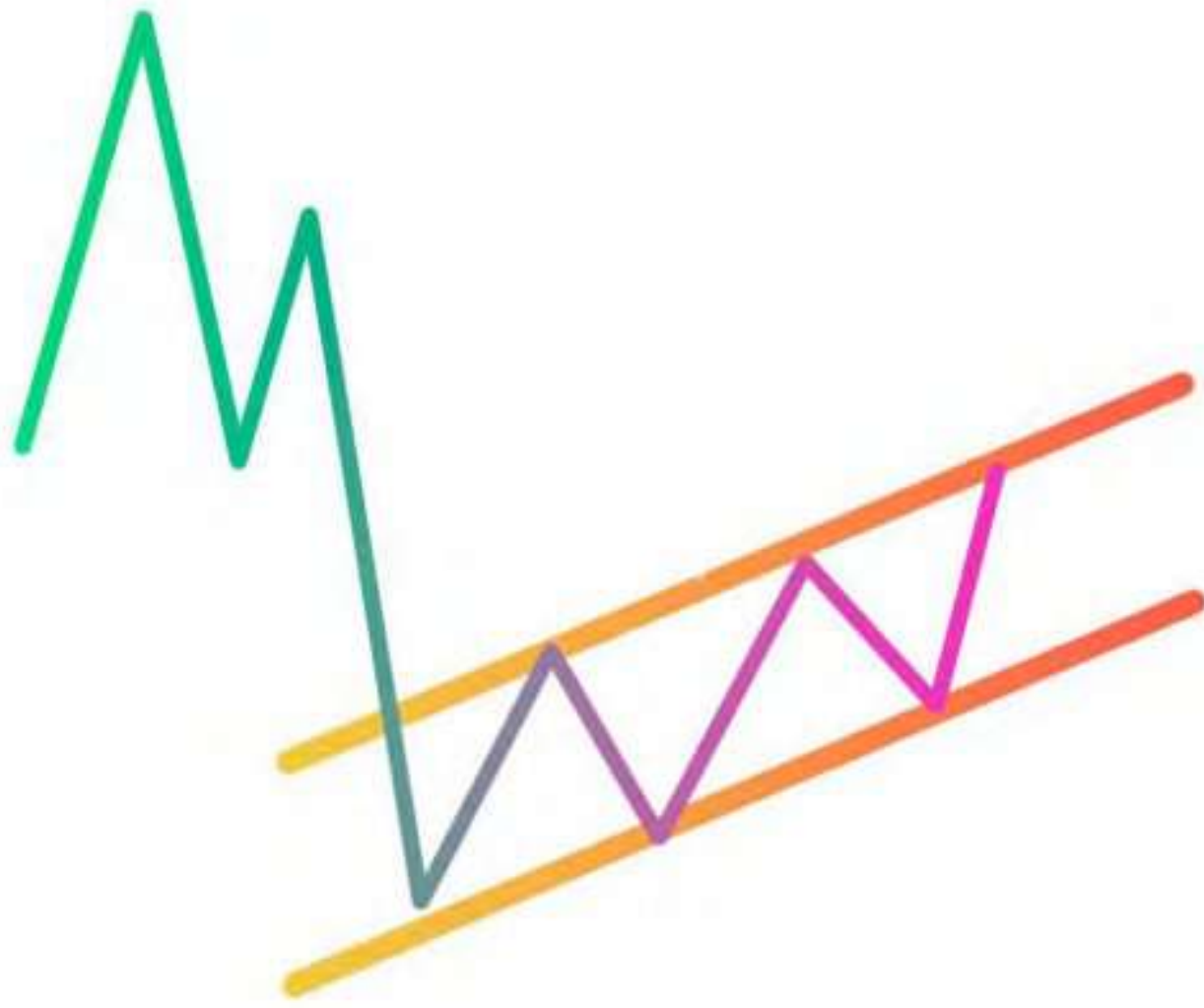


Selling Opportunity





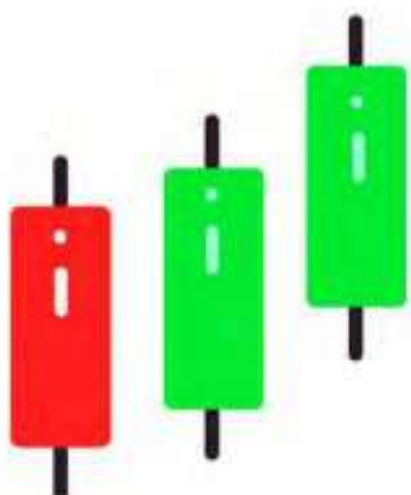
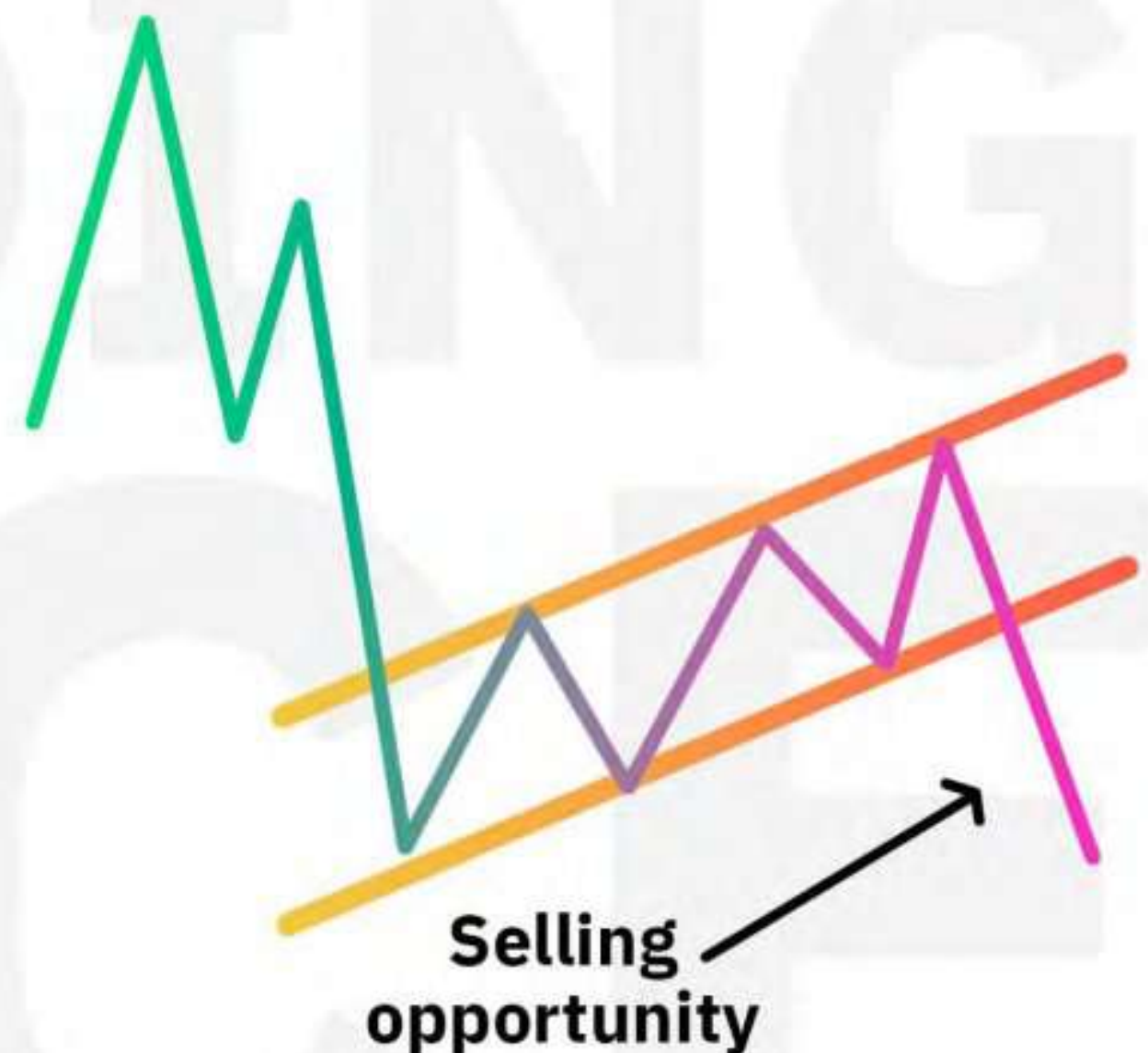
# STRATEGY 5



In this chart, we can see a pattern. Which we also call the flag (bearish) pattern.

This type of pattern is formed in adowntrend. Now we have to enter here; we have to wait till the price breaks the neckline.

Price has broken the neckline here.  
Now let's make a selling position here in this type of pattern.

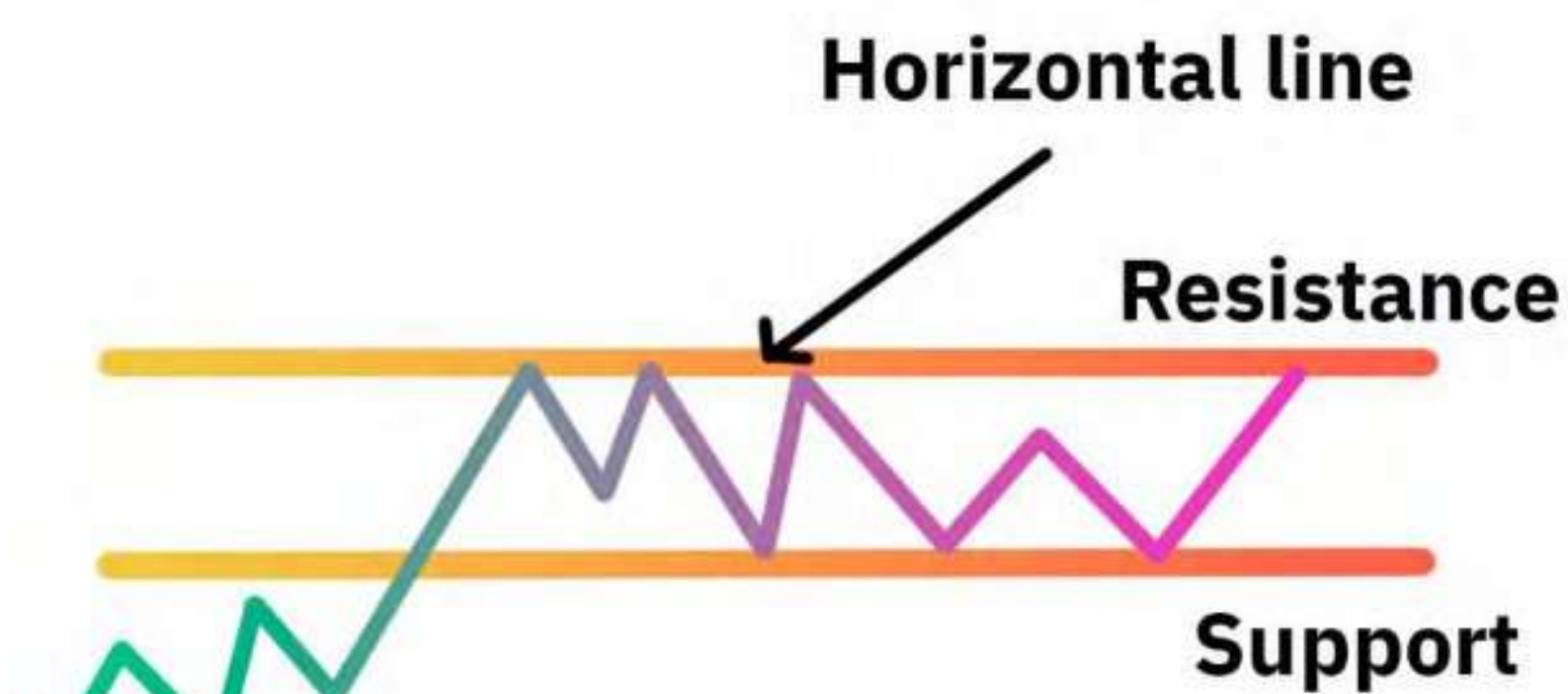




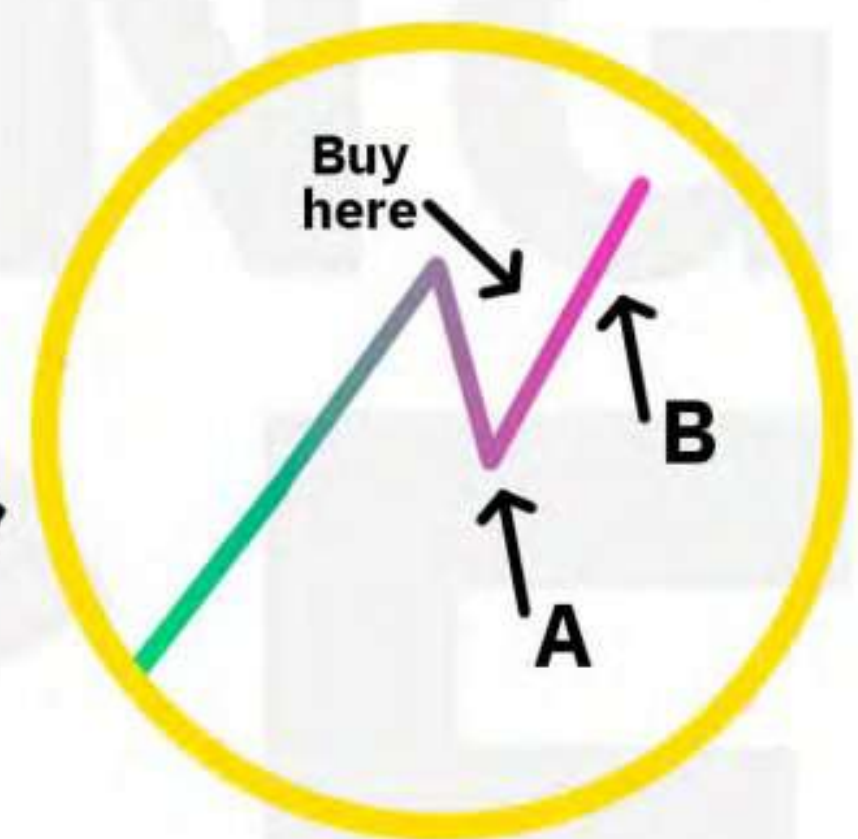
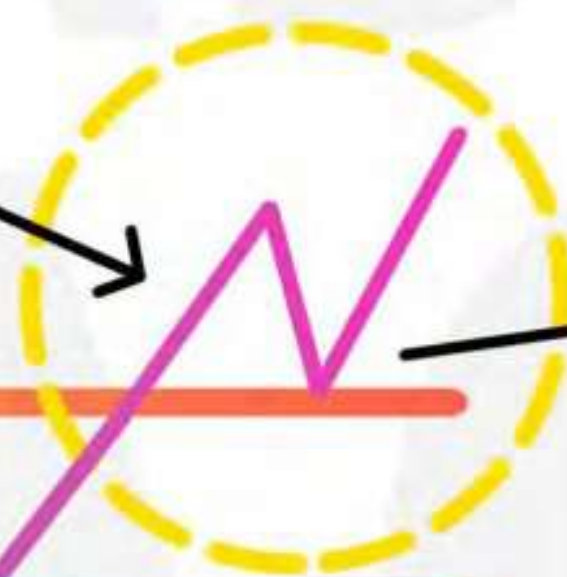
# STRATEGY 6

This type of pattern is formed after an upside or downside momentum, which we call consolidation.

Whenever such a pattern is found in the chart, then we have to take the high and low on the horizontal line, which means add support and resistance and wait for the price to exit the horizontal line either the price will go down or else Upside

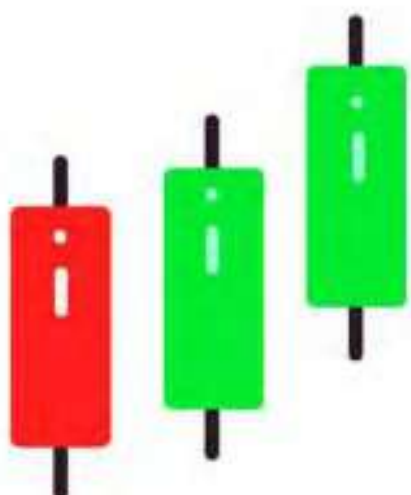


Retest



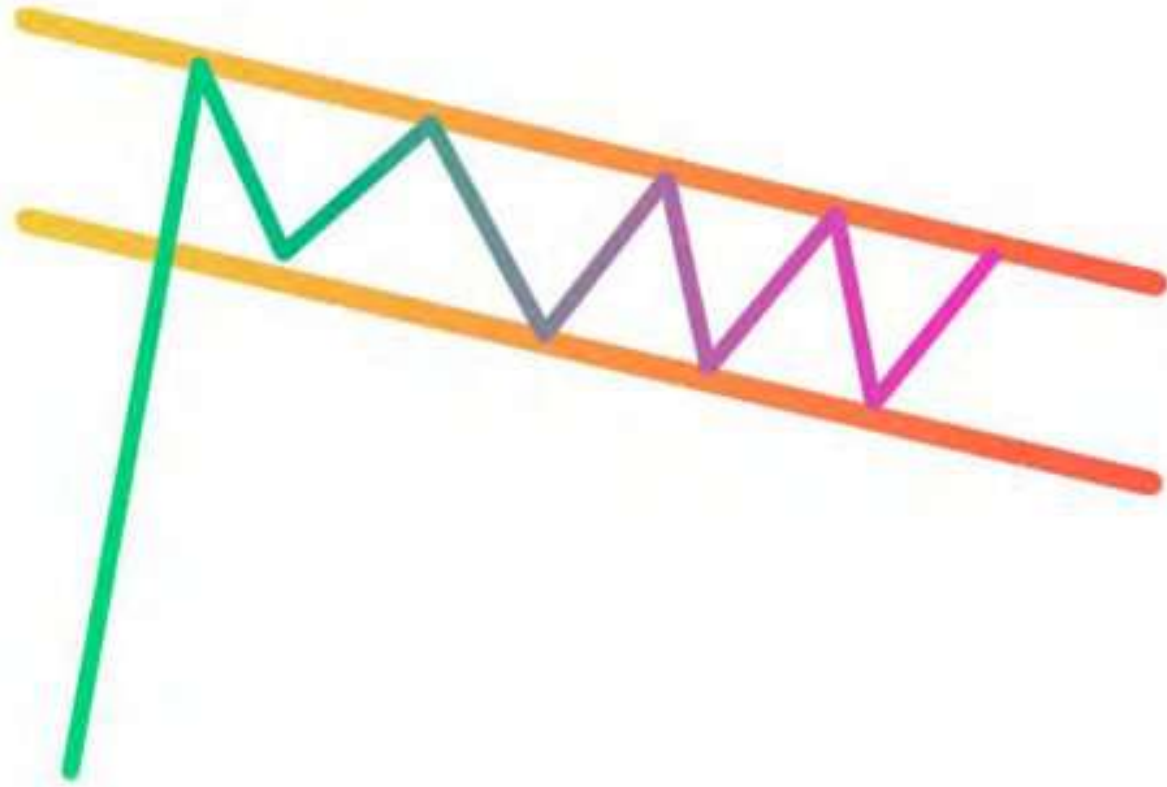
As soon as the candle comes out of the resistance, then we have to wait for the retest, and as soon as the retest happens, after a bullish candle, we have to enter, as explained to you above.

In **A** we are confirmed that yes we have a Bullish Momentum can be found and we enter on **B**



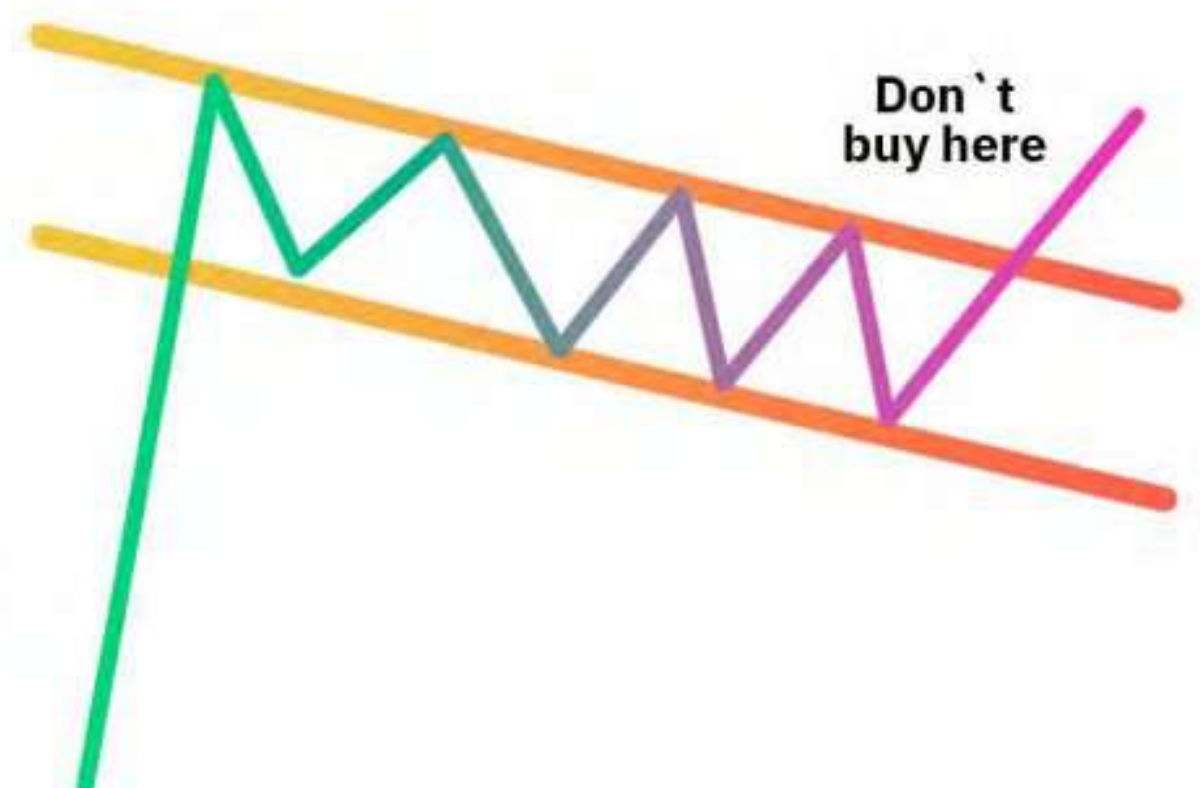


# STRATEGY 7



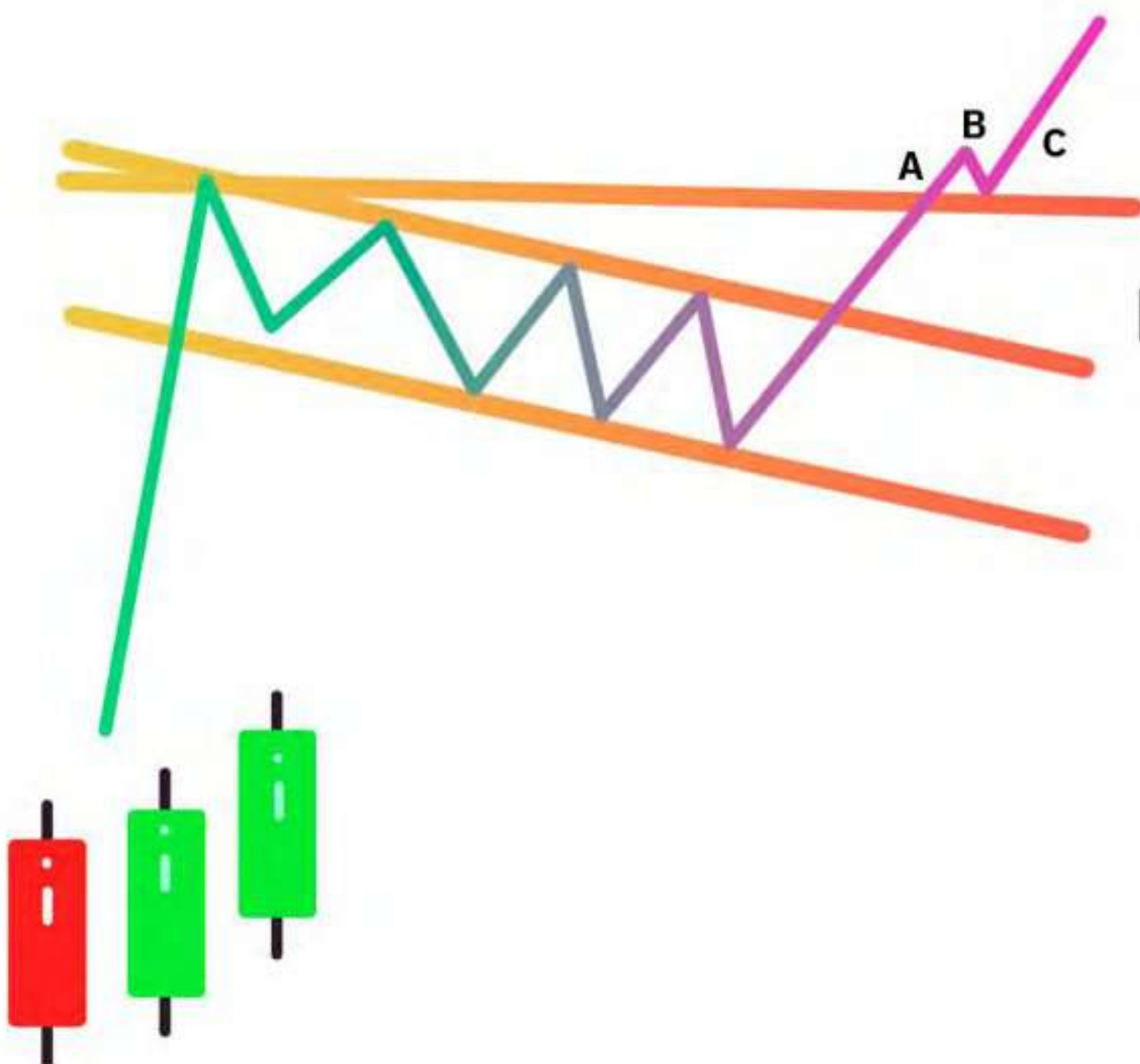
The pattern we can see in the chart it's called the flag pattern. This is a bullish pattern. Whenever such a pattern is formed, we can get good bullish momentum. Now we will enter here only when the price breaks the previous high.

Here the price has broken the neckline, but it does not mean that we will buy here; if the price keeps moving below the previous high, the pattern may fail. If we want to make a proper entry here, we will have to wait for the last high to break



In this chart, we can see **A, B, C, Candle**

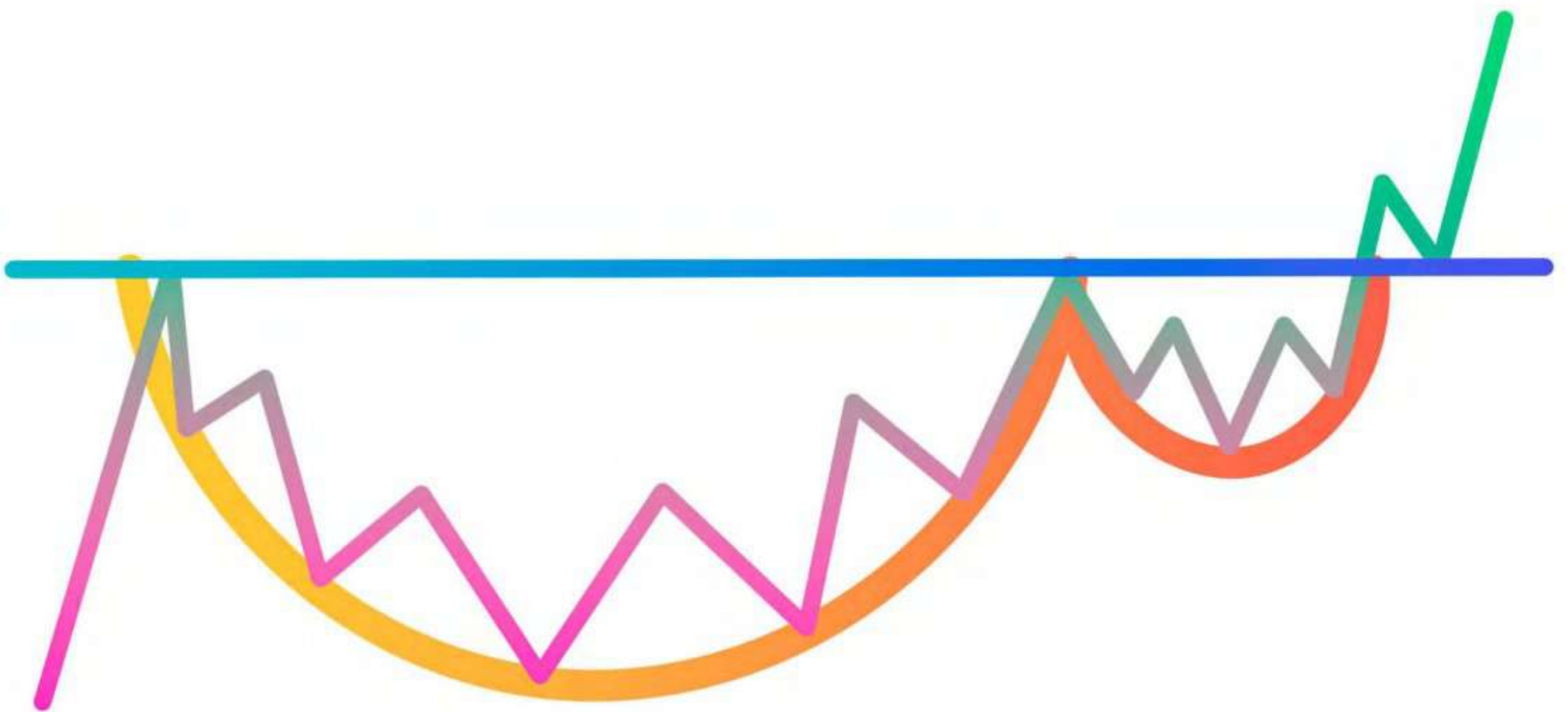
Here we can notice that if we enter after **A**, then our stop loss will get bigger. **B** becomes a bearish candle **C** becomes a bullish candle.





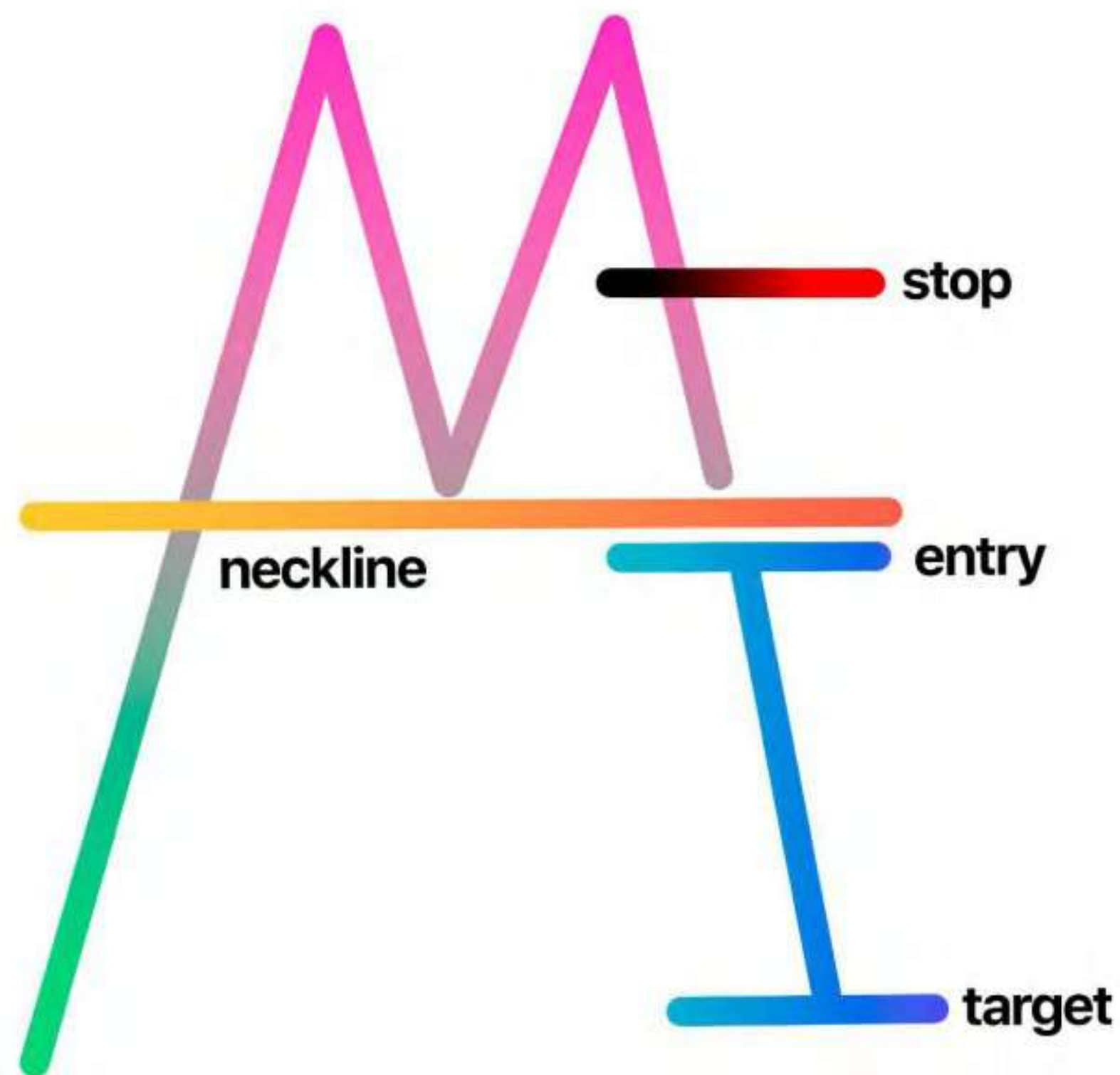
# Chart Patterns

## Chapter. 4





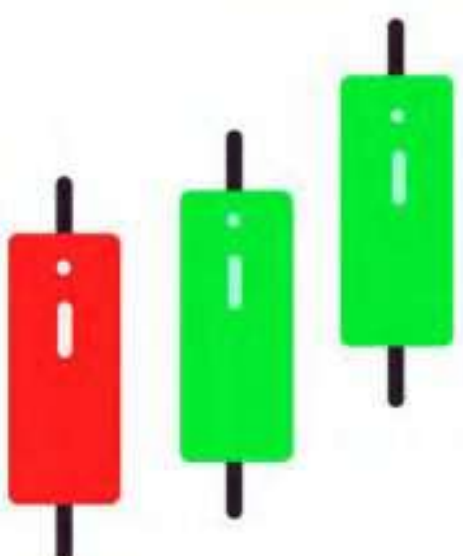
# Double Top



## Example

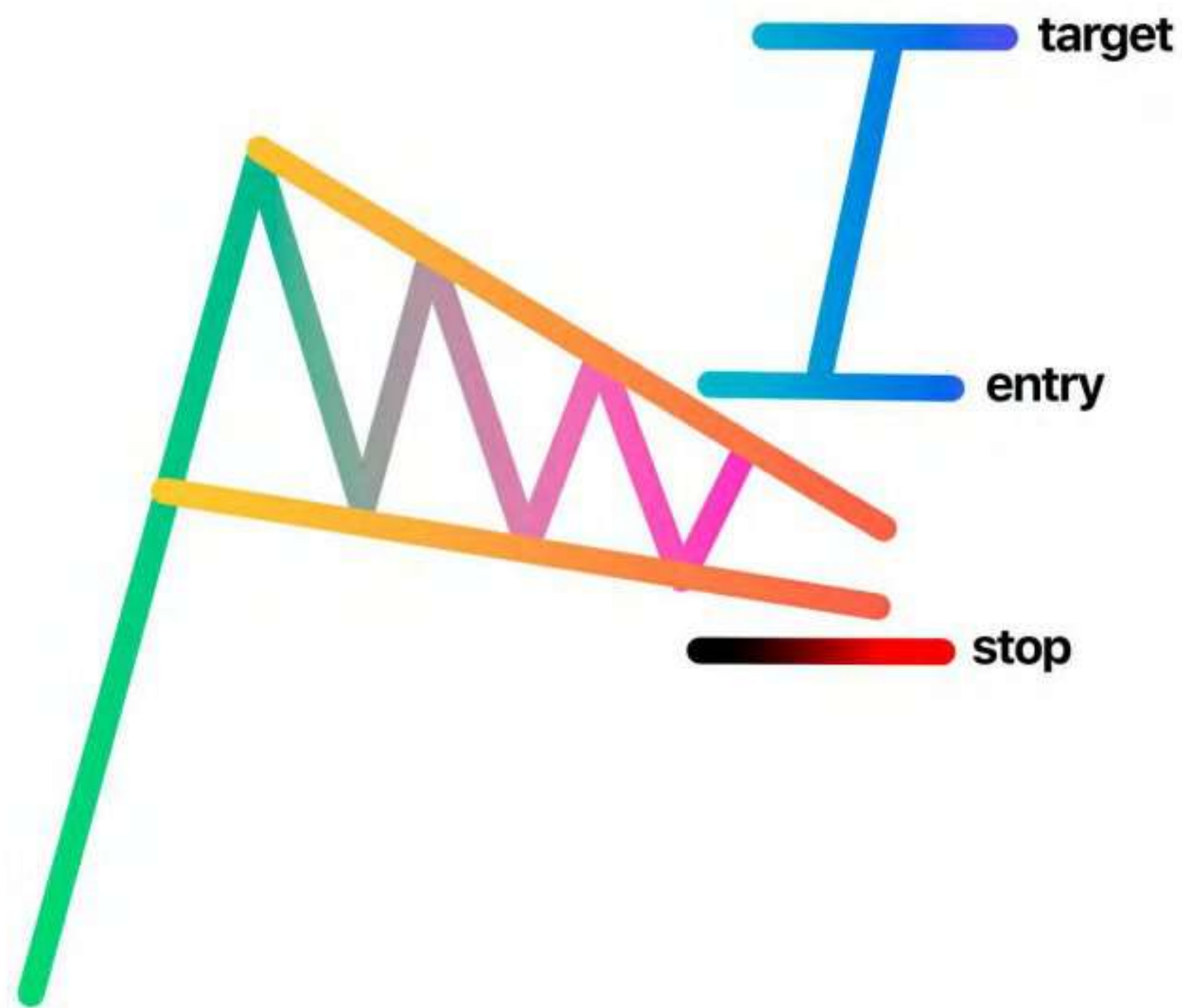


Chart: BTC/USDT  
Time frame: 2H  
Date: 05 Oct` 22





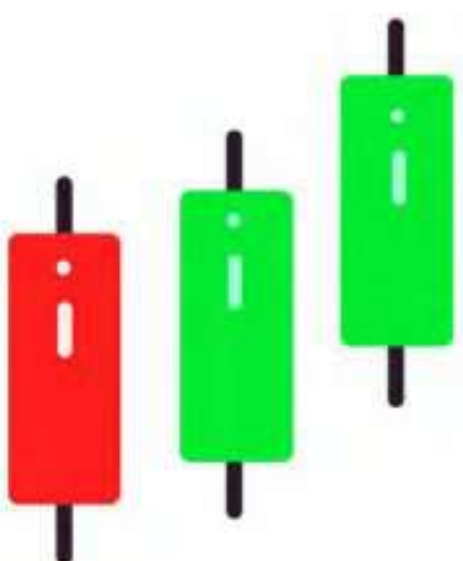
# Falling Wedge



## Example

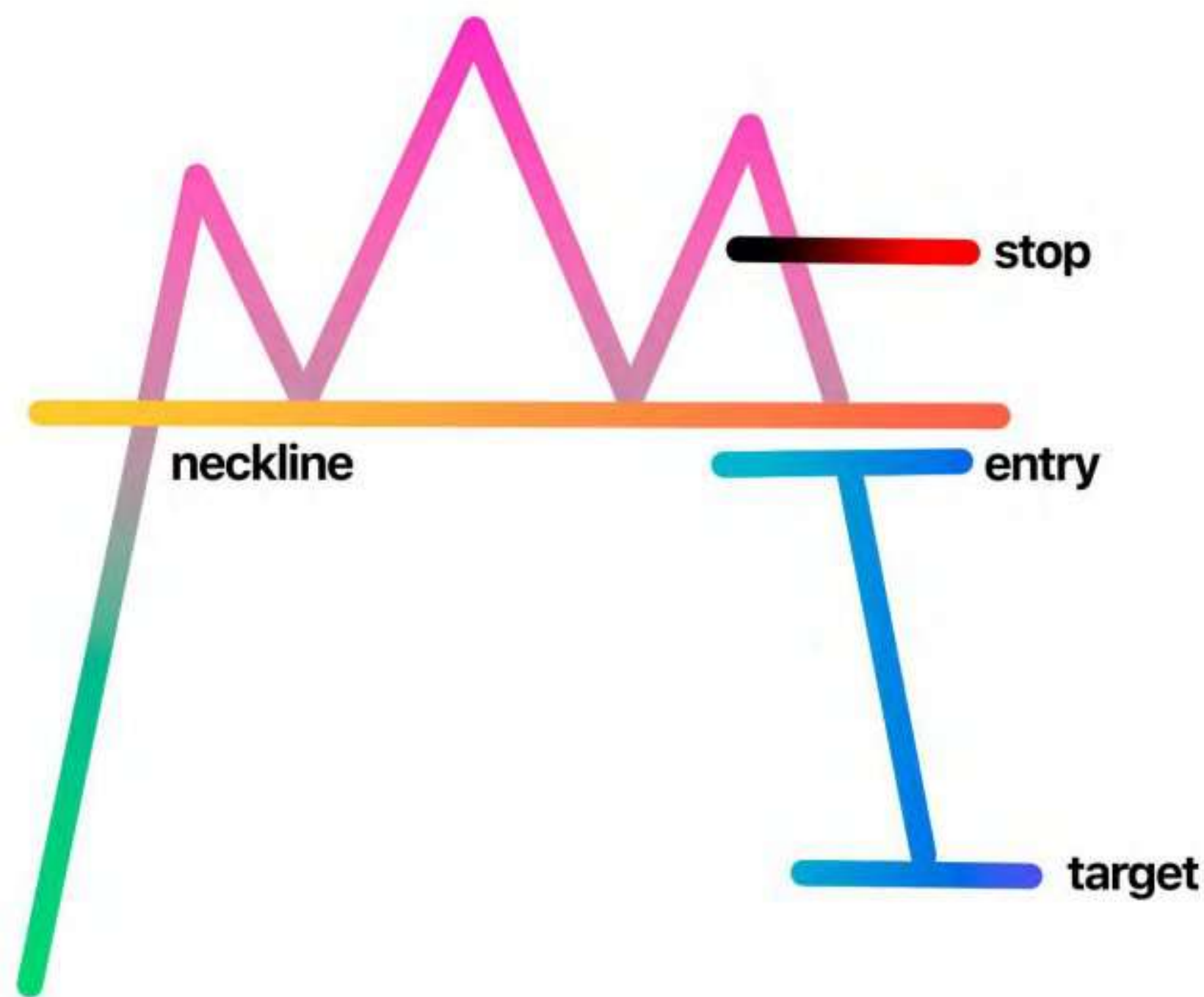


Chart: GRT/USDT  
Time frame: 4H  
Date: 25 Jul` 22





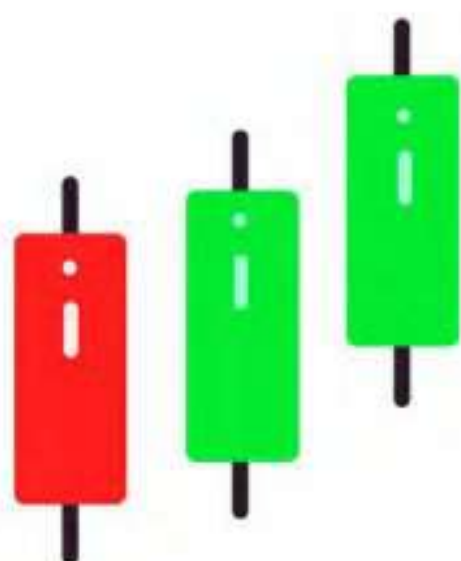
# Head and Shoulders



## Example

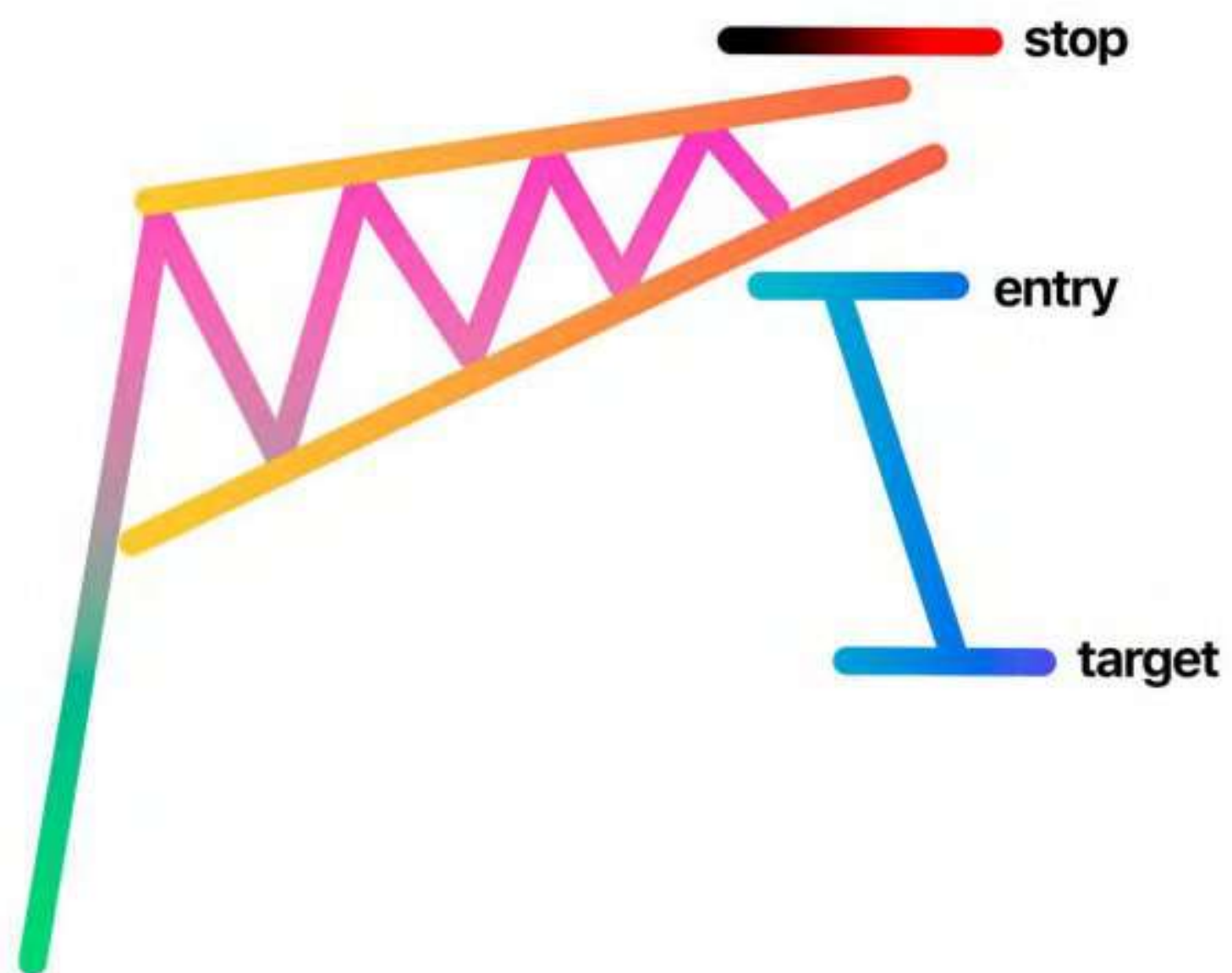


Chart: NATGASUSD  
Time frame: 1D  
Date: 19 Aug` 22





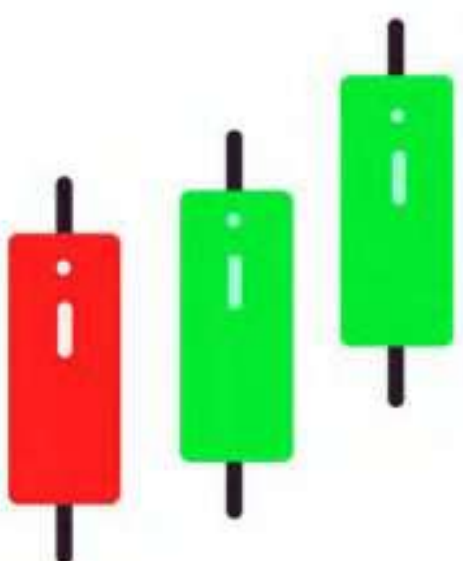
# Rising Wedge



## Example

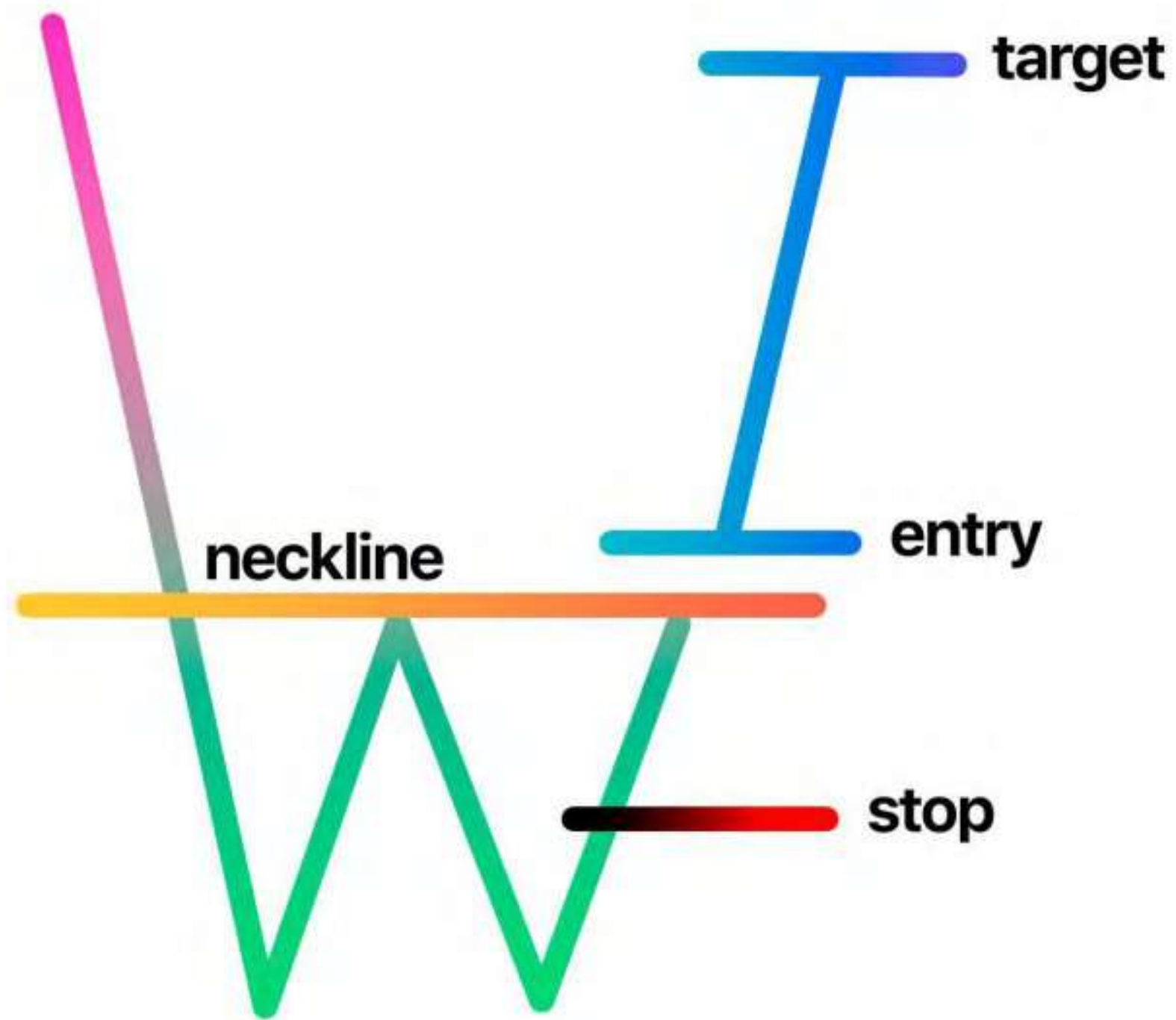


Chart: BTCUSDT  
Time frame: 4H  
Date: 06 Aug` 22





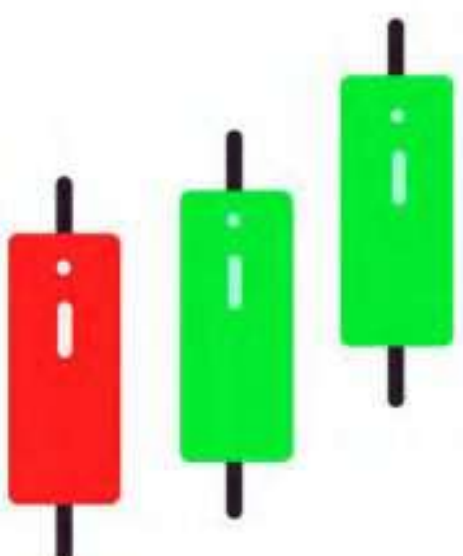
# Double Bottom



## Example

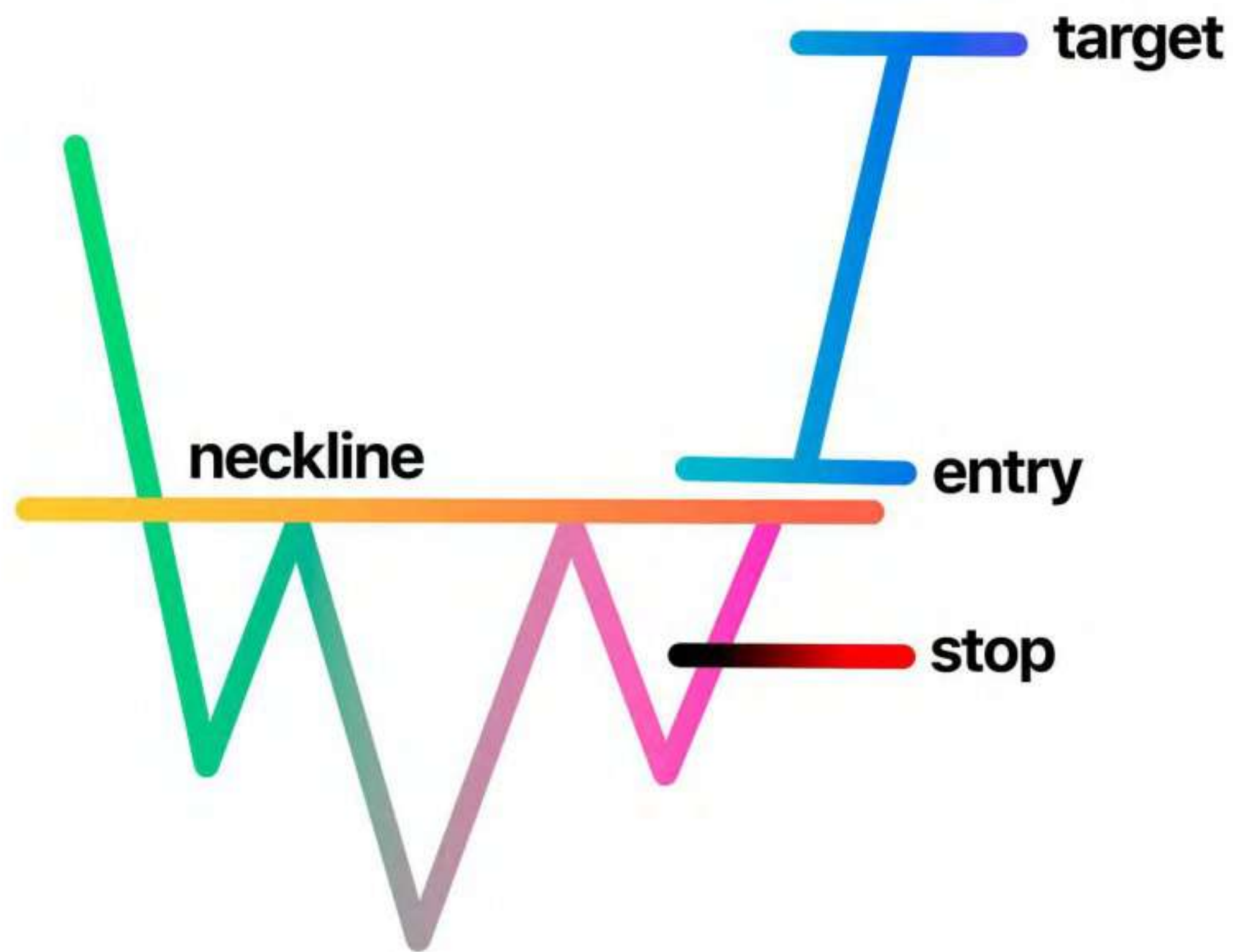


Chart: USDCHF  
Time frame: 4H  
Date: 29 Sep` 22





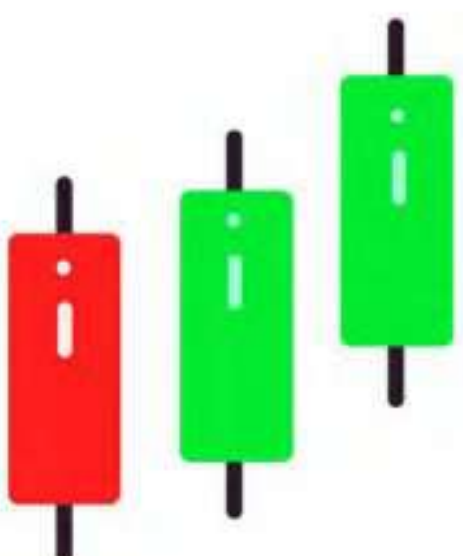
# Inverse Head and Shoulders



## Example

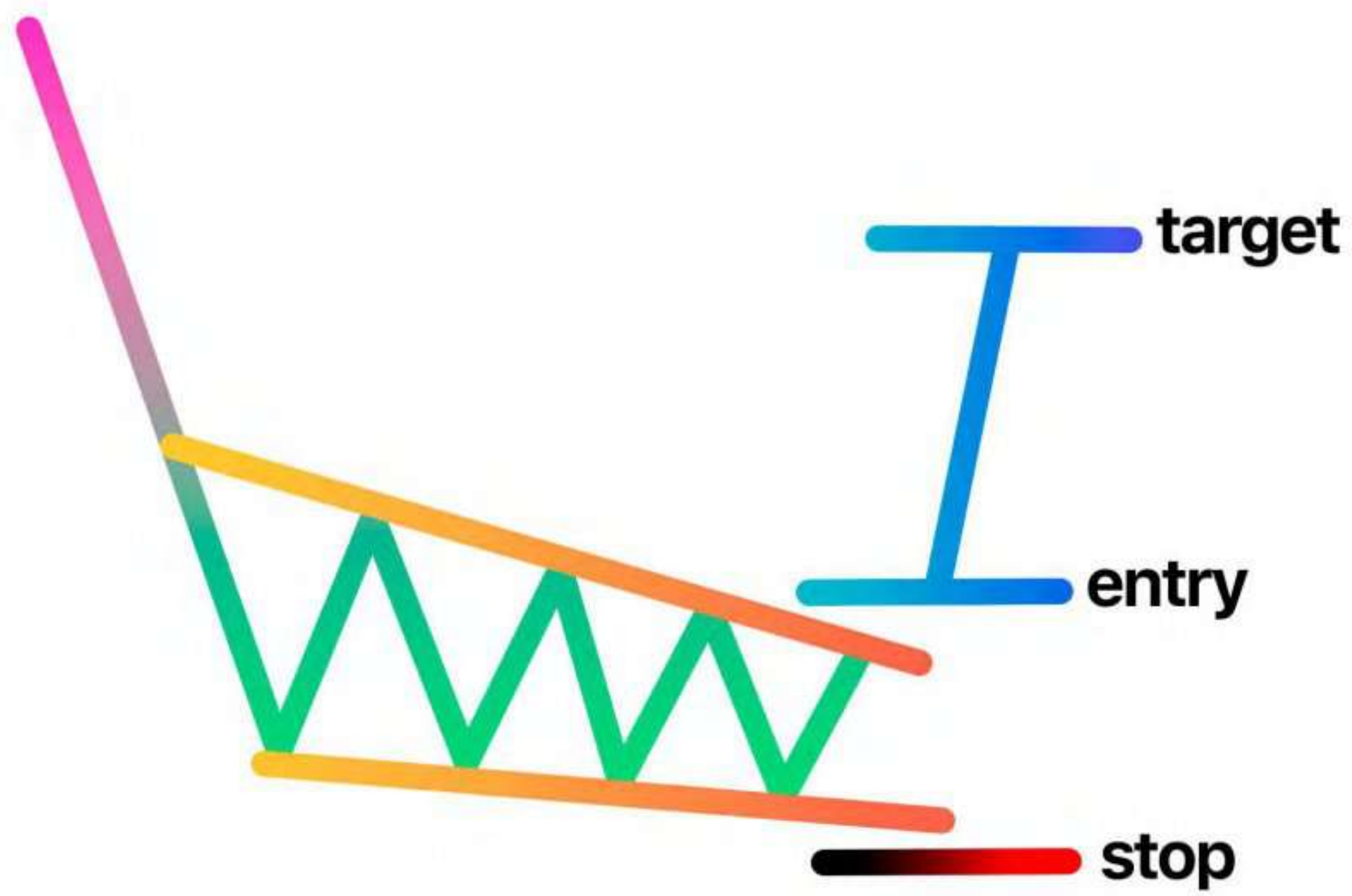


Chart: BATA INDIA  
Time frame: 1H  
Date: 07 Mar ` 22





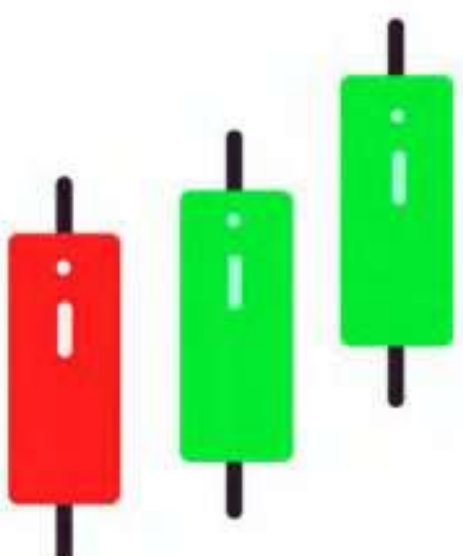
# Falling Wedge



## Example

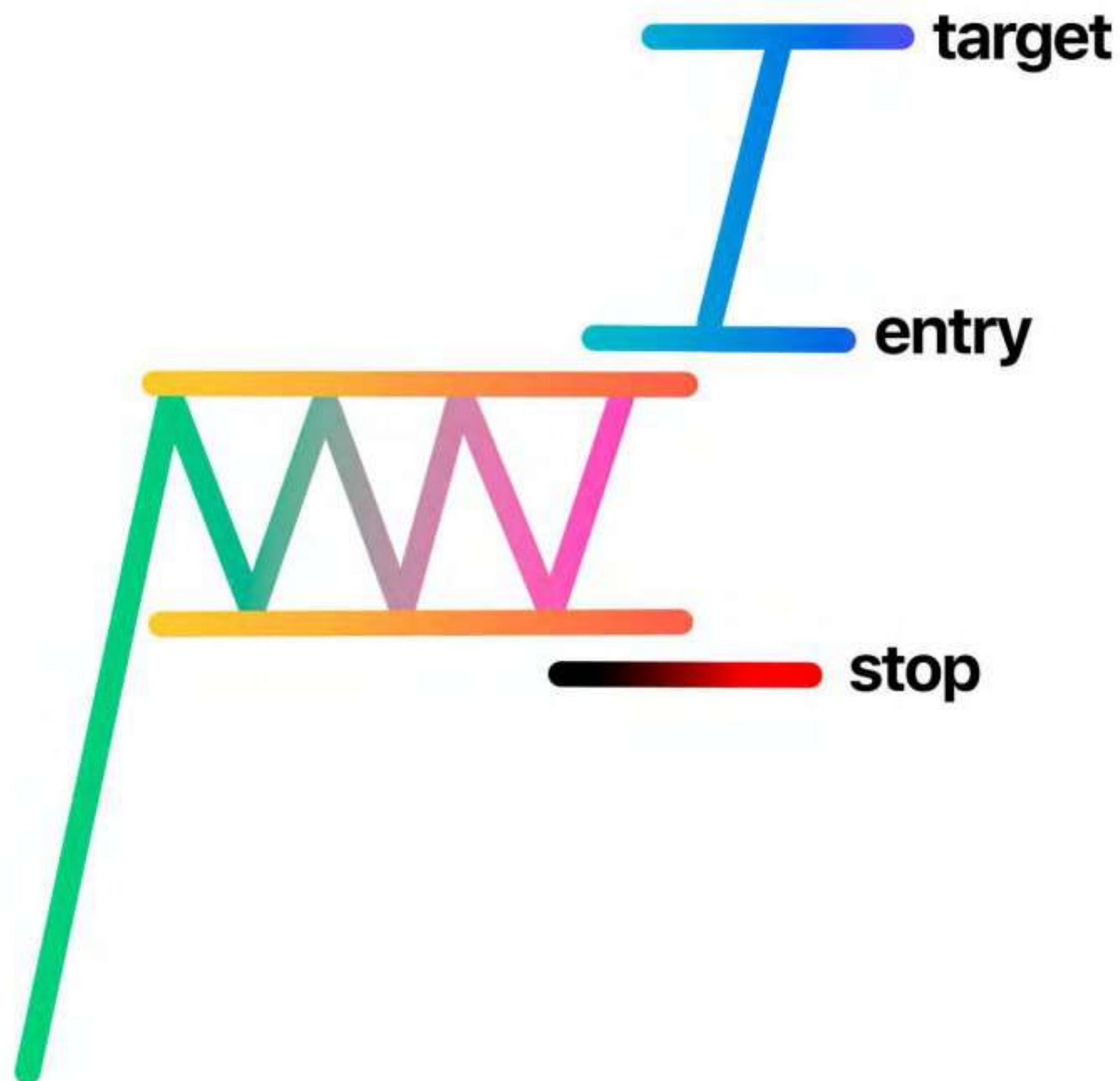


Chart: NZDCAD  
Time frame: 1D  
Date: 05 Aug` 22





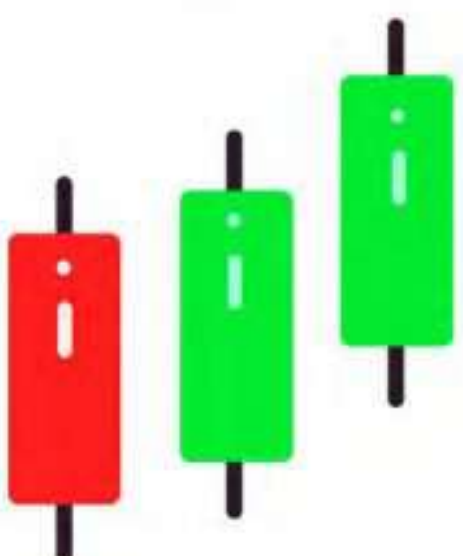
# Bullish Rectangle



## Example

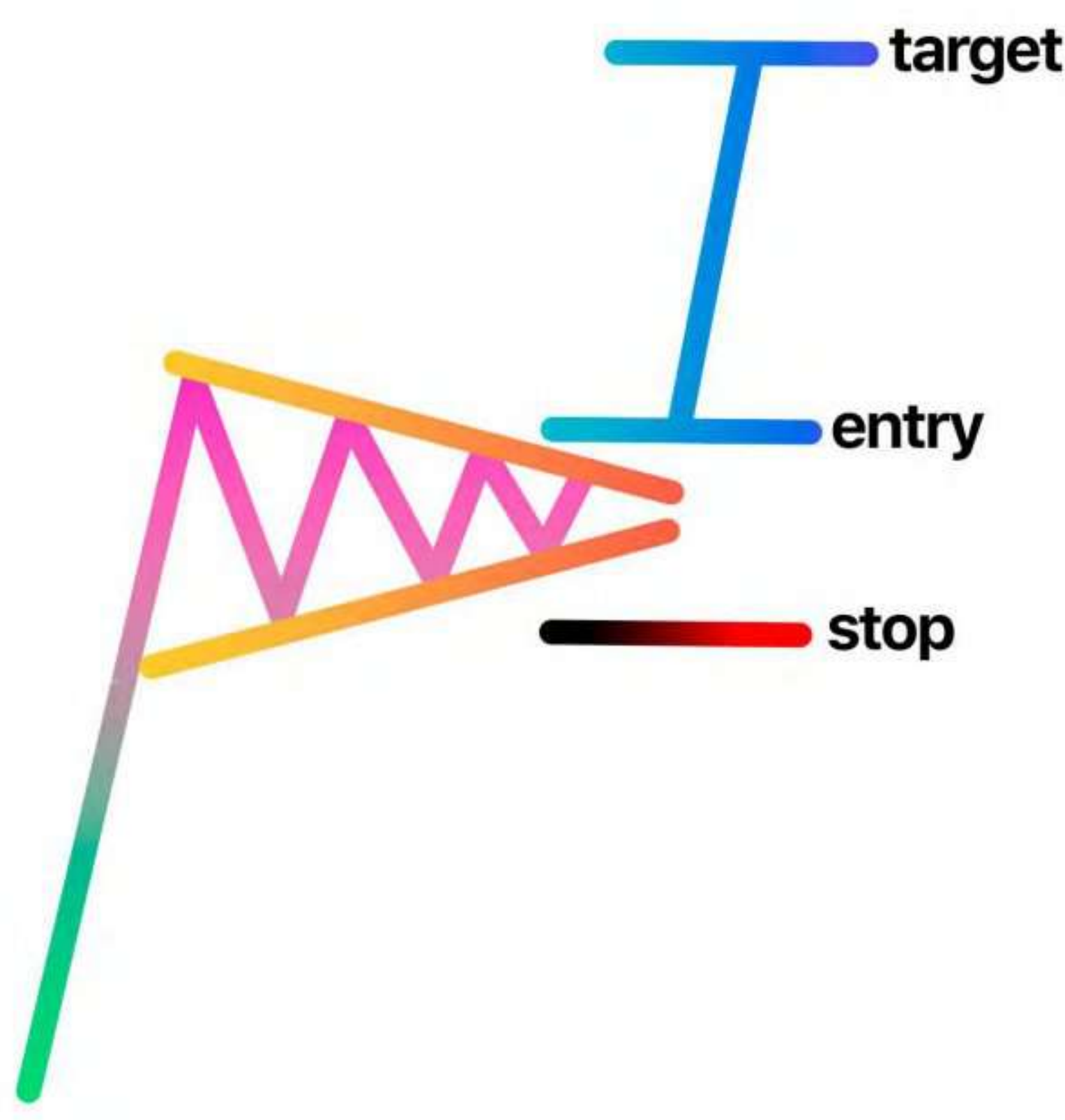


Chart: GBPJPY  
Time frame: 4H  
Date: 13 Aug` 20





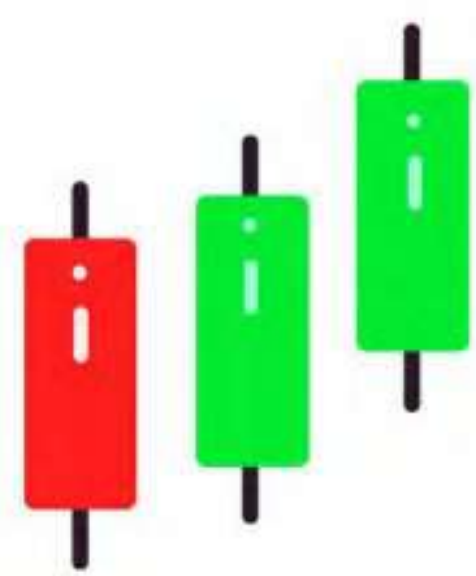
# Bullish Pennant



# Example

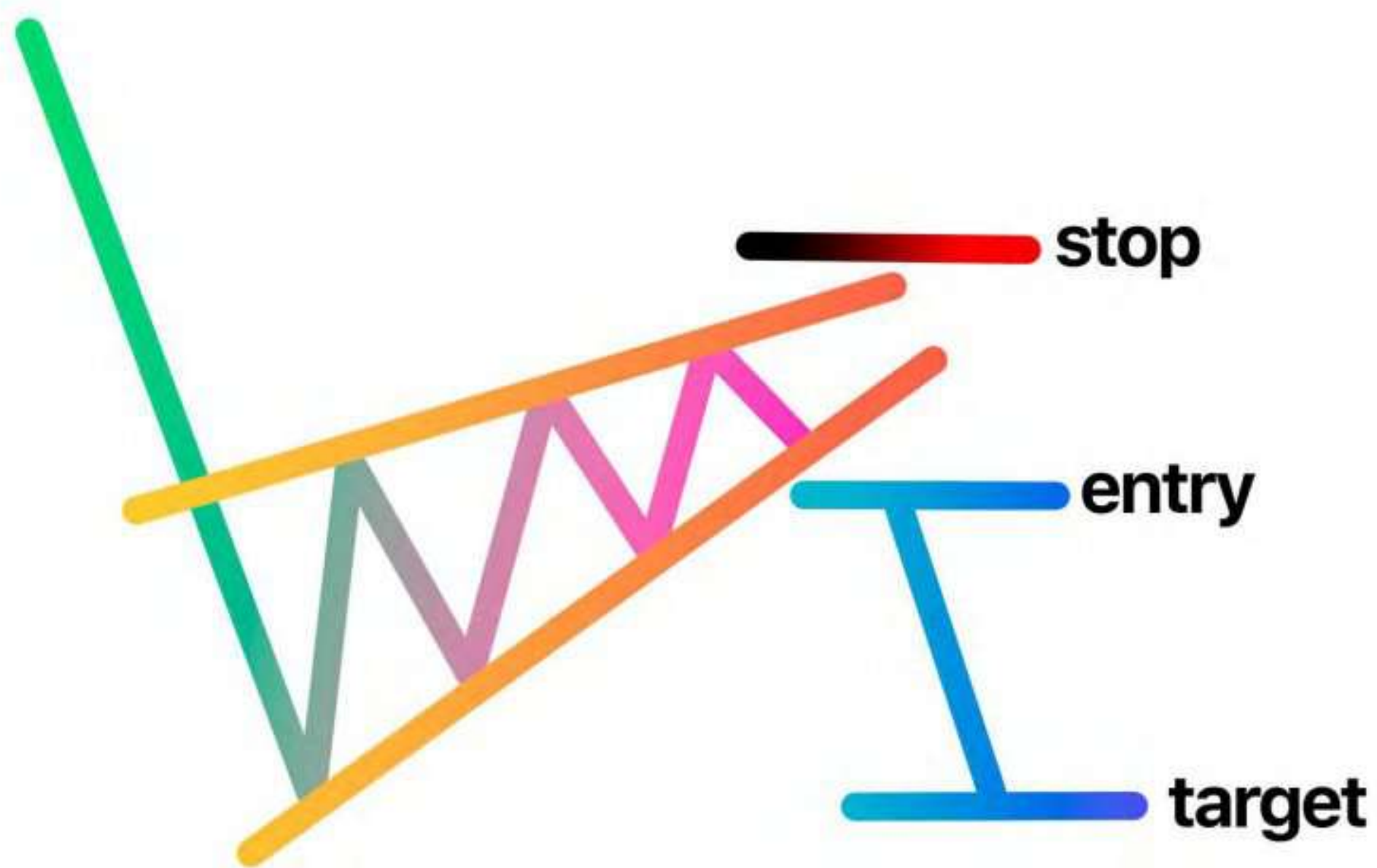


Chart: ENJUSDT  
Time frame: 18H  
Date: 24 Nov` 21





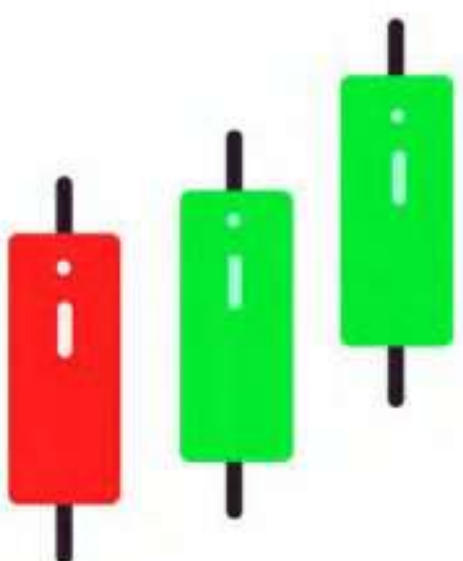
# Rising Wedge



## Example

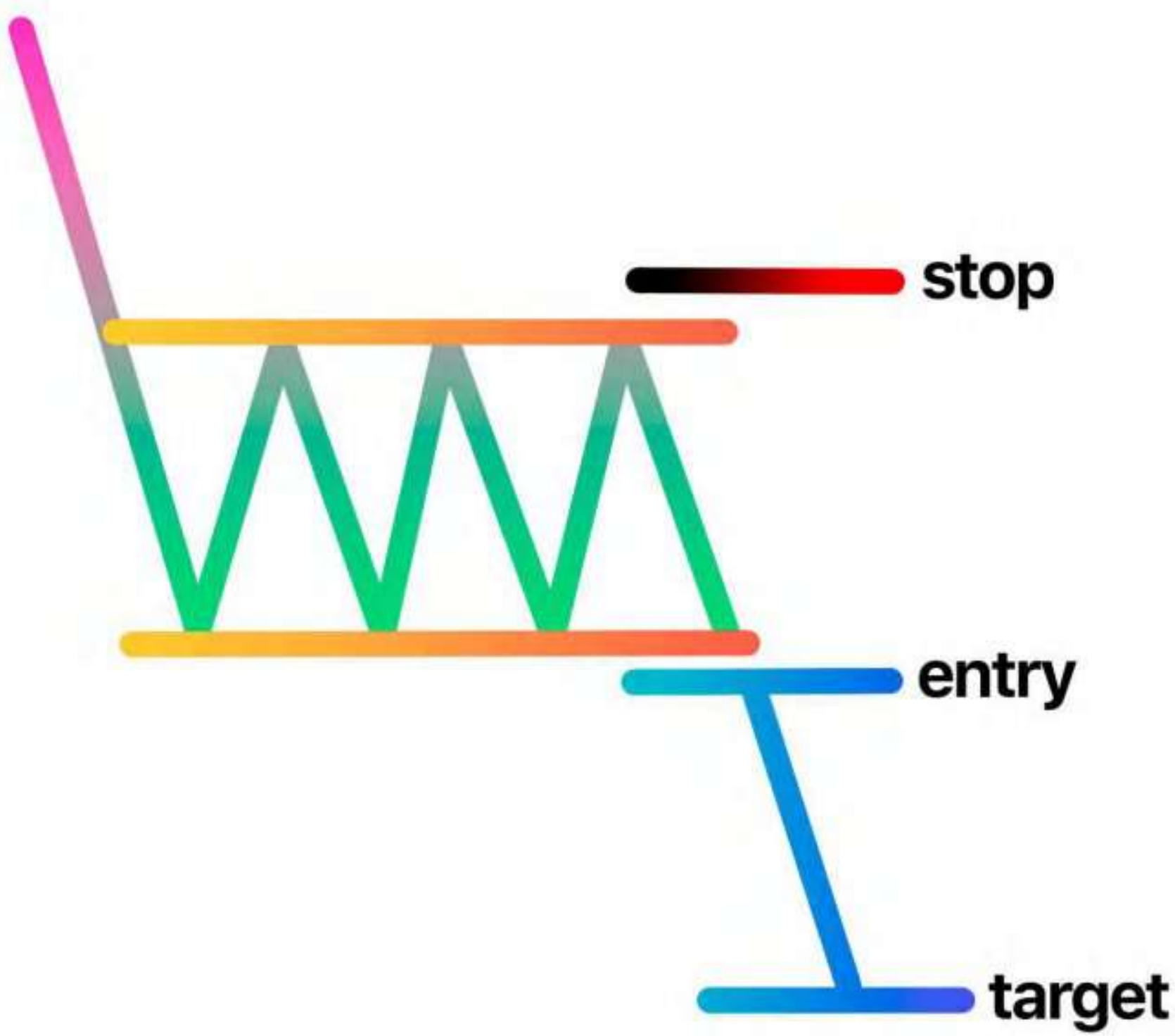


Chart: BTCUSDT  
Time frame: 4H  
Date: 26 Aug` 22





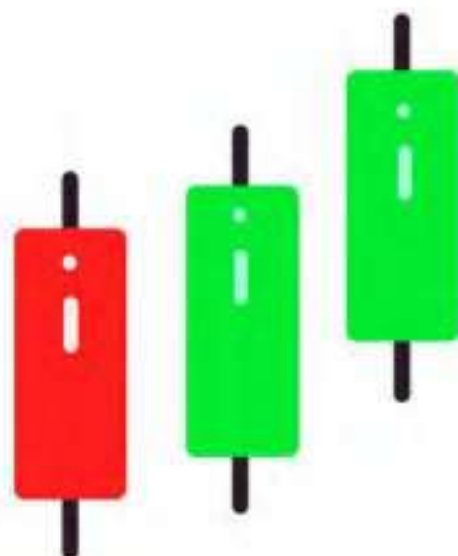
# Bearish Rectangle



## Example

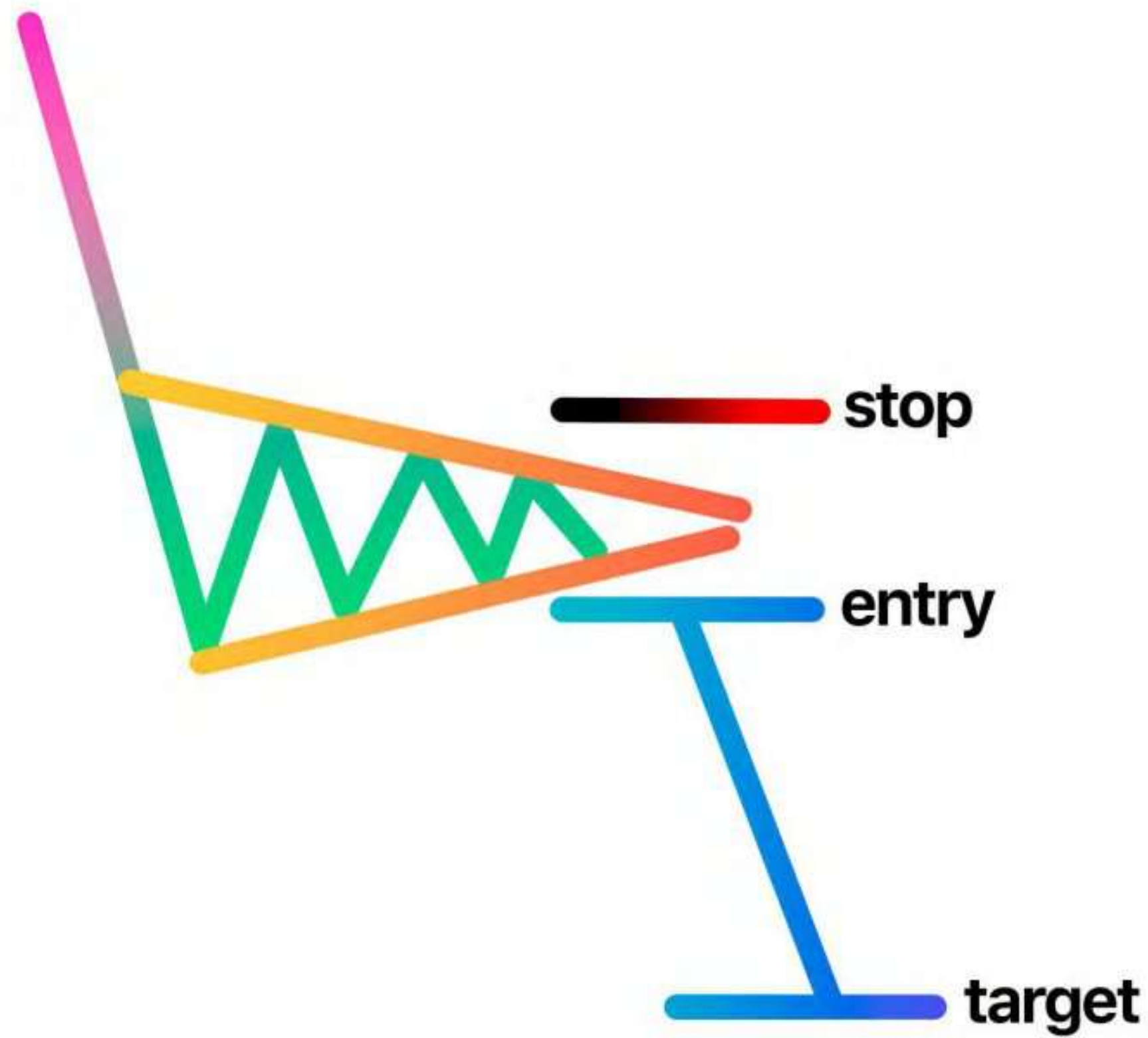


Chart: GALAUSDT  
Time frame: 2H  
Date: 20 Jan ` 22





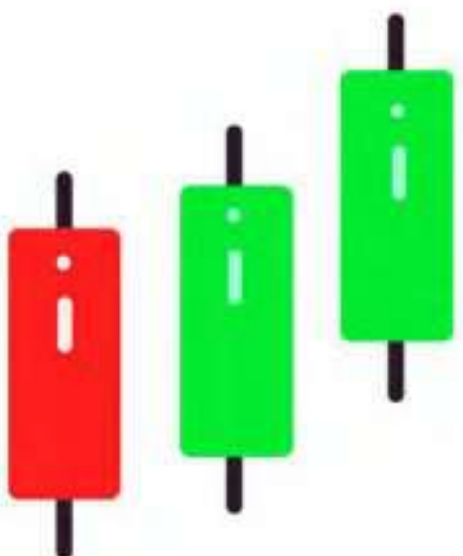
# Bearish Pennant



## Example

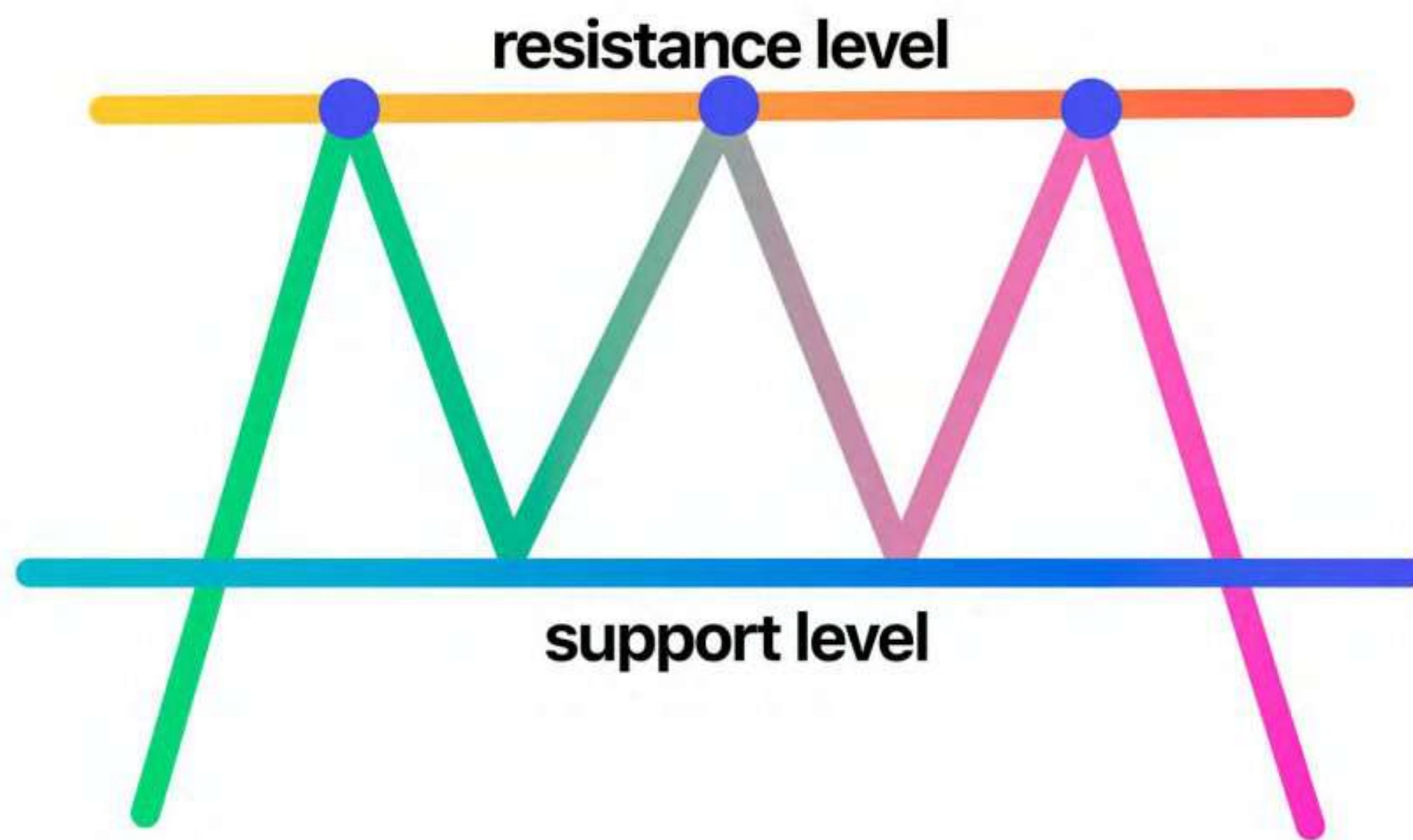


Chart: ADAUSDT  
Time frame: 1H  
Date: 02 Oct` 22





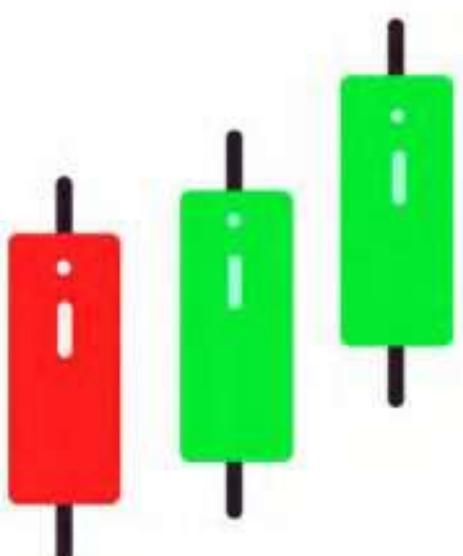
# Triple Top



## Example

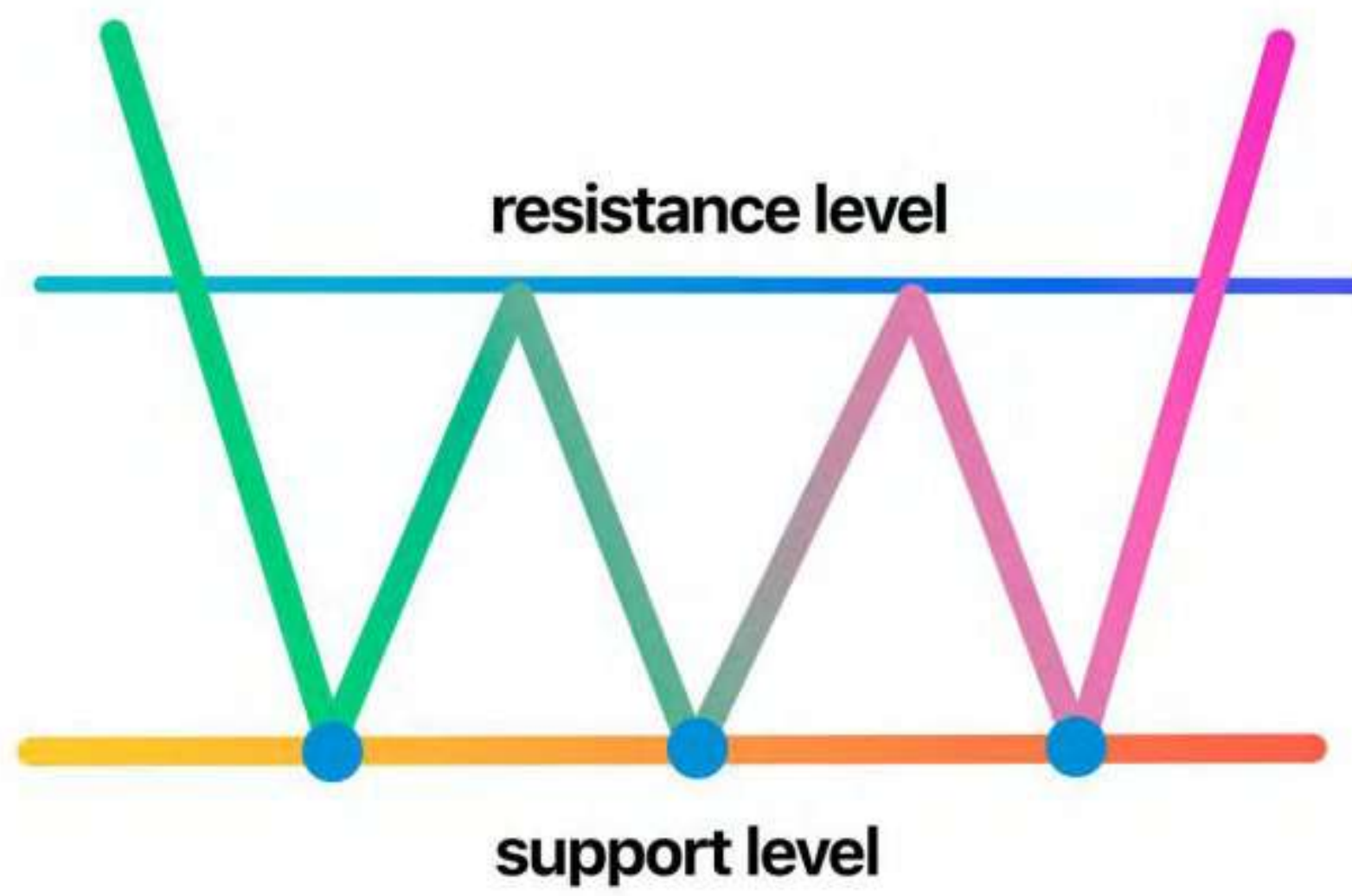


Chart: ADAUSD  
Time frame: 1H  
Date: 06 Sep` 22





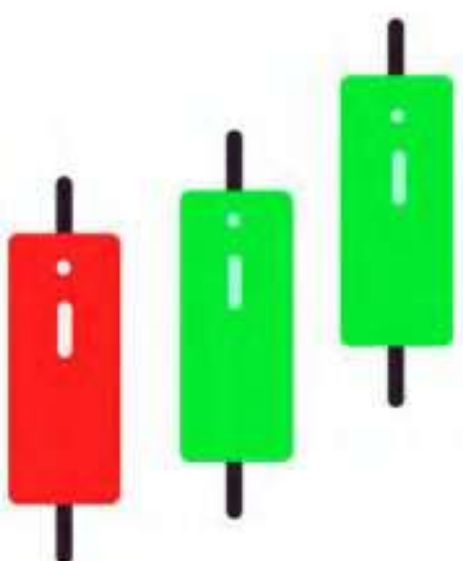
# Triple Bottom



## Example

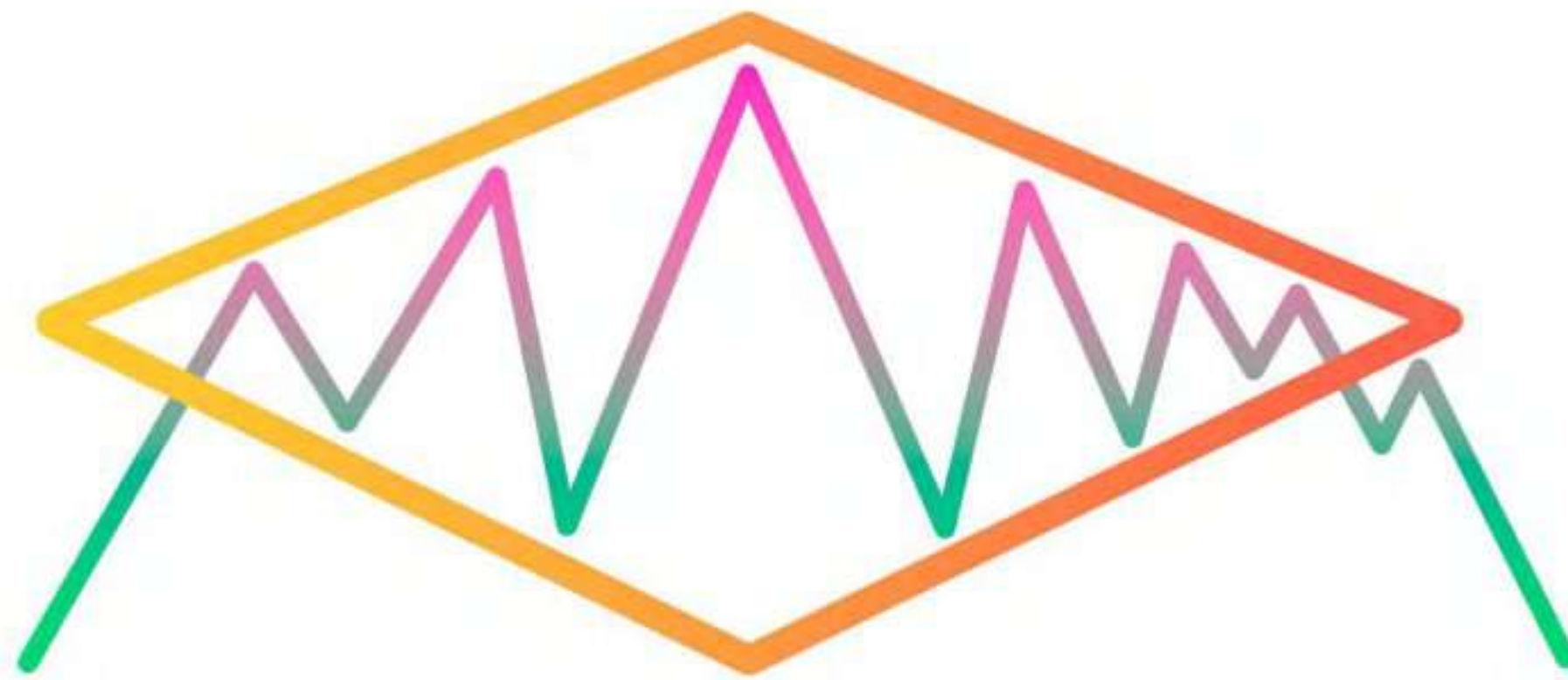


Chart: ETHUSD  
Time frame: 30m  
Date: 28 Sep` 22





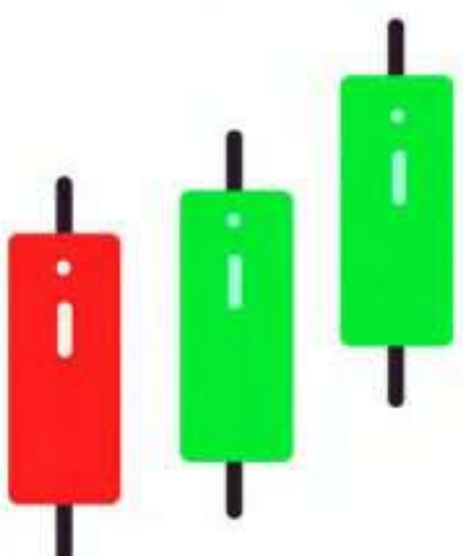
# Bearish Diamond Pattern



## Example

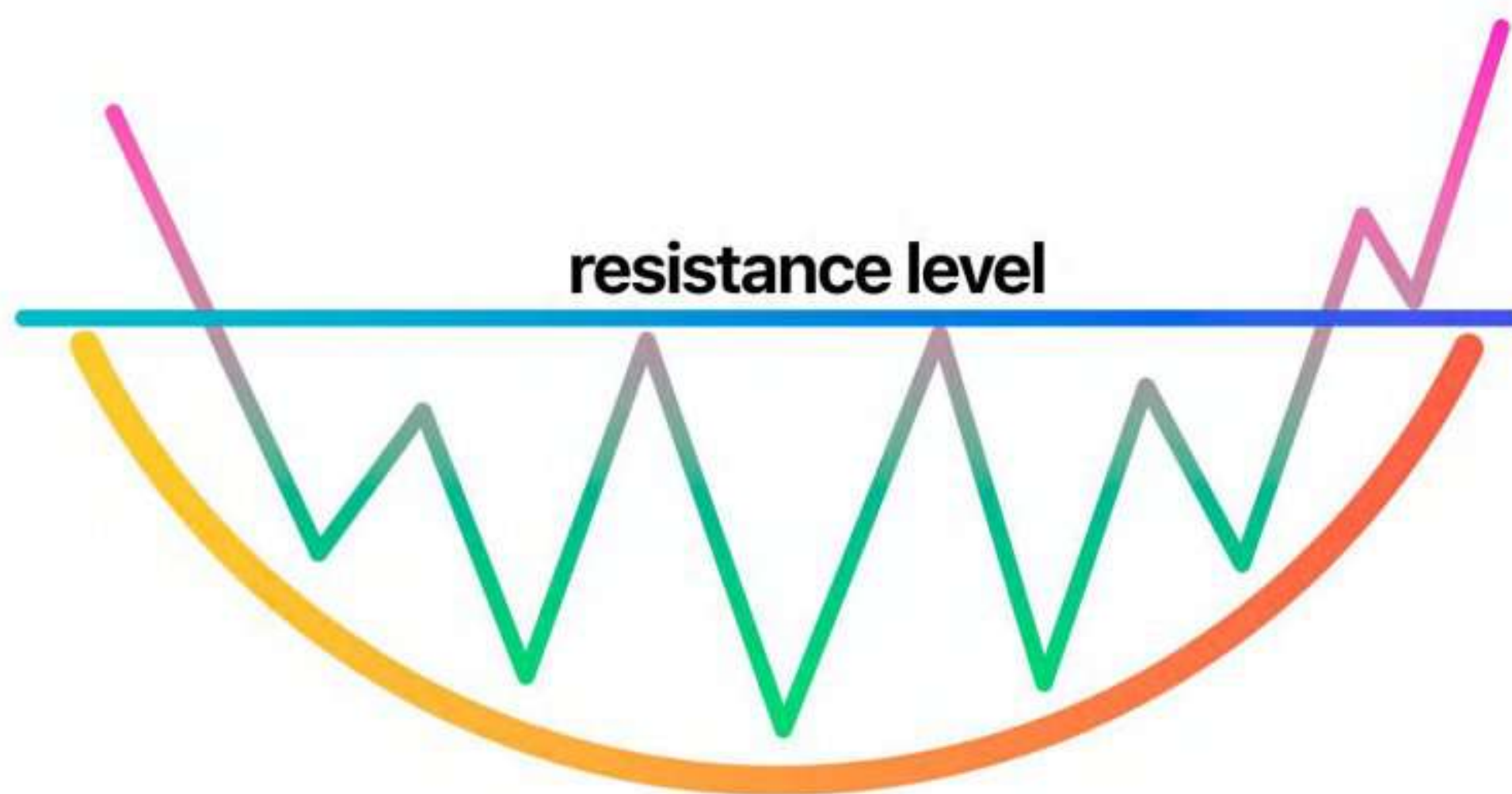


Chart: GBPNZD  
Time frame: 4H  
Date: 09 Feb` 22





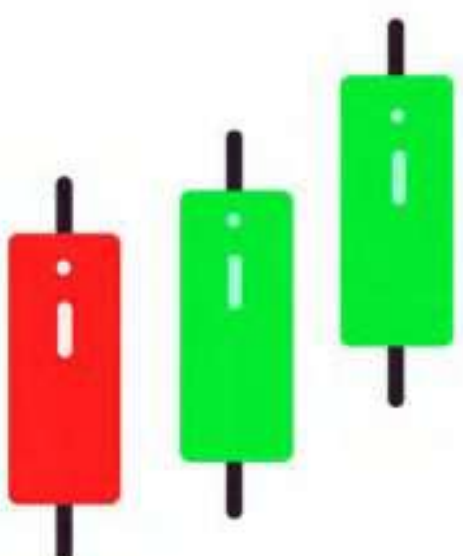
# Rounding Bottom



## Example

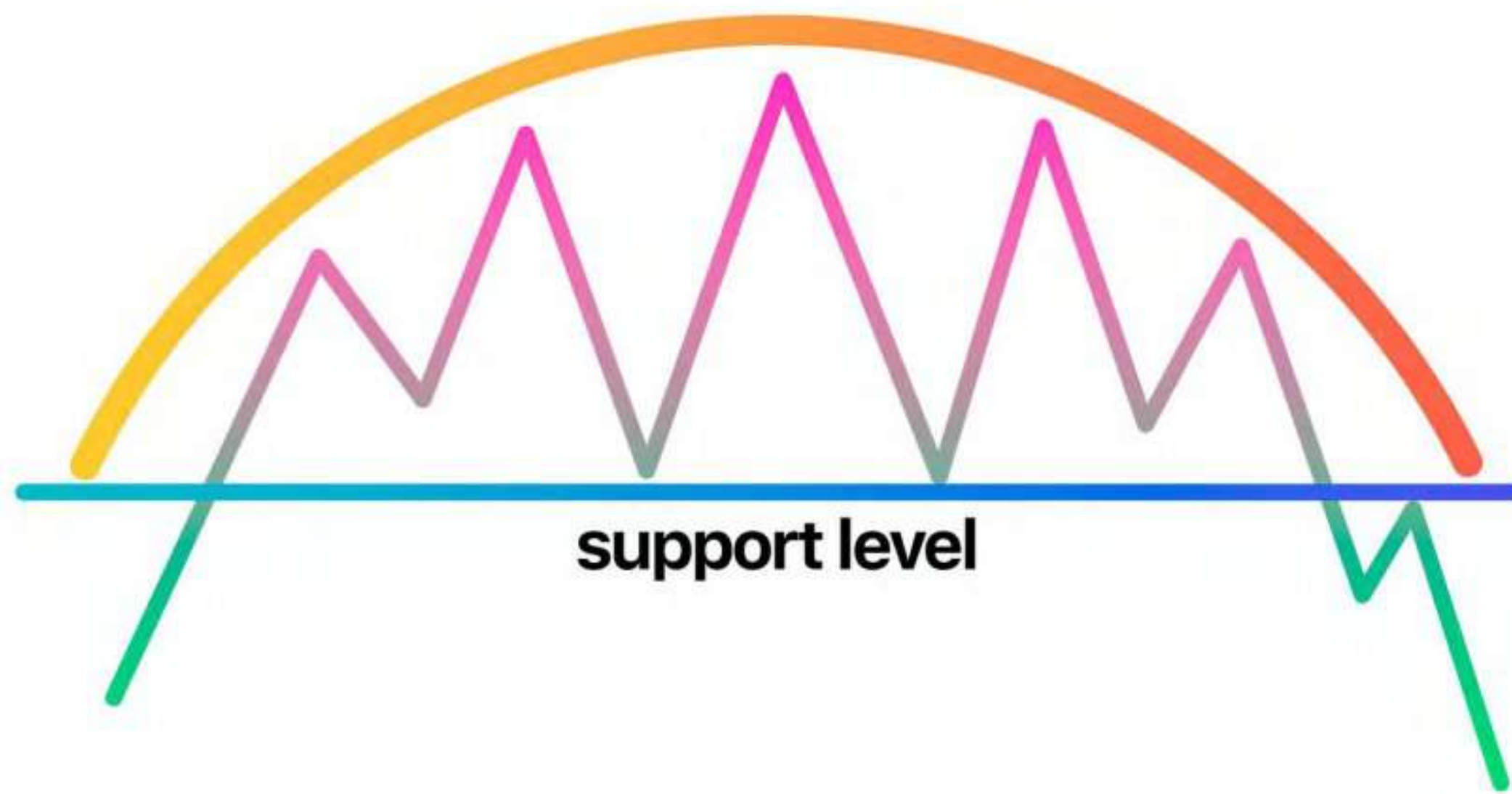


Chart: AVAXUSDT  
Time frame: 1D  
Date: 24 Aug` 21





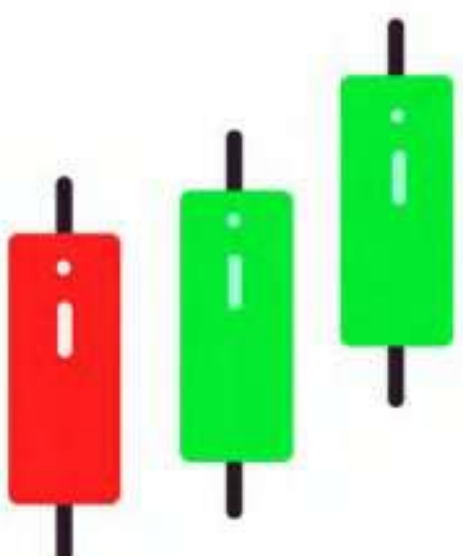
# Rounding Top



## Example

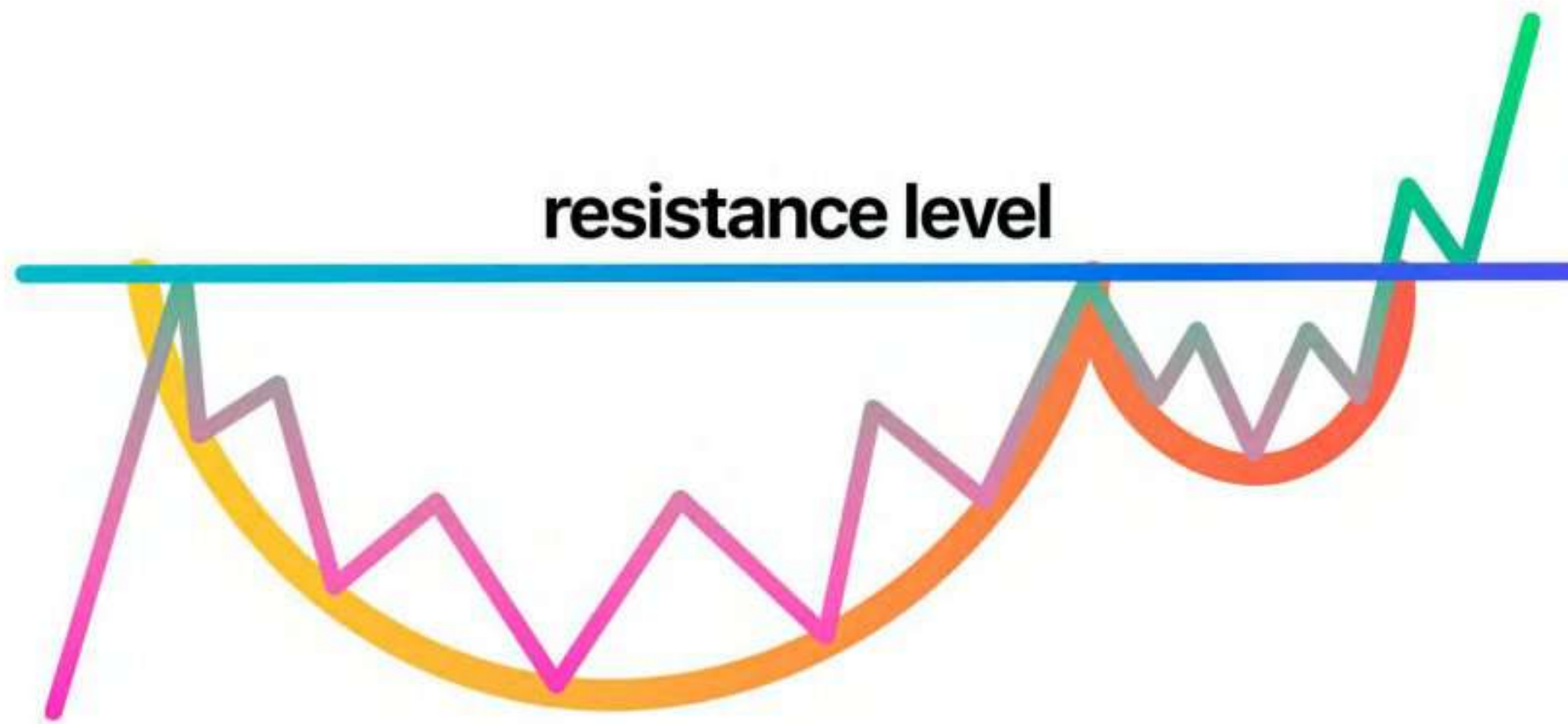


Chart: AUDUSD  
Time frame: 4H  
Date: 19 Sep` 19





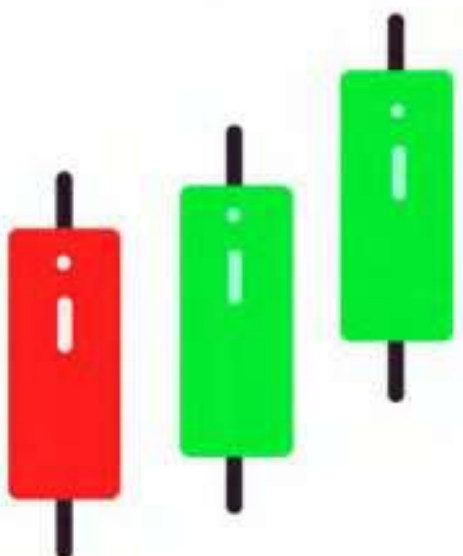
# Cap and Handle



## Example

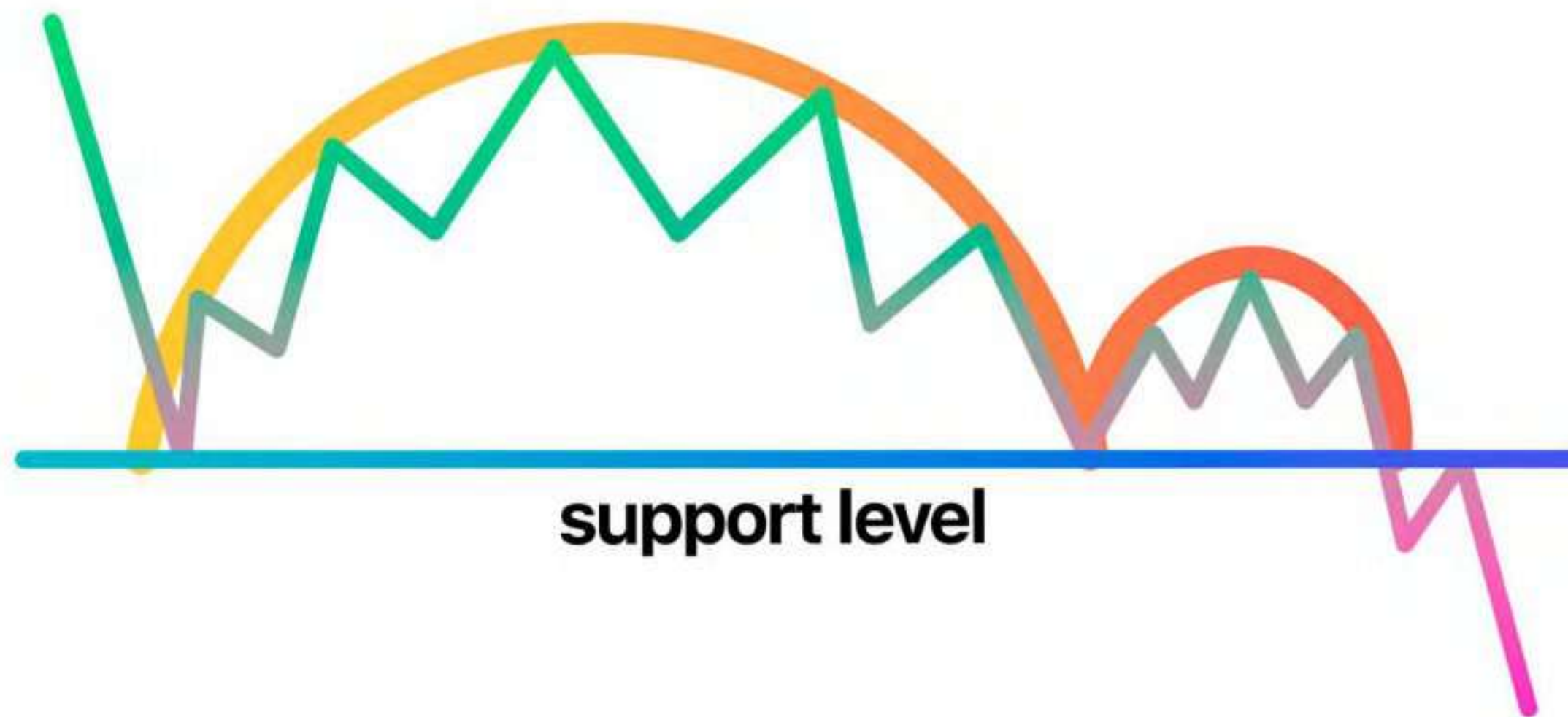


Chart: ETHUSDT  
Time frame: 4H  
Date: 08 Aug` 22





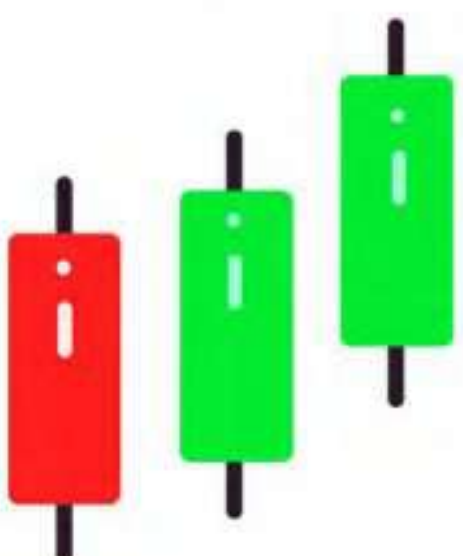
# Inverse Cap and Handle



## Example

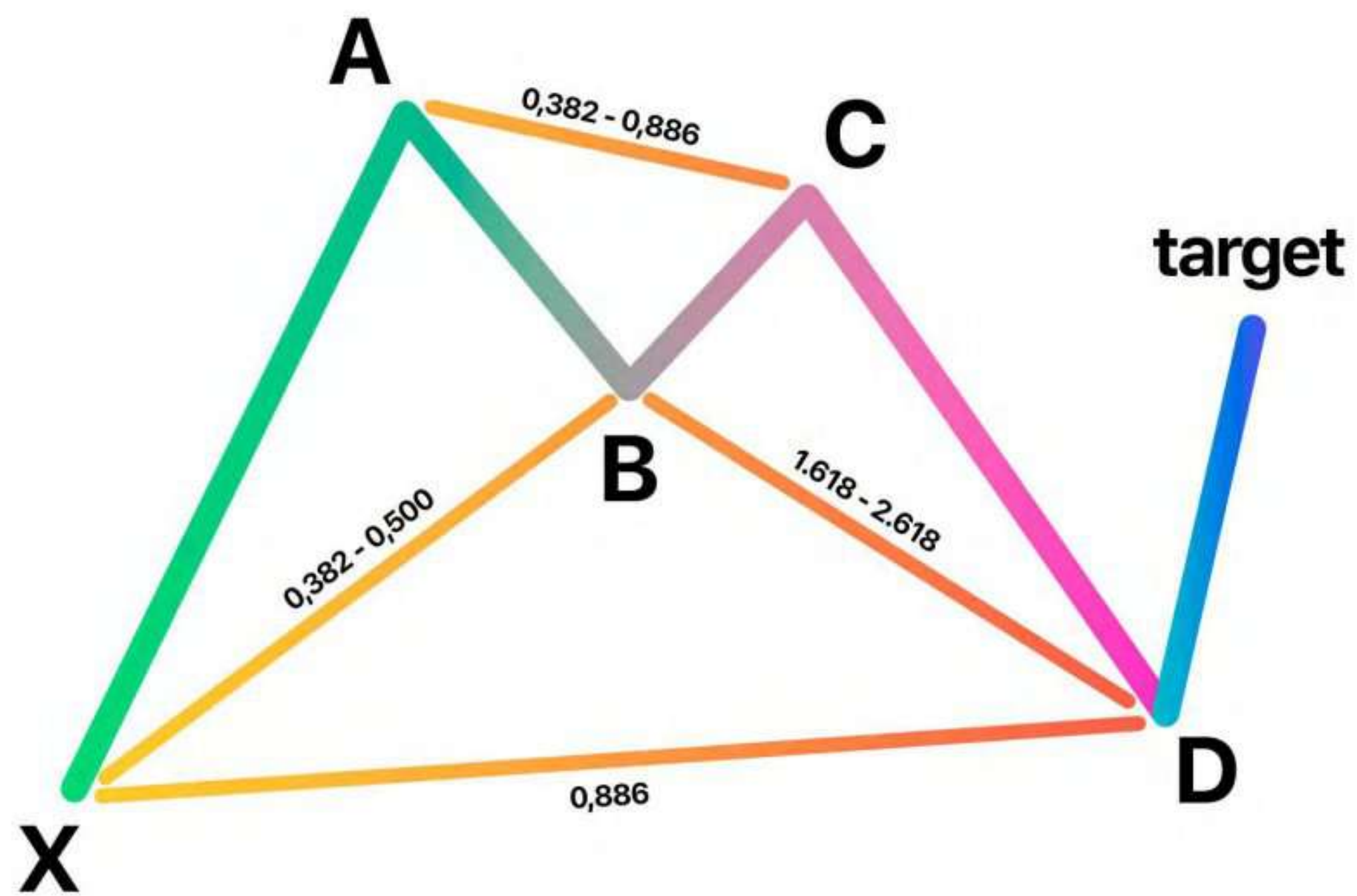


Chart: XAUUSD  
Time frame: 4H  
Date: 26 Aug` 22





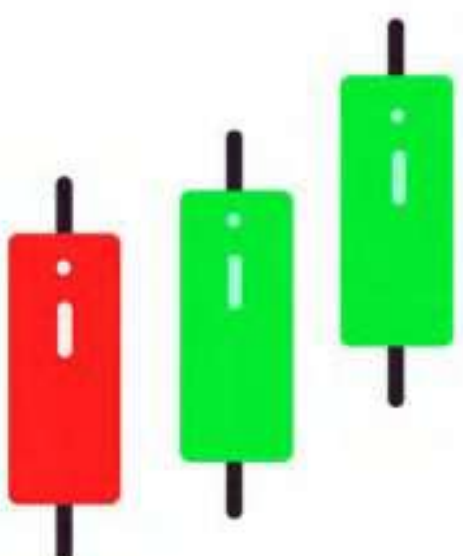
# Bullish Bat



## Example

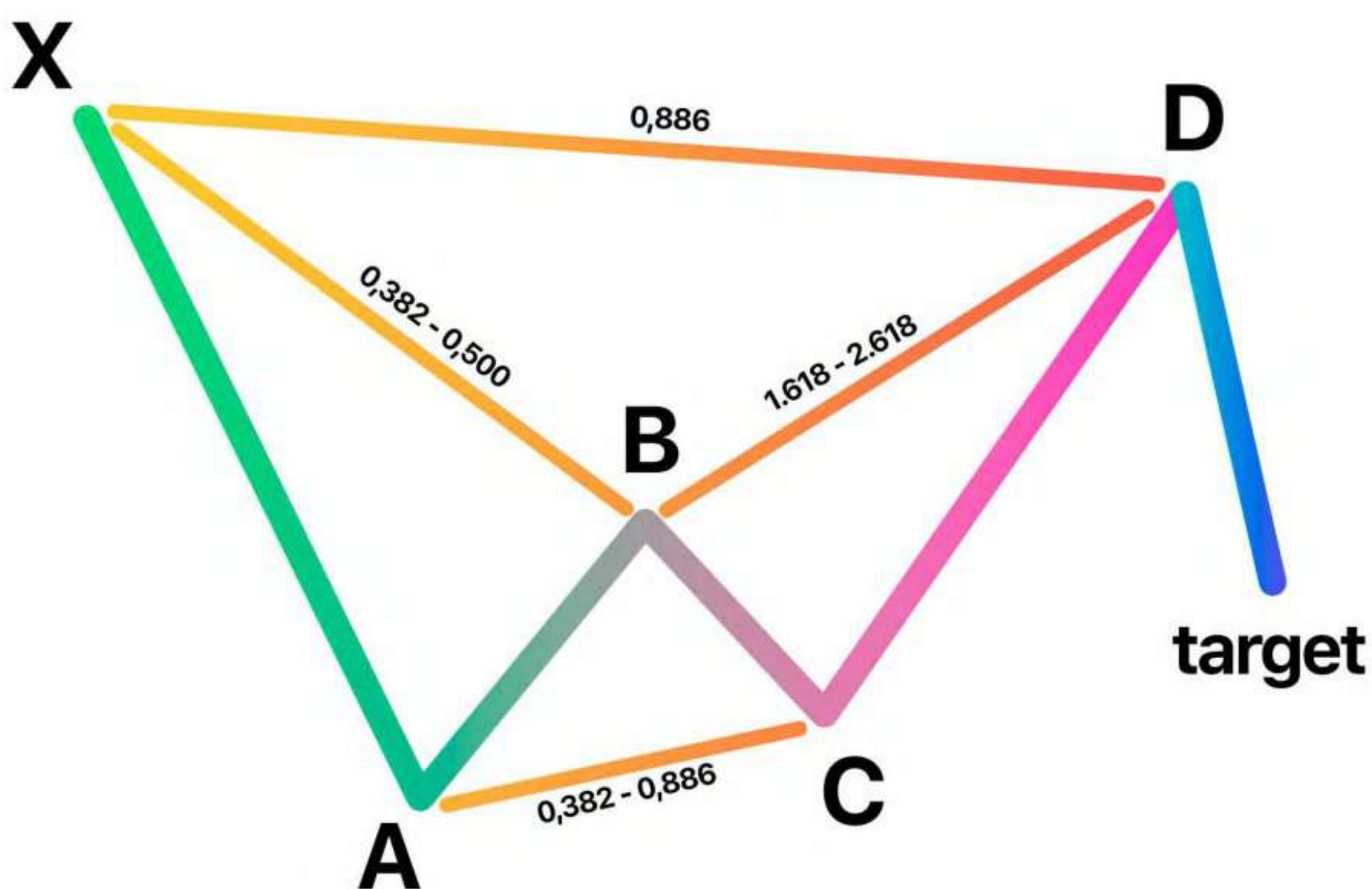


Chart: EURUSD  
Time frame: 4H  
Date: 31 Mar` 21





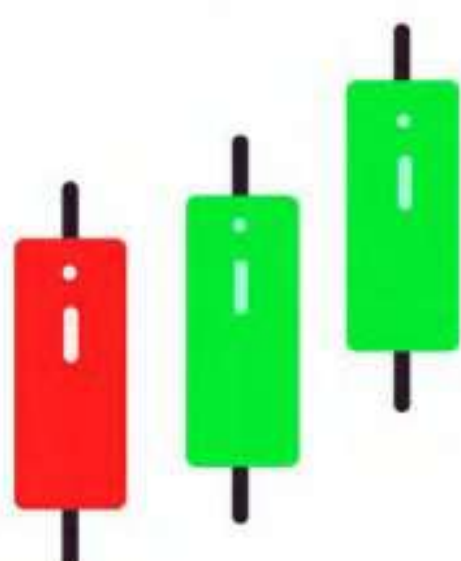
# Bearish Bat



## Example



Chart: EURCHF  
Time frame: 1H  
Date: 01 Jun` 21

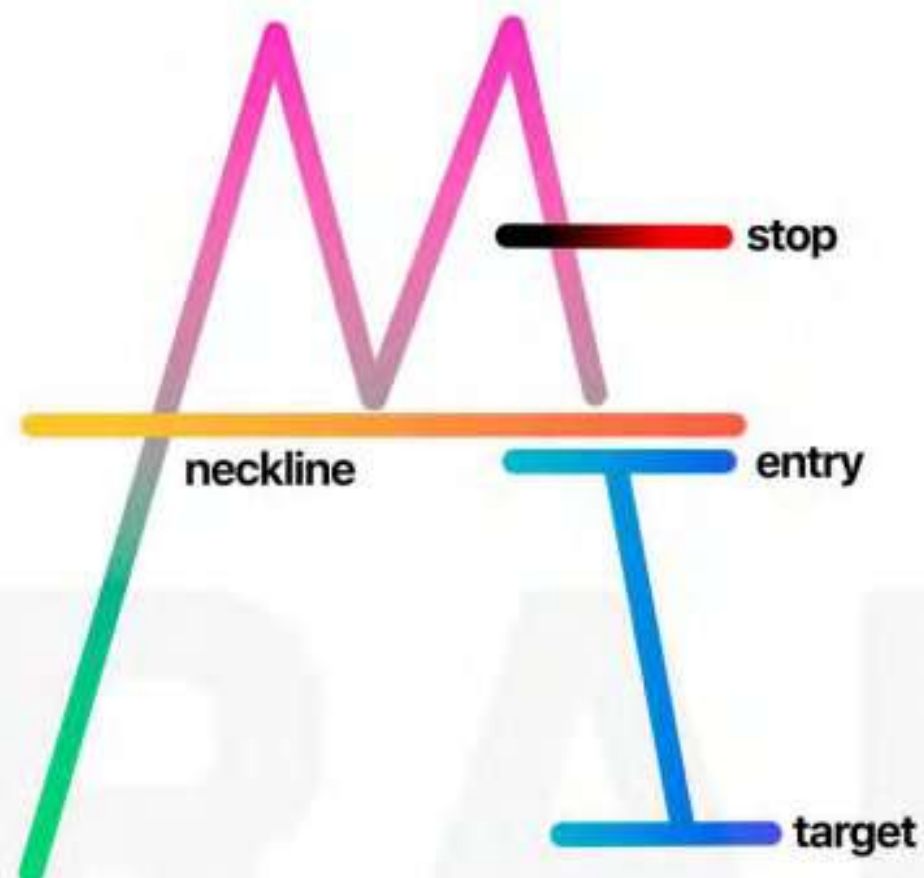




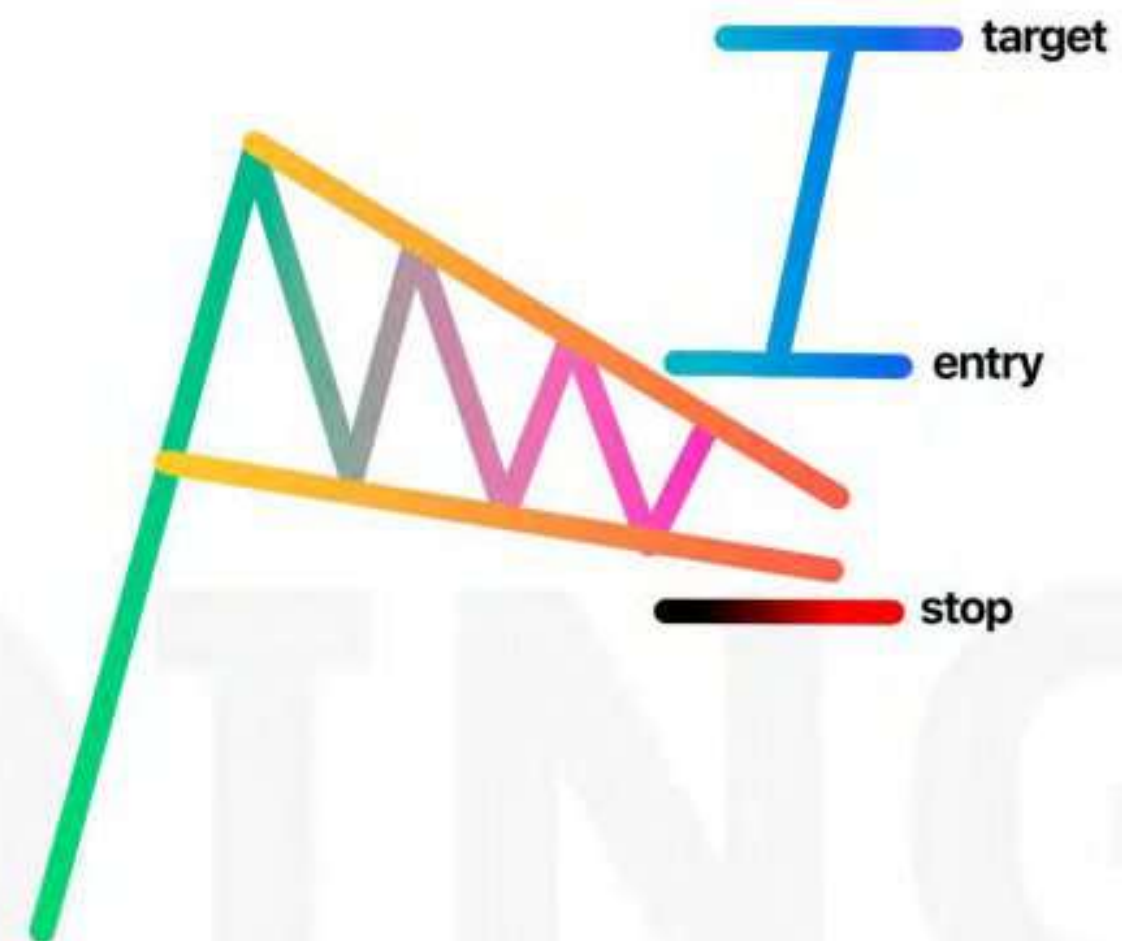
# Printable Pattern Sheets

@tradingface

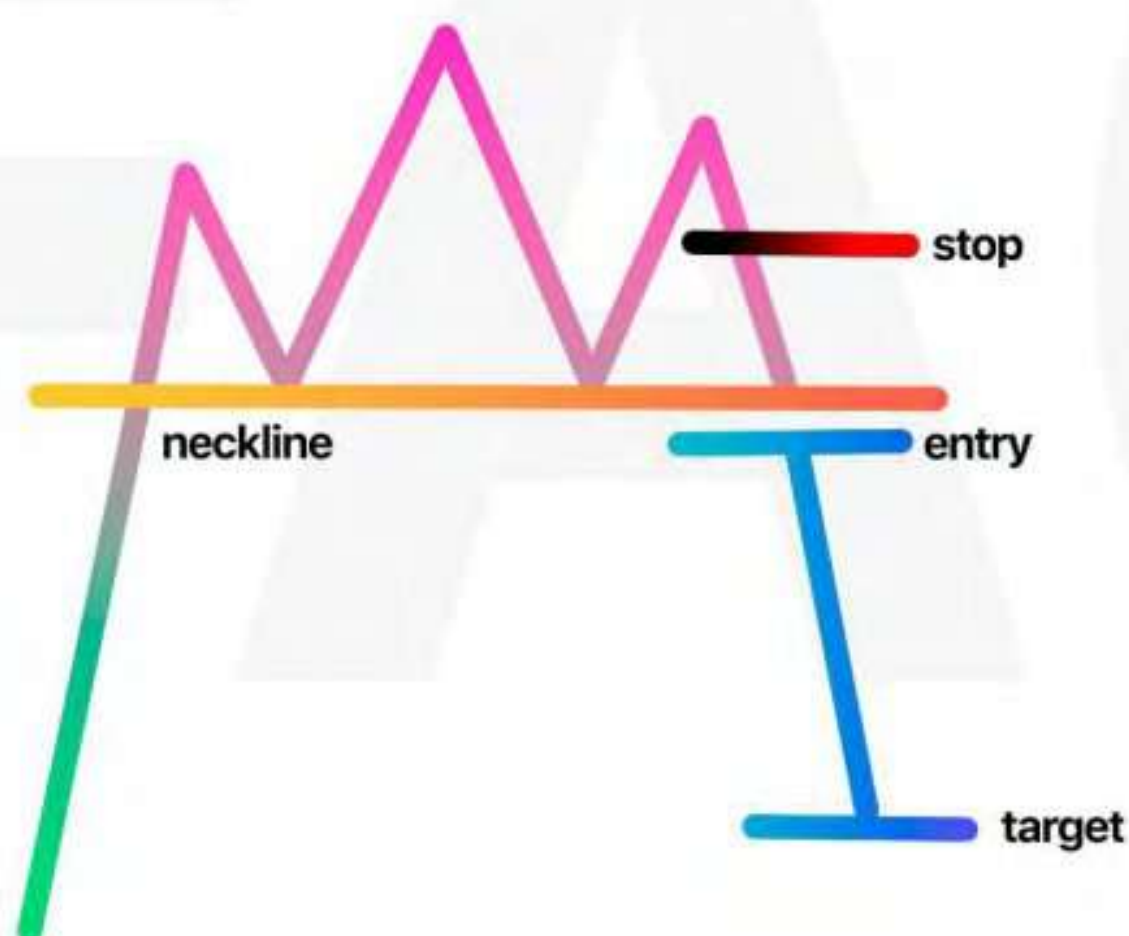
## Double Top



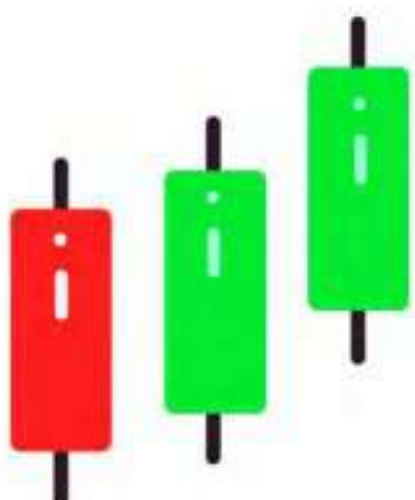
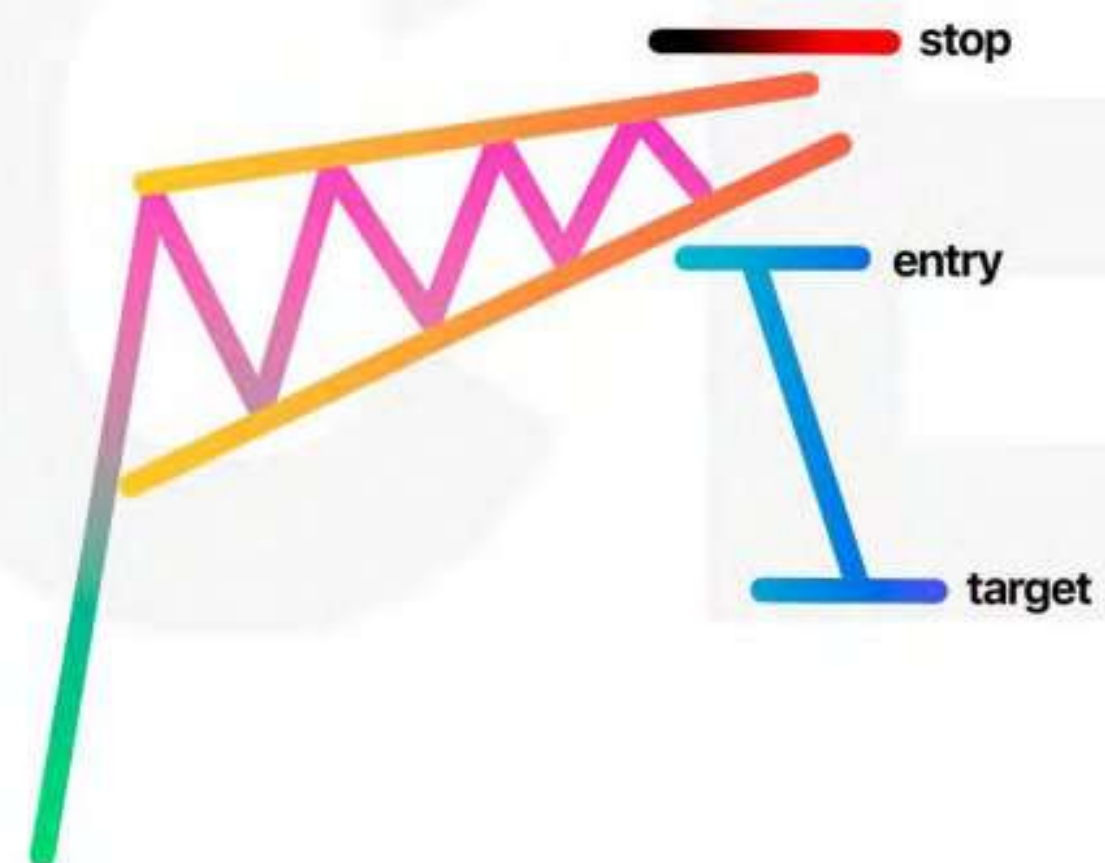
## Falling Wedge



## Head and Shoulders



## Rising Wedge

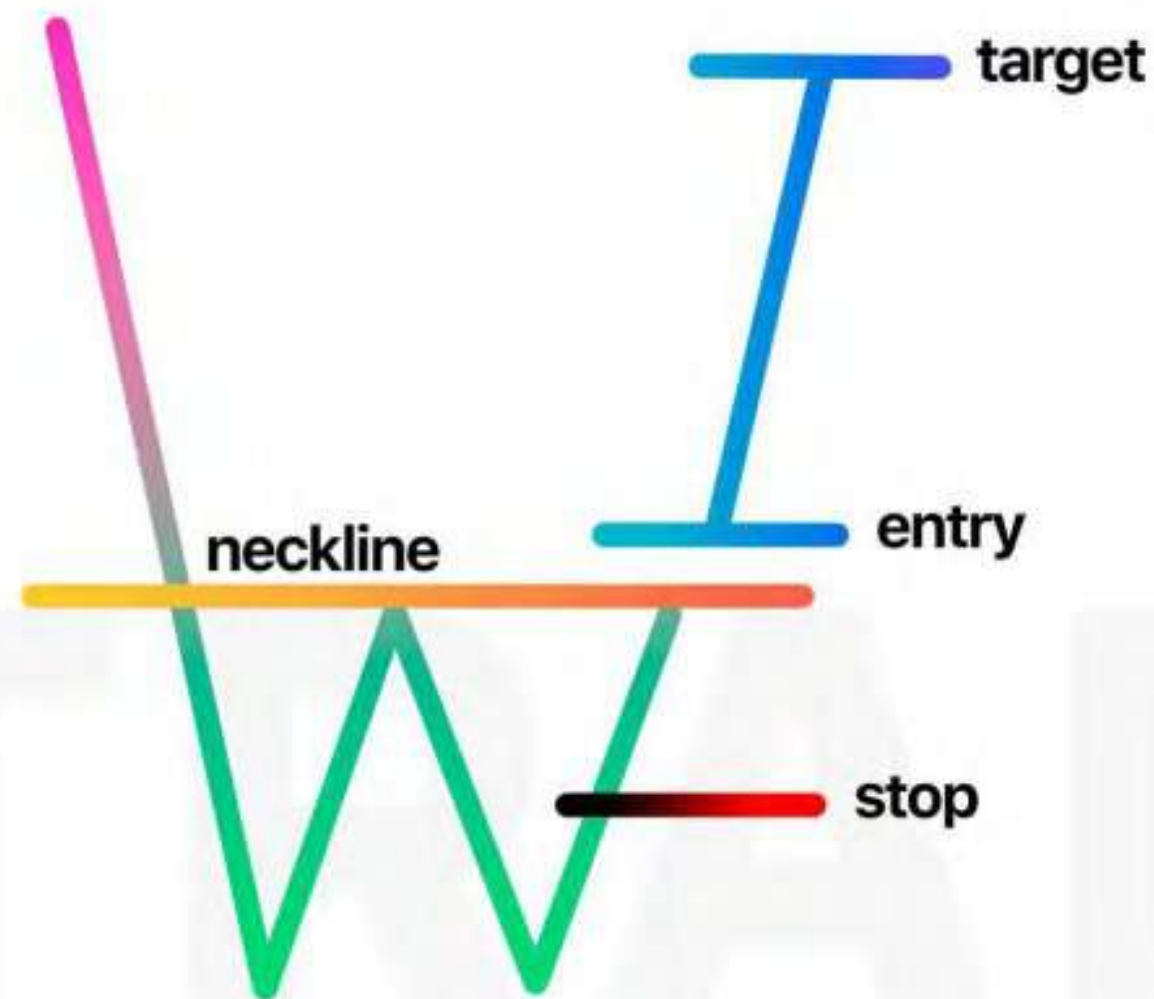




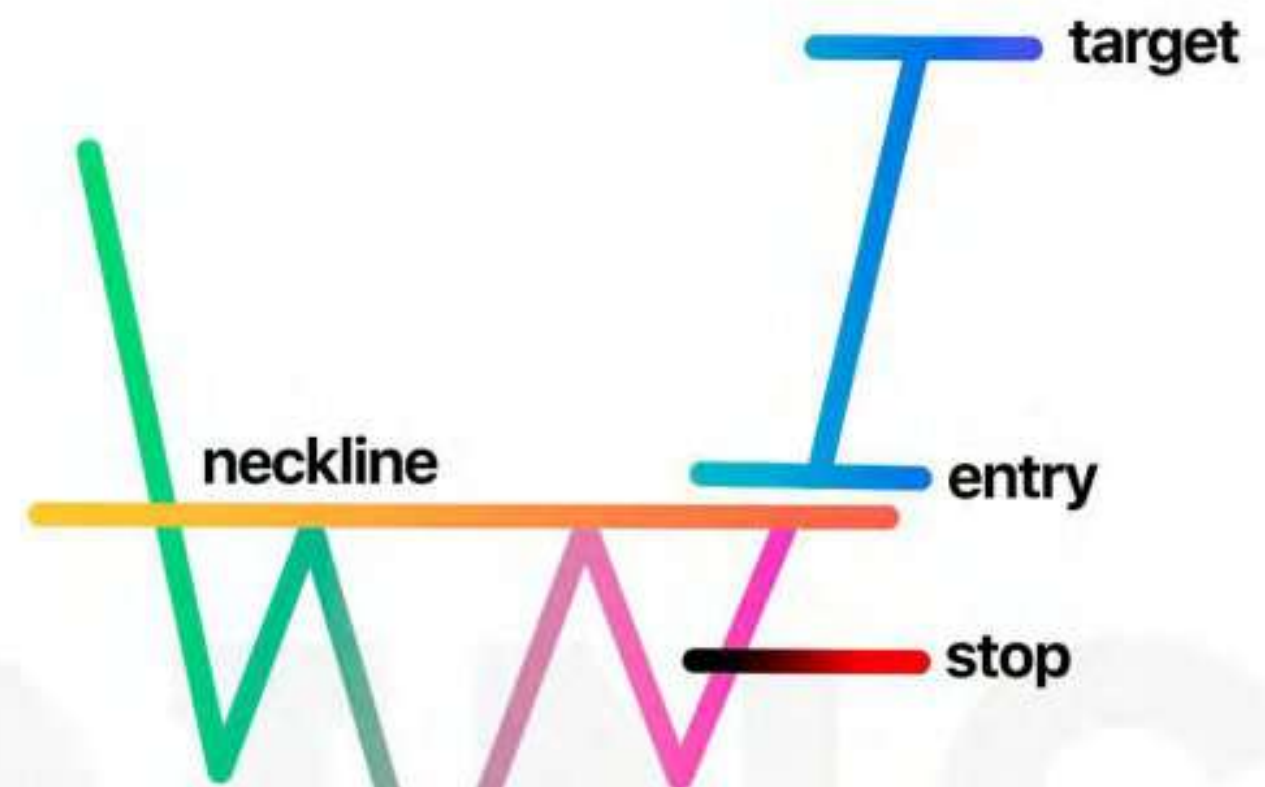
# Printable Pattern Sheets

@tradingface

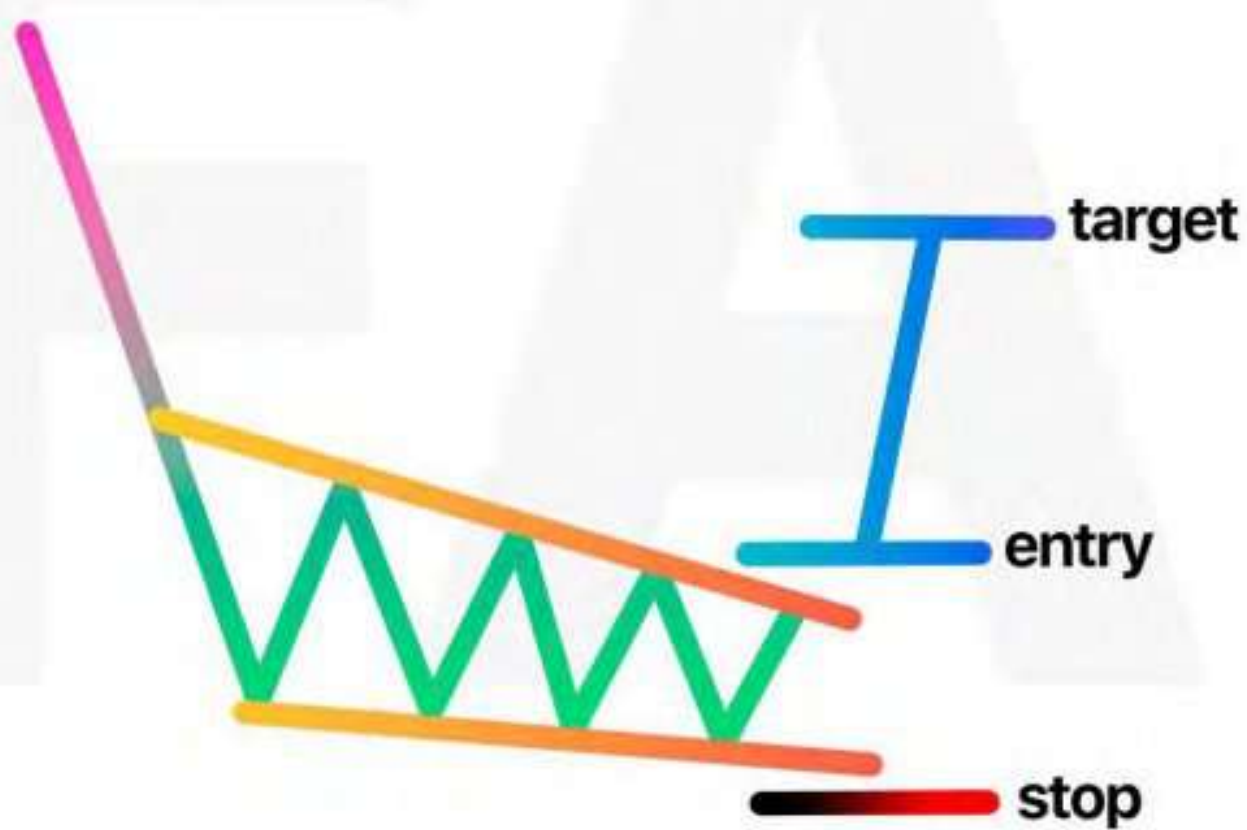
## Double Bottom



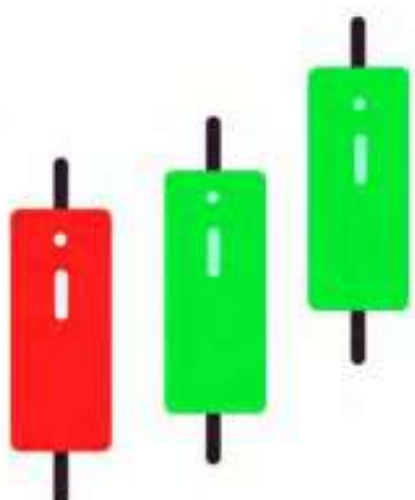
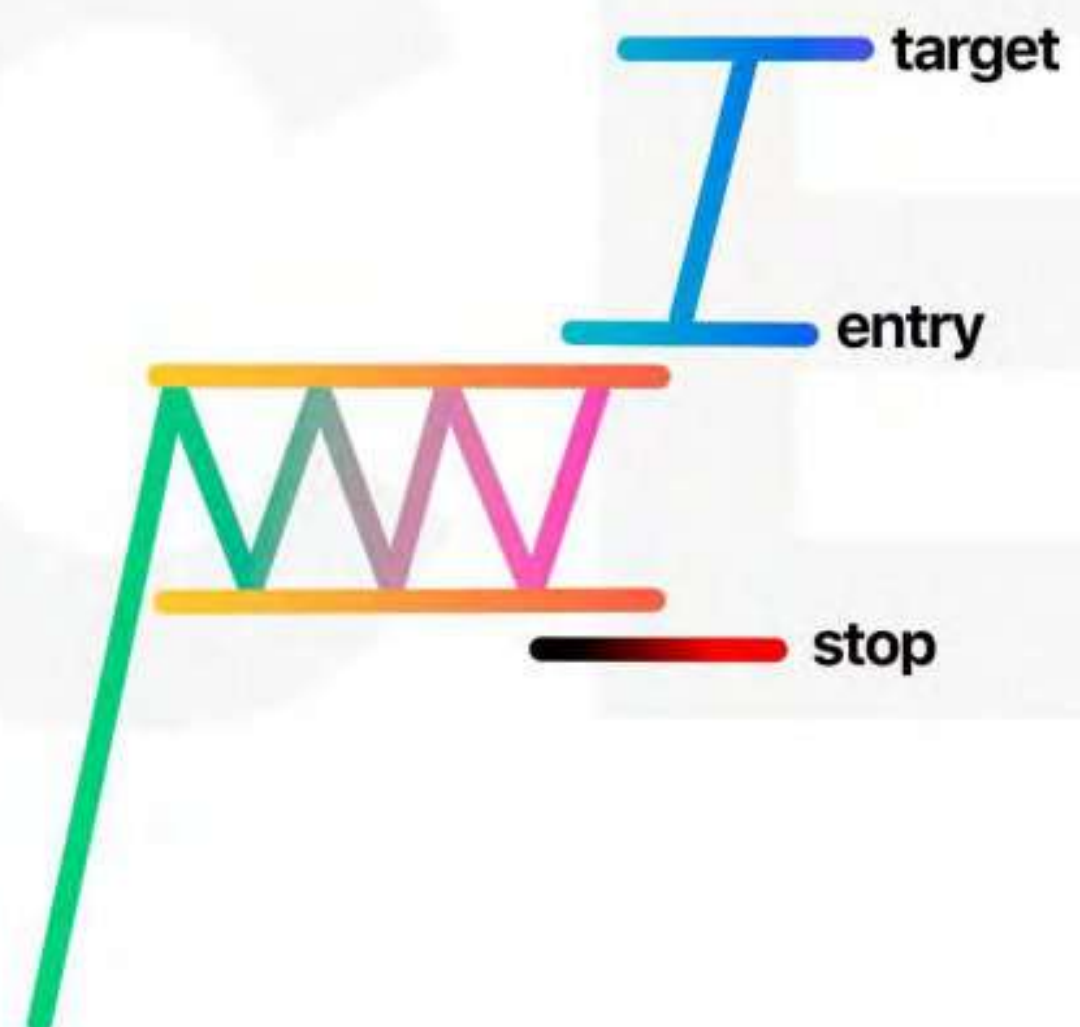
## Inverse Head and Shoulders



## Falling Wedge



## Bullish Rectangle

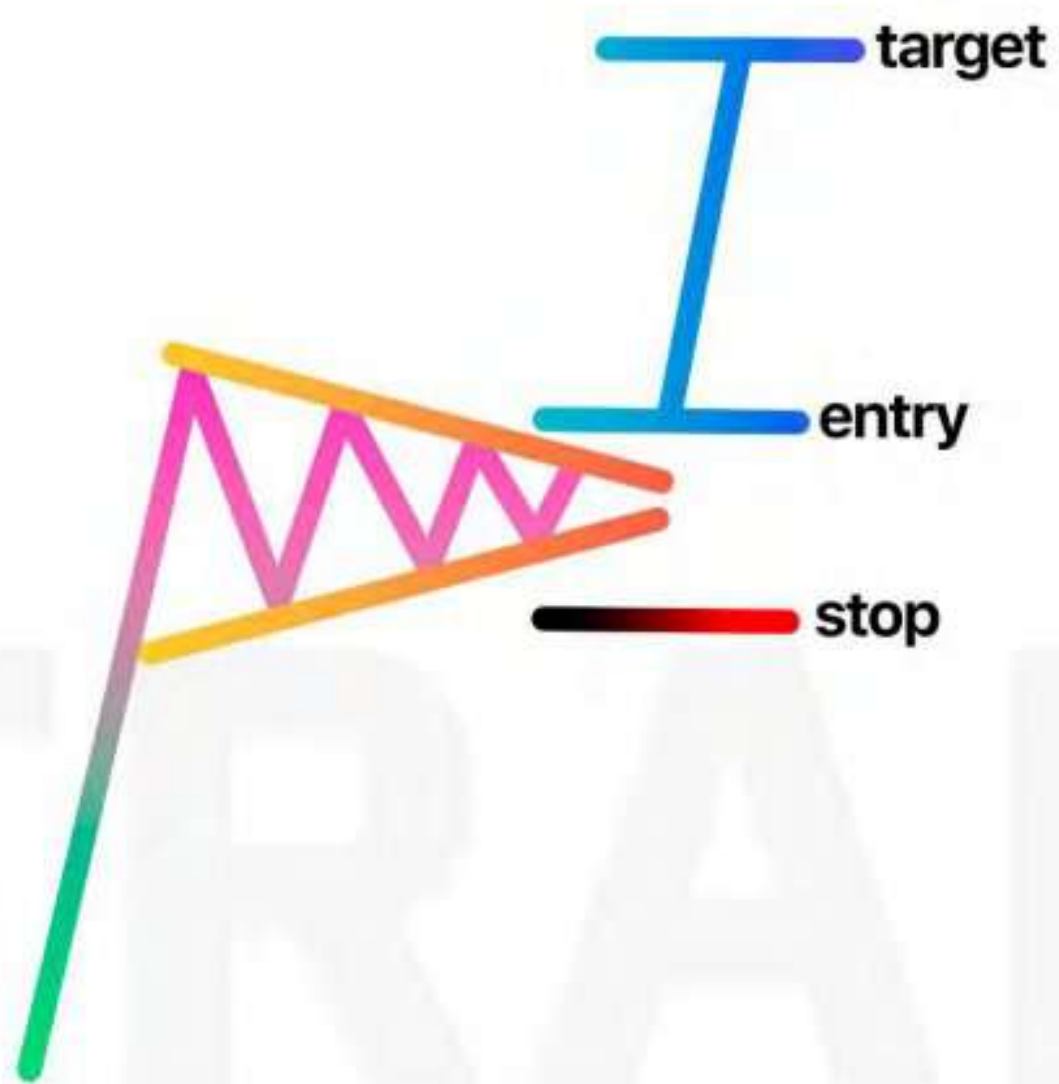




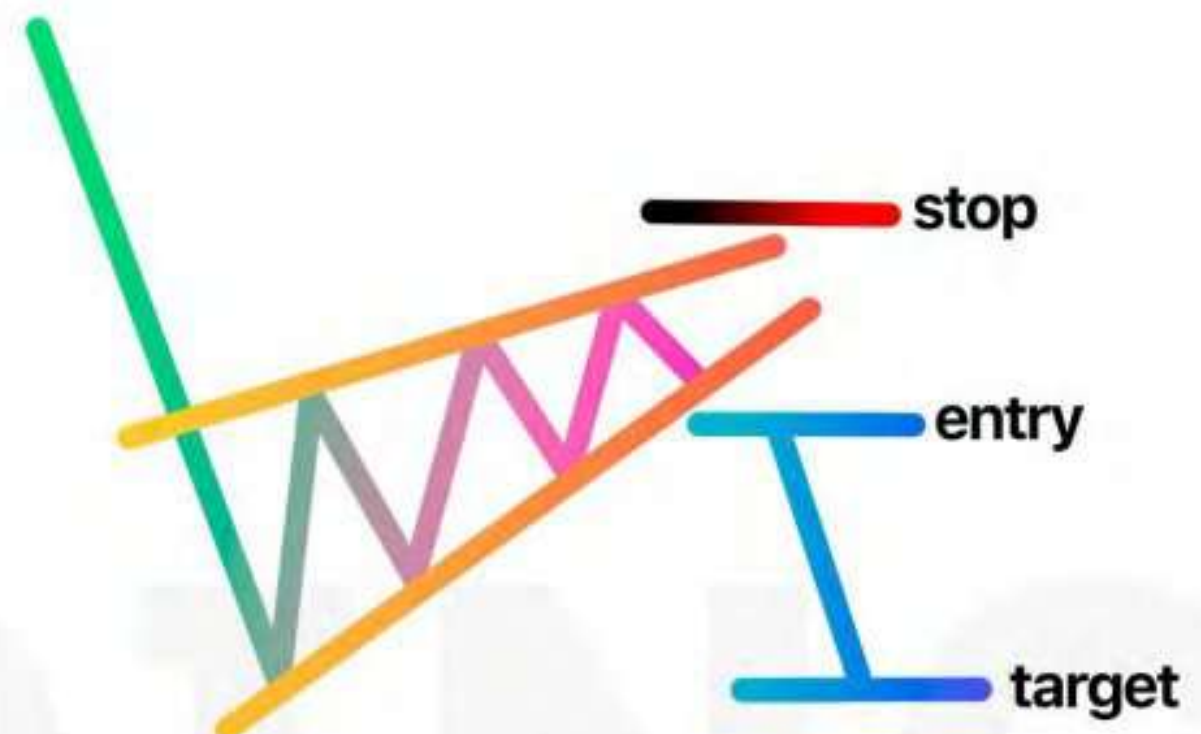
# Printable Pattern Sheets

@tradingface

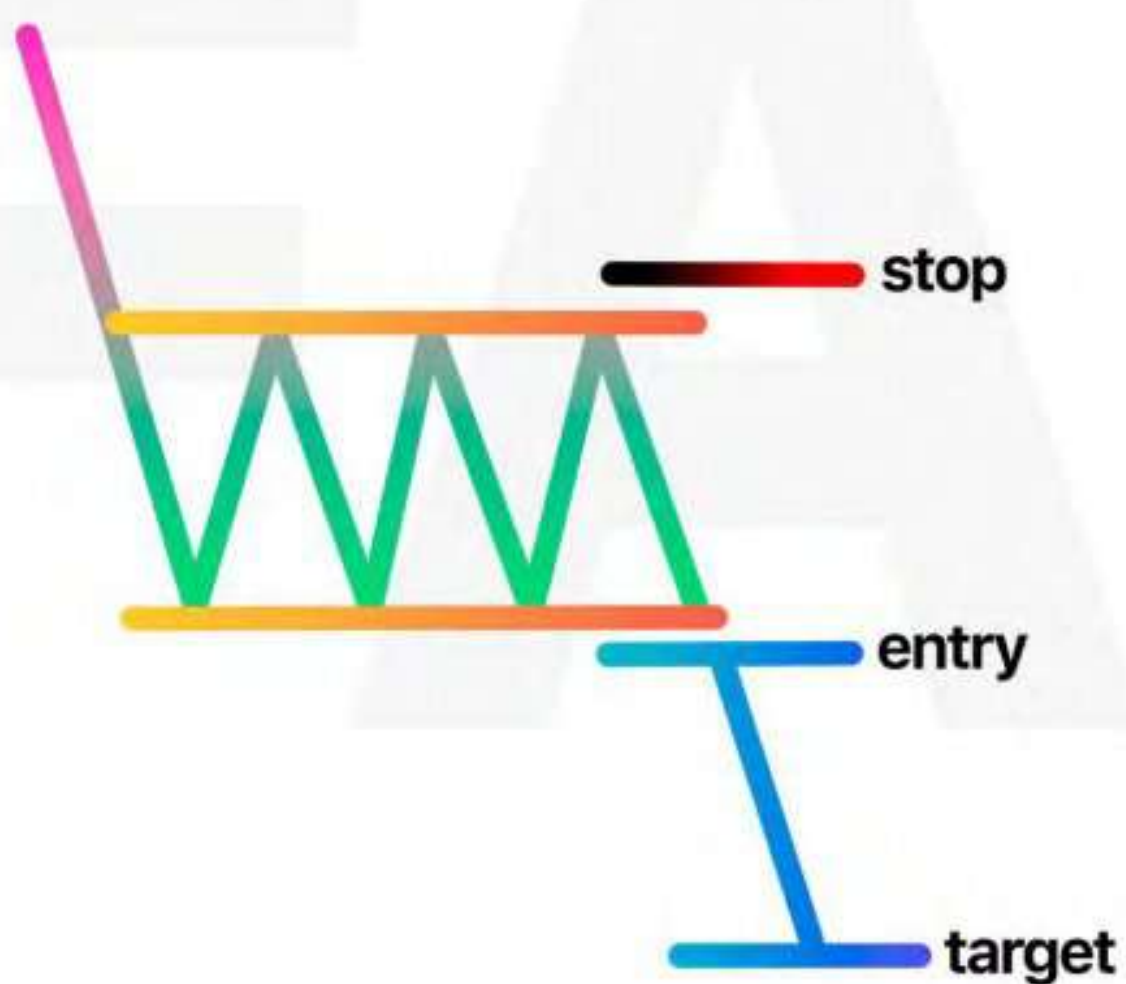
Bullish Pennant



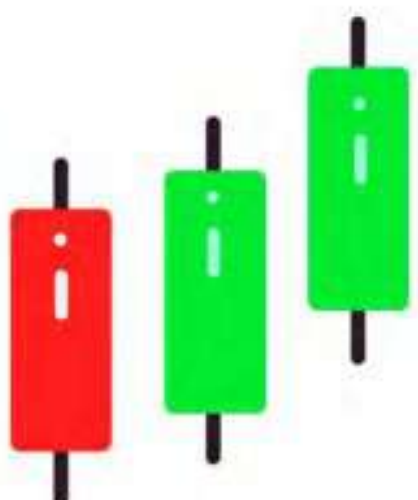
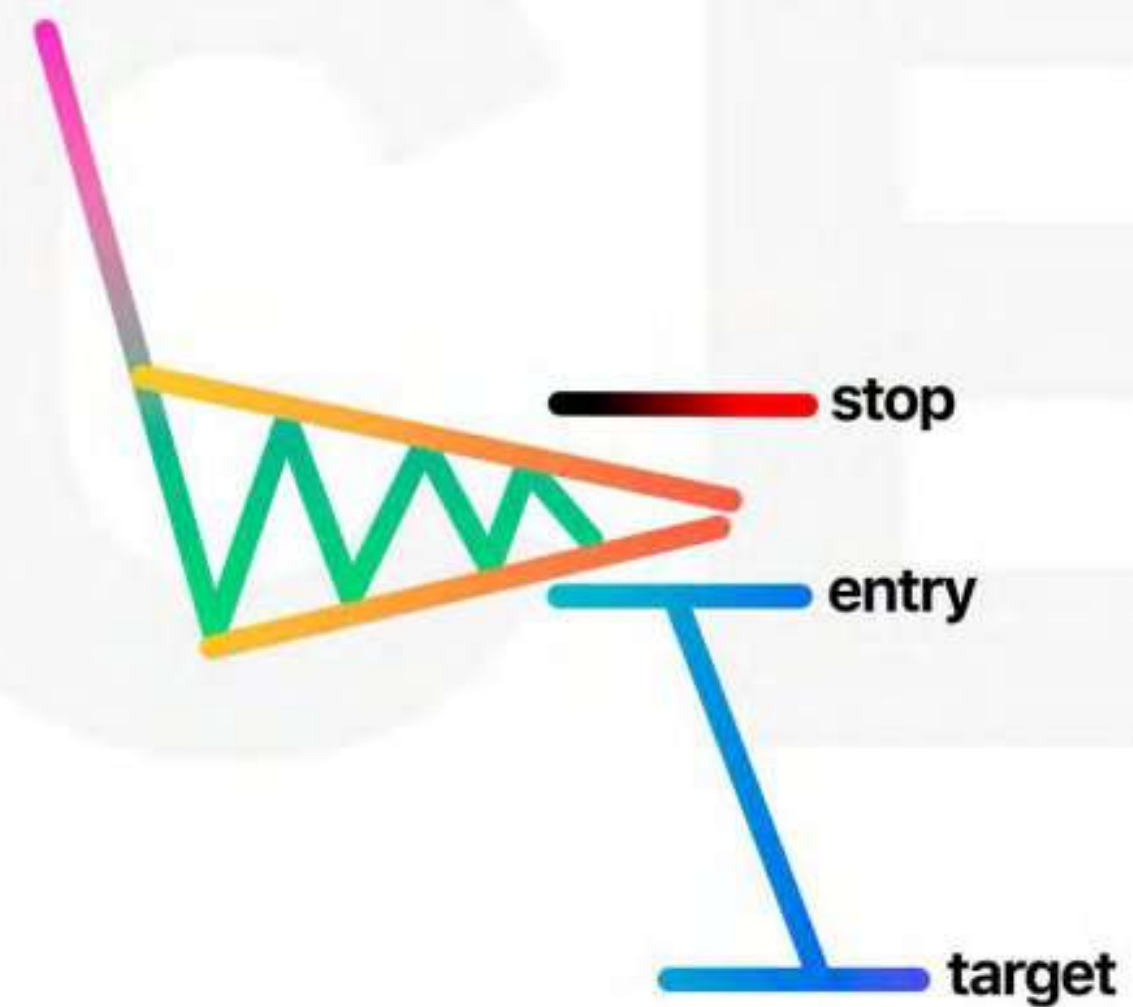
Rising Wedge



Bearish Rectangle



Bearish Pennant

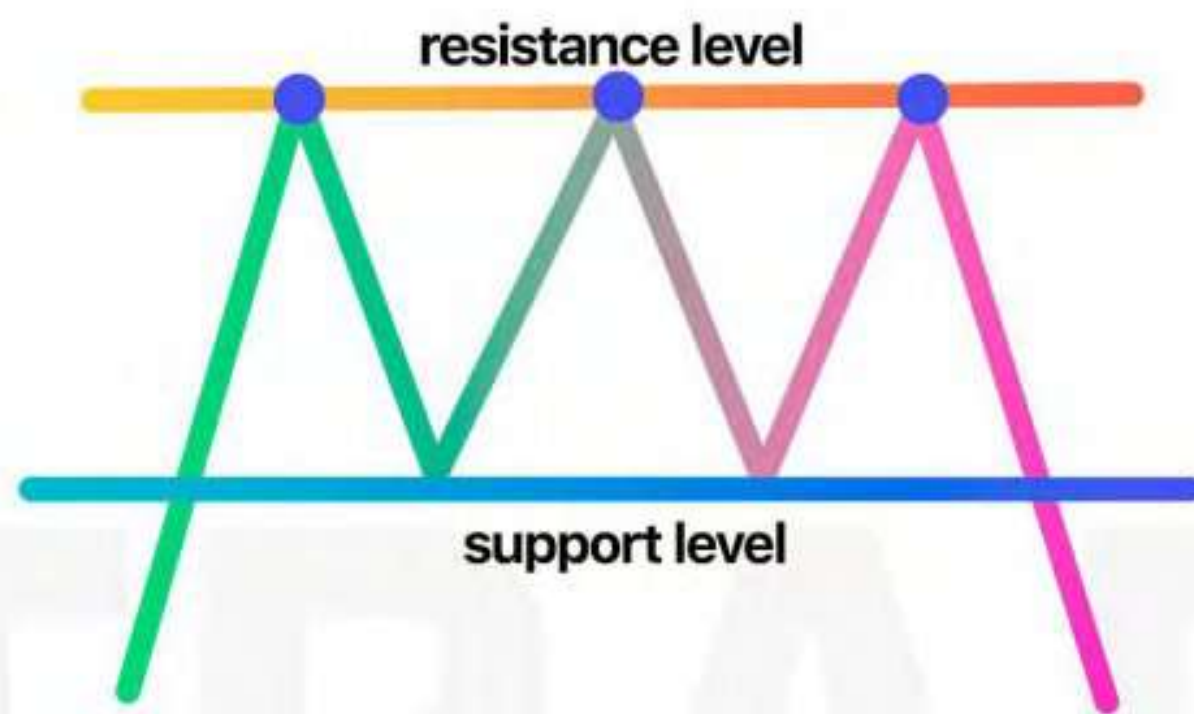




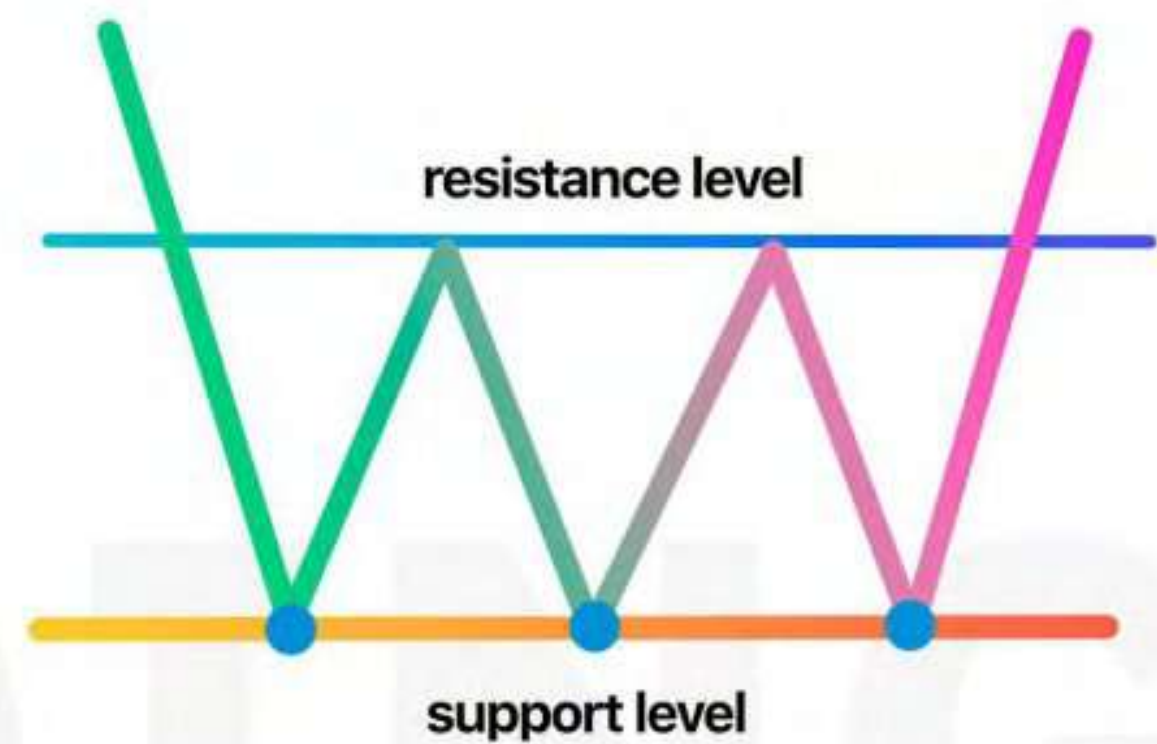
# Printable Pattern Sheets

@tradingface

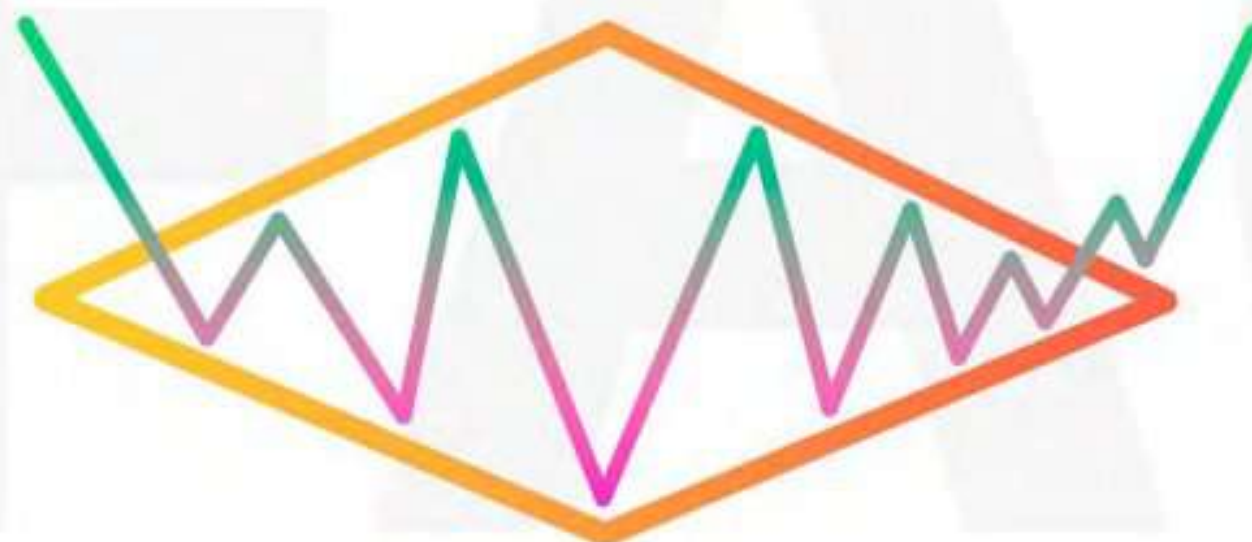
Triple Top



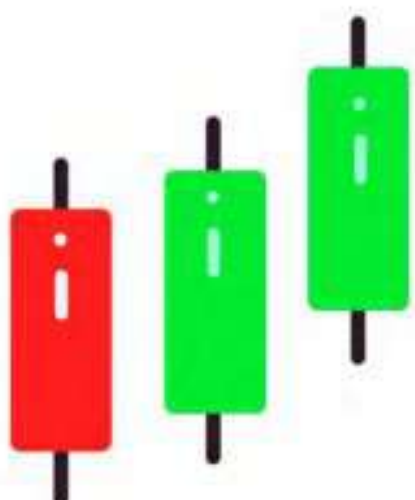
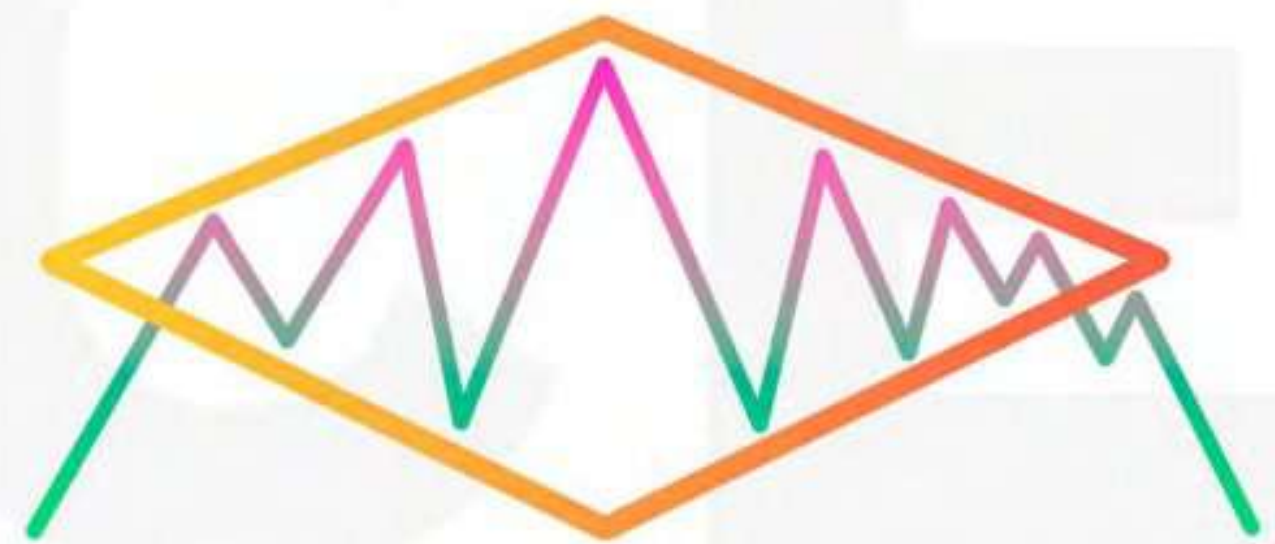
Triple Bottom



Bullish Diamond Pattern



Bearish Diamond Pattern

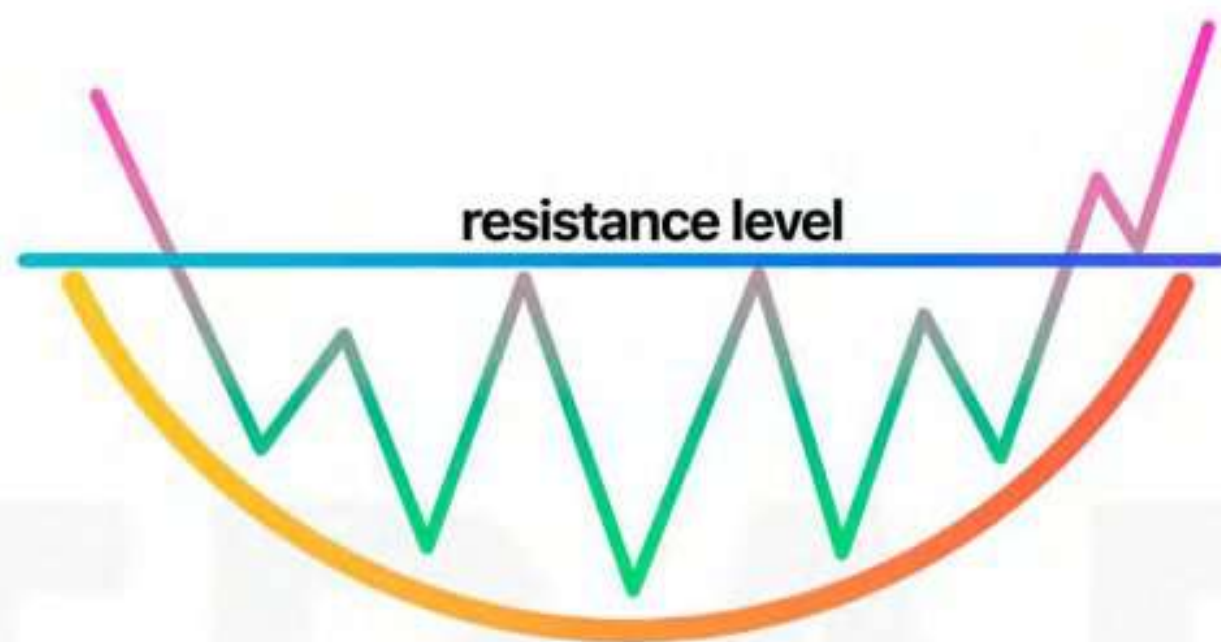




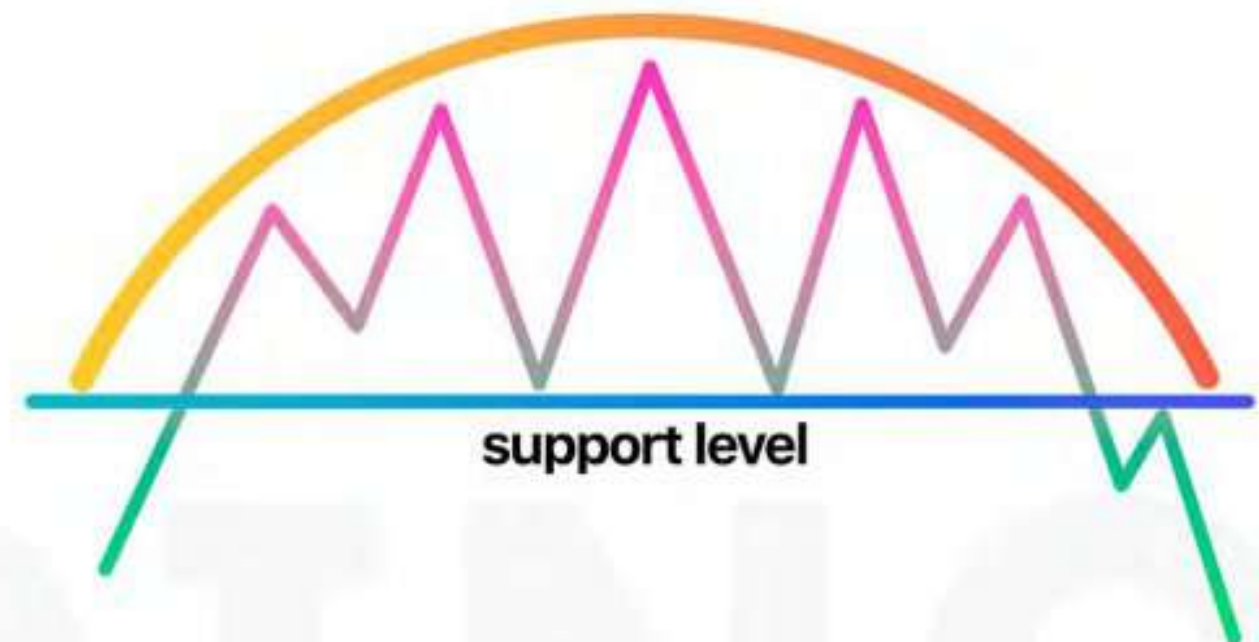
# Printable Pattern Sheets

@tradingface

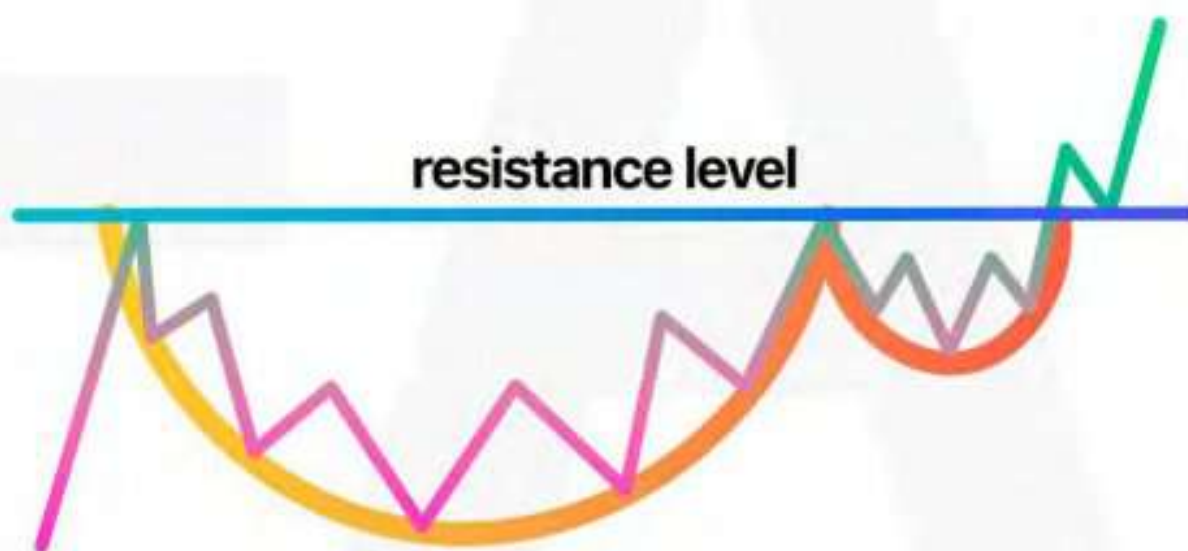
Rounding Bottom



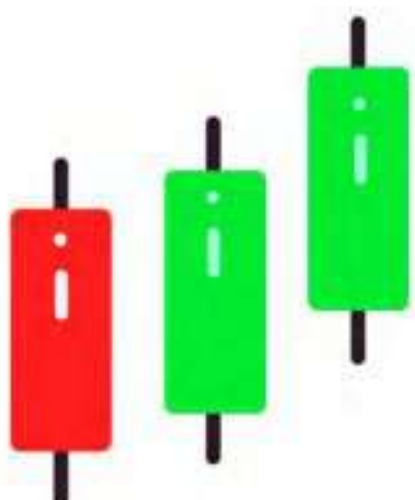
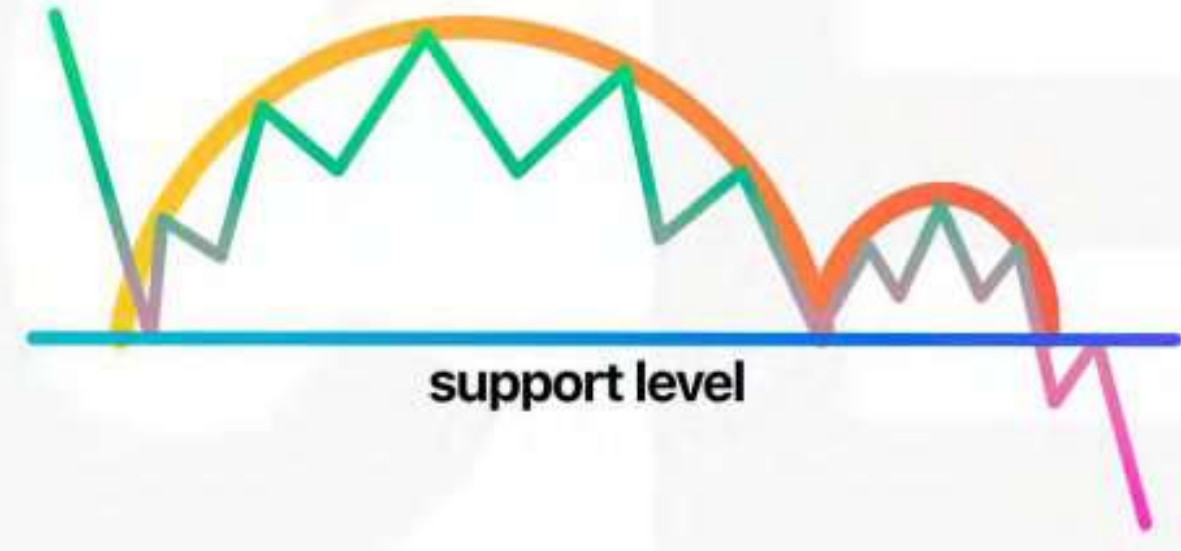
Rounding Top



Cap and Handle



Inverse Cap and Handle

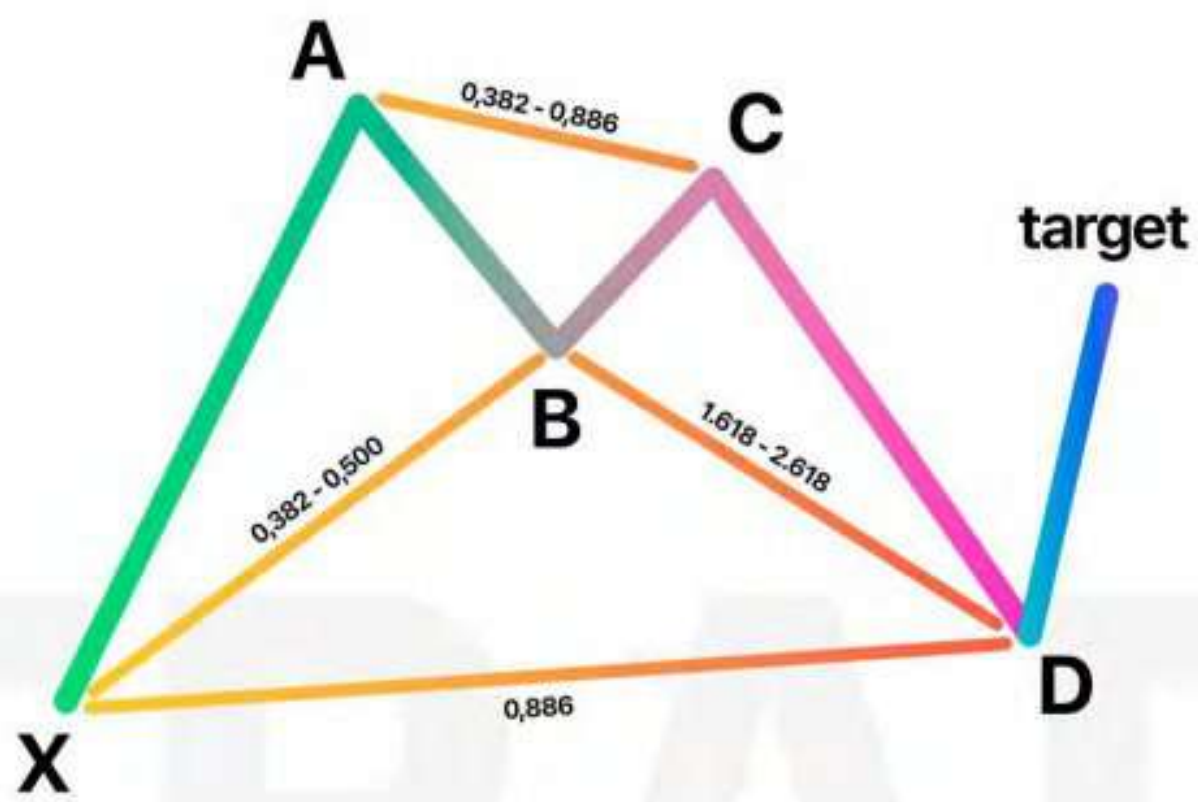




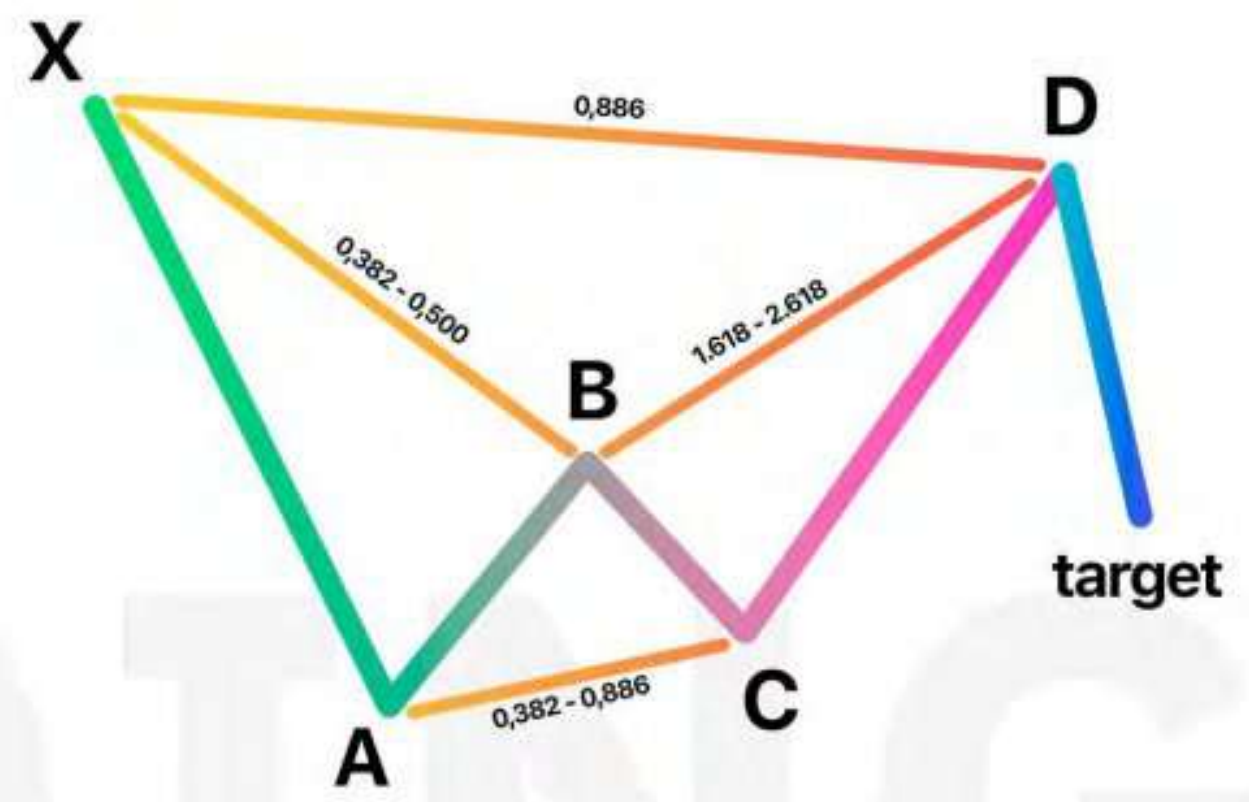
# Printable Pattern Sheets

@tradingface

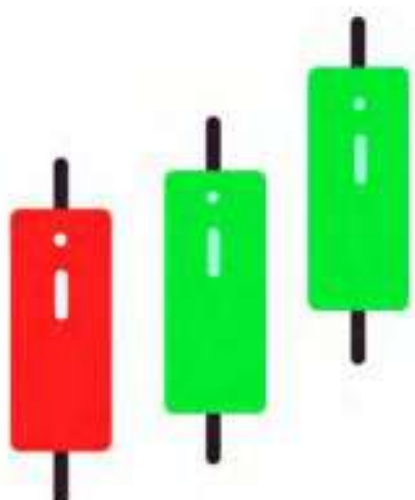
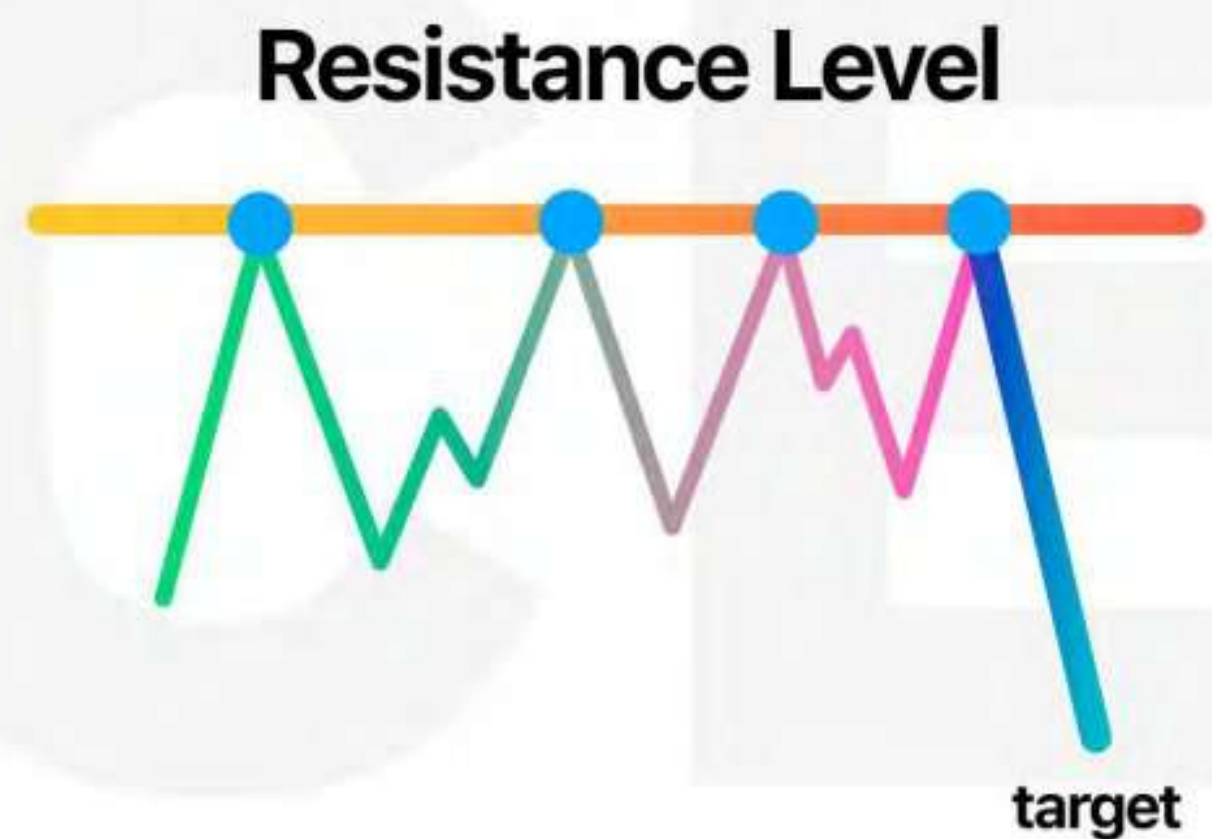
Bullish Bat



Bearish Bat



Support Level

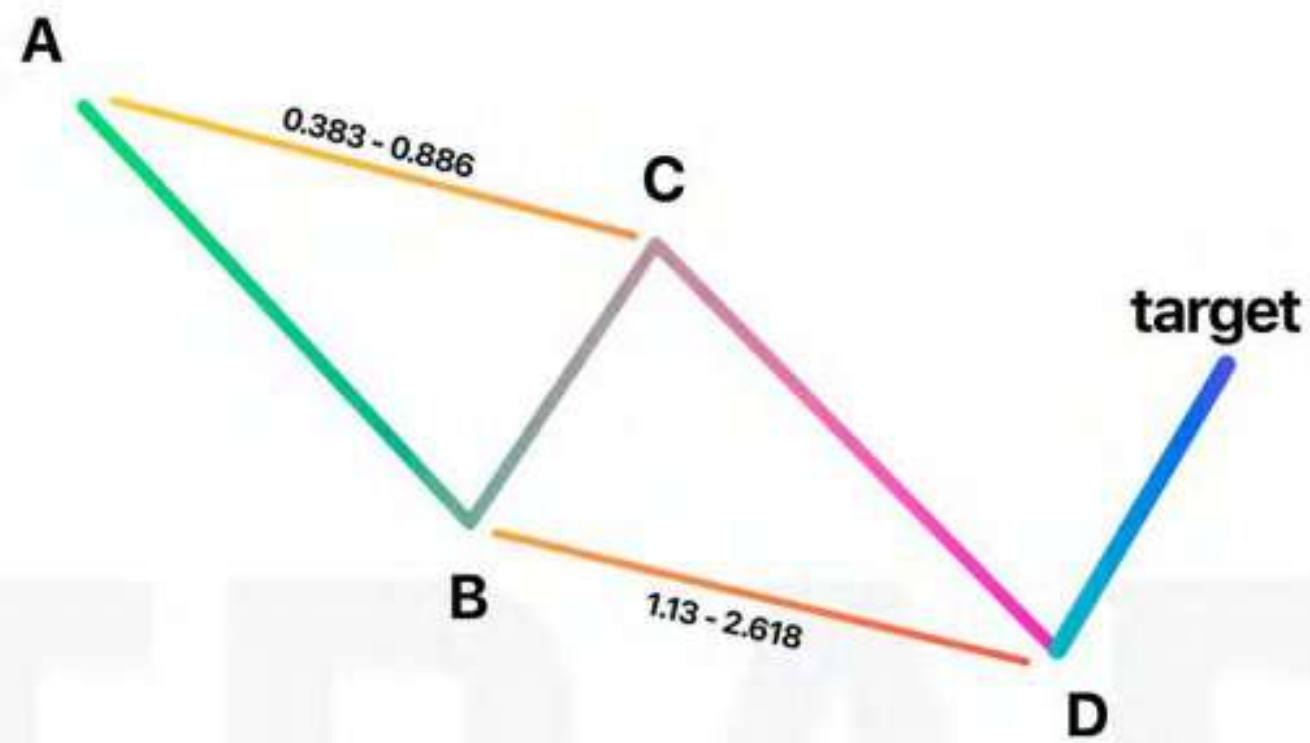




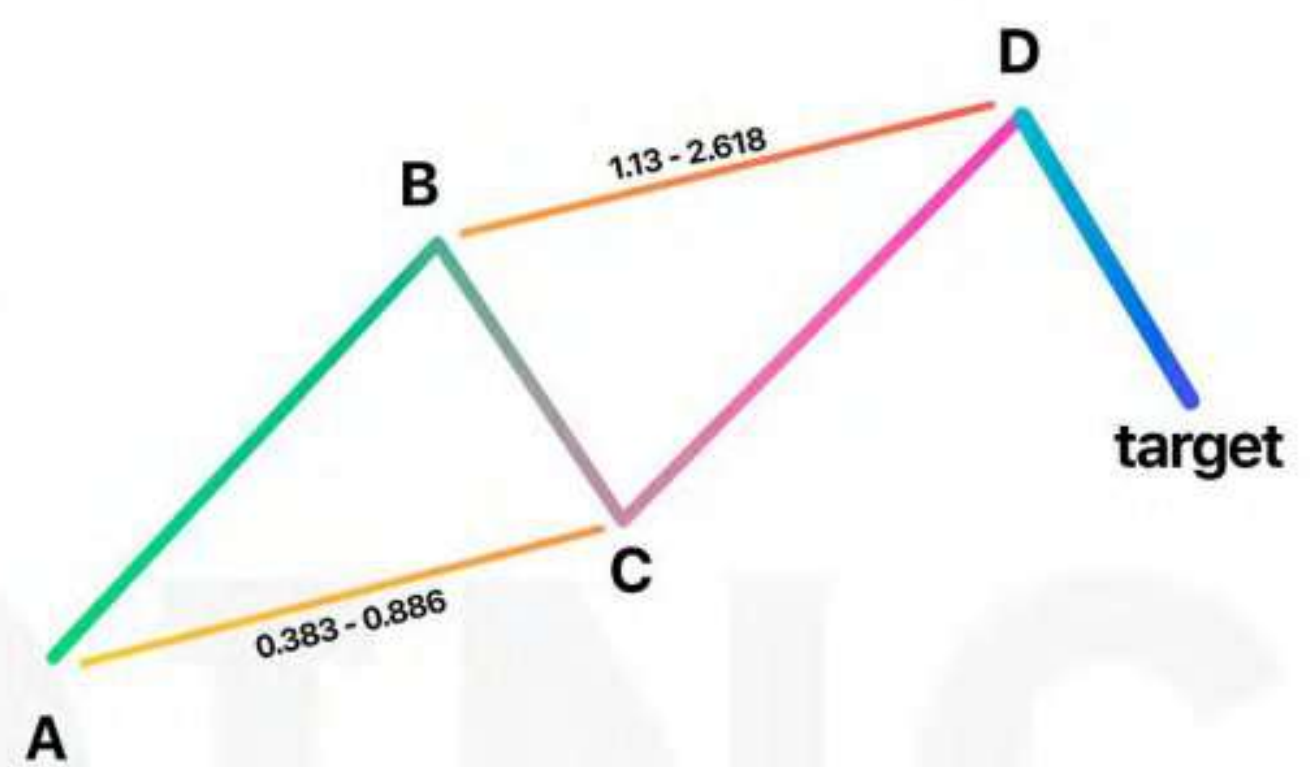
# Printable Pattern Sheets

@tradingface

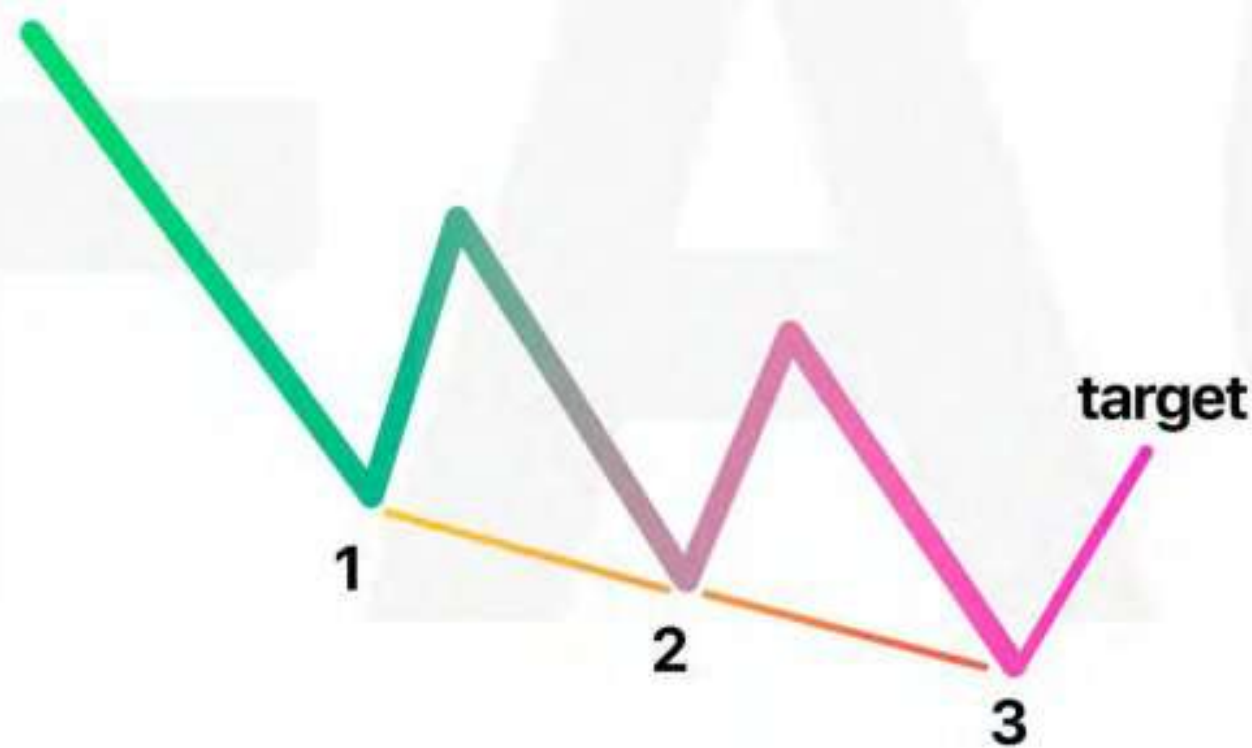
Bullish AB=CD



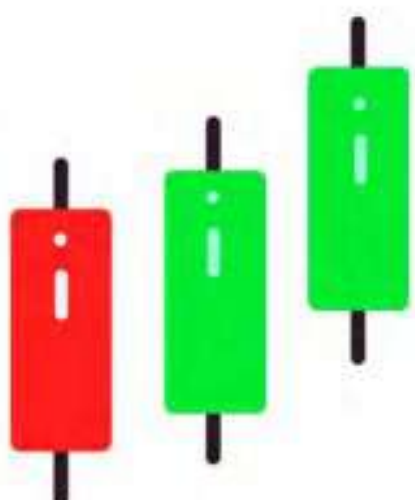
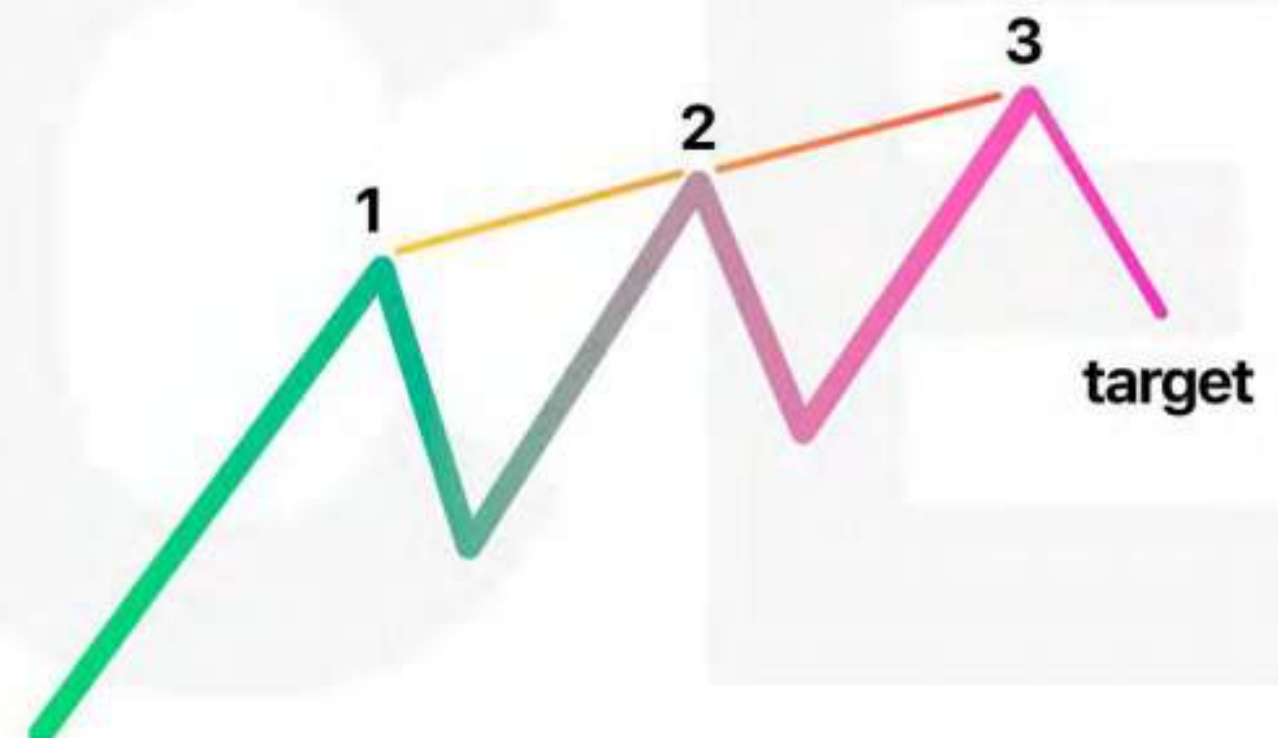
Bearish AB=CD



Bullish Three Drives



Bearish Three Drives

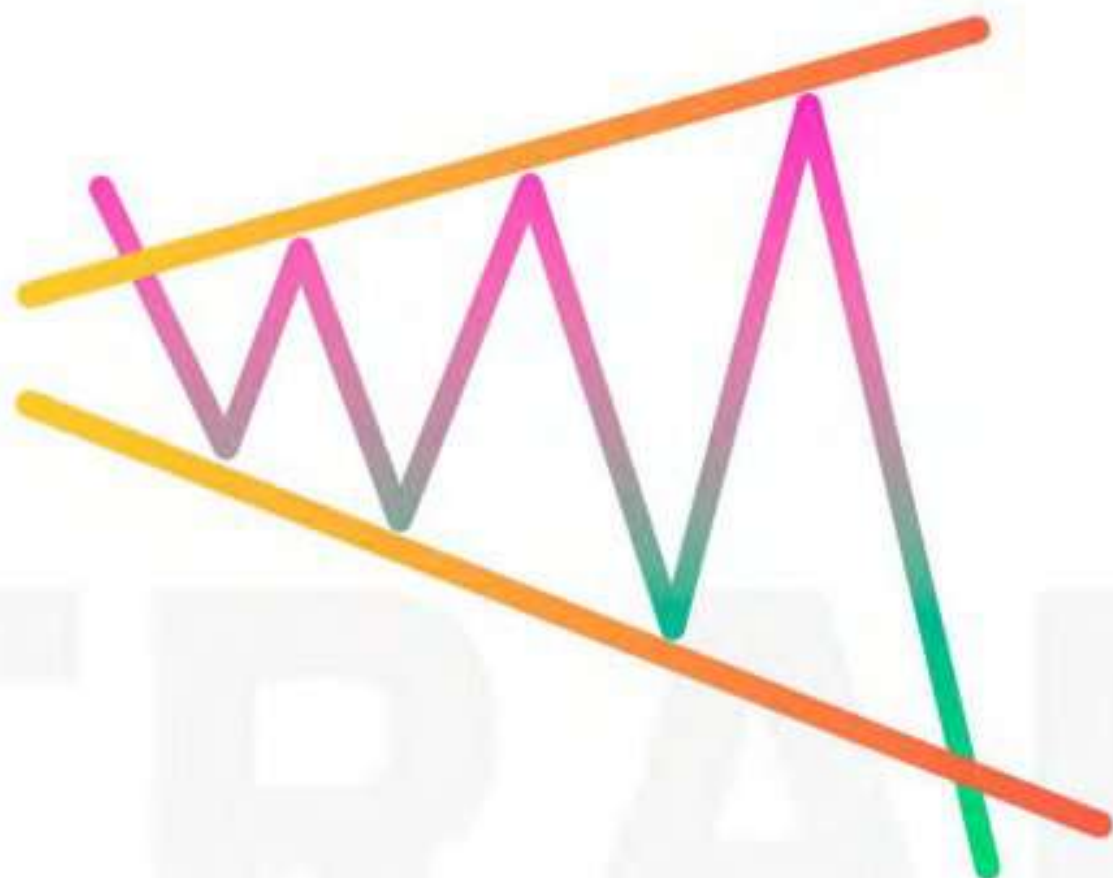




# Printable Pattern Sheets

@tradingface

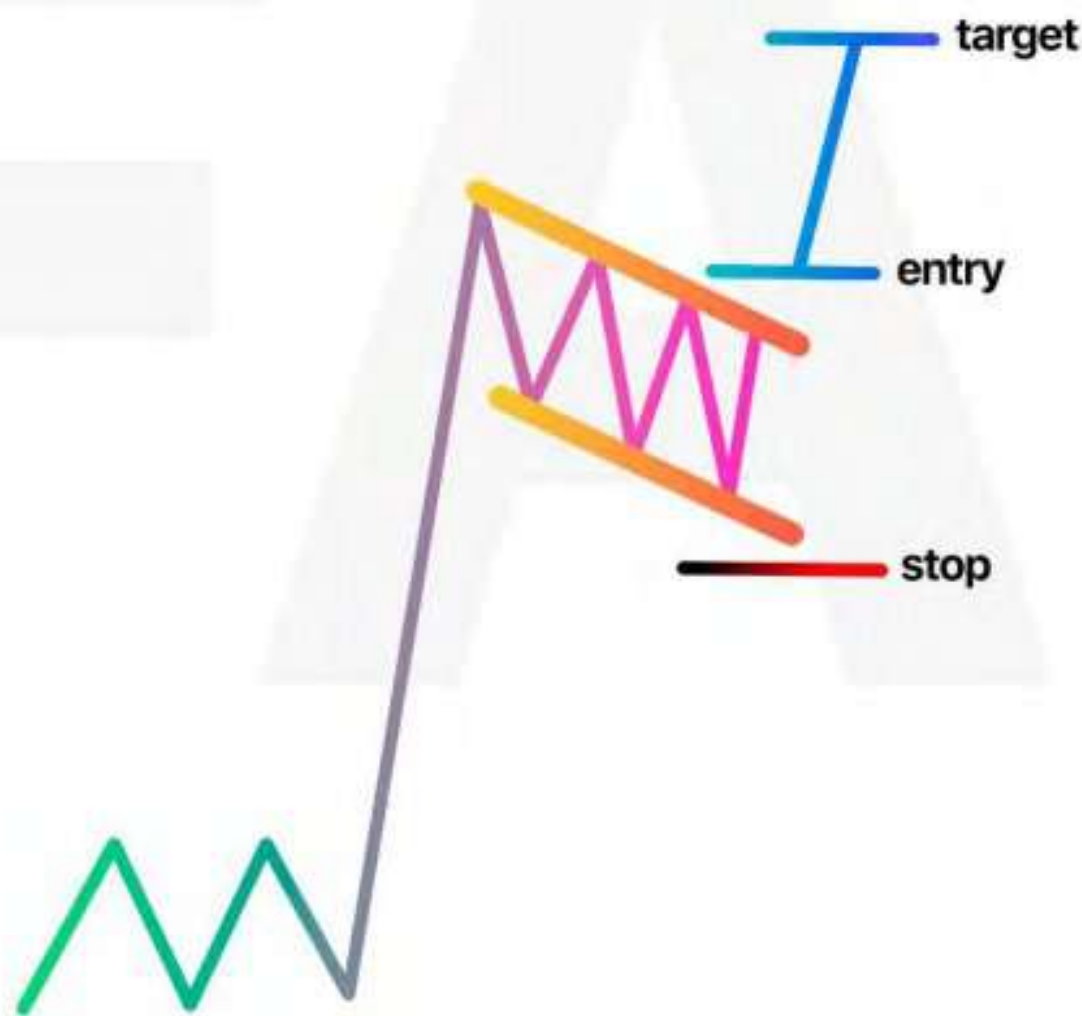
Bearish Expanding Triangle



Bullish Expanding Triangle



Downward Flag



Upward Flag

